

## SEIKO SNKL86

# Seiko 5 SNKL86 Men's Gold Tone Automatic Watch Instruction Manual

## INTRODUCTION

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This manual provides detailed instructions for the proper use and care of your Seiko 5 SNKL86 automatic watch. Please read this manual thoroughly to ensure optimal performance and longevity of your timepiece. The Seiko 5 SNKL86 features a Japan 21 Jewel Automatic Self-Winding Movement (Calibre 7S26), a durable stainless steel case and band, and a Hardlex mineral crystal. It includes a day/date display with a Spanish option and luminous hands and markers for visibility.

## SETUP

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### 1. Initial Winding

Your Seiko 5 SNKL86 is an automatic watch and does not require a battery. It is powered by the motion of your wrist. If the watch has stopped, it may need an initial manual wind to start. Gently shake the watch from side to side for approximately 30 seconds to initiate the movement. The watch will then continue to wind itself as you wear it.

### 2. Setting the Time and Date

- Pull out the crown:** Locate the crown on the right side of the watch case. Gently pull it out to the first click position for date adjustment, and to the second click position for time adjustment.
- Set the date and day:** In the first click position, rotate the crown clockwise or counter-clockwise to set the desired date and day. Avoid setting the date and day between 9:00 PM and 4:00 AM, as this can damage the movement.
- Set the time:** In the second click position, rotate the crown to set the correct time. Ensure the AM/PM is correctly set by observing if the day changes as you pass midnight.
- Push in the crown:** Once the time and date are set, push the crown back into its normal operating position.



Front view of the Seiko 5 SNKL86 watch, showing the crown for time and date adjustment.

### 3. Adjusting the Bracelet

The stainless steel bracelet can be adjusted by adding or removing links. This procedure typically requires specialized tools and is best performed by a qualified watch technician to prevent damage to the bracelet or clasp.

## OPERATING INSTRUCTIONS

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### Automatic Movement

The Calibre 7S26 movement in your Seiko 5 SNKL86 is an automatic mechanical movement. It gains power through the natural motion of your arm while wearing the watch. When fully wound, it has a power reserve that allows it to run for approximately 40 hours without being worn. If the watch is not worn for an extended period, it will stop and require re-setting.



Rear view of the Seiko 5 SNKL86 watch, displaying the transparent case back and the automatic movement.

## Water Resistance

This watch is water resistant to 30 meters (3 ATM). This rating means the watch is suitable for everyday use and can withstand splashes or brief immersion in water. It is **not** suitable for swimming, showering, or diving. Always ensure the crown is fully pushed in before any contact with water.

## MAINTENANCE

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### Cleaning

To maintain the appearance of your watch, wipe the case and bracelet regularly with a soft, dry cloth. For stubborn dirt, a slightly damp cloth can be used, followed by immediate drying. Avoid using chemical cleaners or abrasive materials.

### Care for Water Resistance

The gaskets that ensure water resistance can degrade over time. It is recommended to have the water resistance checked by a qualified service center every 2-3 years, especially if the watch is frequently exposed to water.

### Service Intervals

Like all mechanical watches, your Seiko 5 SNKL86 benefits from periodic servicing to ensure accurate timekeeping and proper function. A general service interval of 3-5 years is recommended, depending on usage. This service typically involves cleaning, lubrication, and adjustment of the movement.

## TROUBLESHOOTING

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### Watch Has Stopped or is Not Keeping Accurate Time

- **Insufficient Winding:** As an automatic watch, it requires motion to wind. If the watch has stopped, it may not have been worn enough or moved sufficiently. Gently shake the watch for about 30 seconds to

restart it, then wear it regularly.

- **Low Power Reserve:** If the watch is removed for an extended period (e.g., overnight or for several days), its power reserve may deplete. Follow the initial winding steps to restart.
- **Magnetic Fields:** Exposure to strong magnetic fields (e.g., from speakers, refrigerators, or certain electronic devices) can affect the watch's accuracy. If you suspect magnetization, consult a watch technician for demagnetization.

## Day/Date Not Changing Correctly

- Ensure the time is set correctly, especially the AM/PM cycle. The day/date mechanism typically changes around midnight.
- Avoid manually adjusting the day/date between 9:00 PM and 4:00 AM, as this can interfere with the automatic change mechanism.

## SPECIFICATIONS

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Feature	Detail
Model Name	SNKL86
Movement Type	Automatic (Calibre 7S26, 21 Jewels)
Case Material	Stainless Steel
Band Material	Stainless Steel
Crystal Type	Hardlex Mineral
Case Diameter	37 mm
Case Thickness	10.5 mm
Band Width	18 mm
Water Resistance	30 Meters (3 ATM)
Display Type	Analog
Clasp Type	Push Button Deployment Clasp
Dial Color	Gold
Band Color	Gold

## WARRANTY AND SUPPORT

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Your Seiko watch is covered by a manufacturer's warranty against defects in materials and workmanship. The specific terms and duration of the warranty may vary by region. Please refer to the warranty card included with your purchase for detailed information.

For service, repairs, or further assistance, please contact an authorized Seiko service center. Using unauthorized service providers may void your warranty.

