

**INEVIFIT I-BF002**

# INEVIFIT EROS Bluetooth Body Fat Scale User Manual

Model: I-BF002 | Brand: INEVIFIT

## 1. PRODUCT OVERVIEW

The INEVIFIT EROS Bluetooth Body Fat Scale is a smart digital bathroom scale designed to provide highly accurate body composition analysis. It tracks 13 key fitness metrics directly on your smartphone, including Body Weight, Body Fat Percentage, Water, Muscle Mass, BMI, BMR, Bone Mass, Skeletal Muscle, Fat-Free Body Weight, Subcutaneous Fat, Protein, Metabolic Age, and Visceral Fat. This scale is built with premium quality materials, featuring upgraded auto-calibrating sensors and a durable 6mm tempered glass platform.



Figure 1: The INEVIFIT EROS Bluetooth Body Fat Scale, showcasing its sleek design and connectivity with a smartphone app for comprehensive data tracking.

## 2. SETUP GUIDE

Follow these steps for the initial setup of your INEVIFIT EROS scale:

- 1. Install Batteries:** Ensure the included 3 AAA batteries are correctly inserted into the battery compartment on the underside of the scale.
- 2. Download the App:** Scan the QR code located on the scale's surface or search for "Eros Scale" in your smartphone's app store (available for iOS and Android).
- 3. Pair the Scale:** Open the Eros Scale app on your smartphone. Ensure Bluetooth is enabled on your device. Step onto the scale briefly to activate it, then step off. The scale display should show "0.0". Step back on the scale. The app should automatically detect and pair with the scale, displaying your weight and other metrics.
- 4. Create User Profile:** Follow the in-app instructions to create your personal profile, entering details such as height, age, and gender for accurate body composition calculations.

## ELEGANT DESIGN

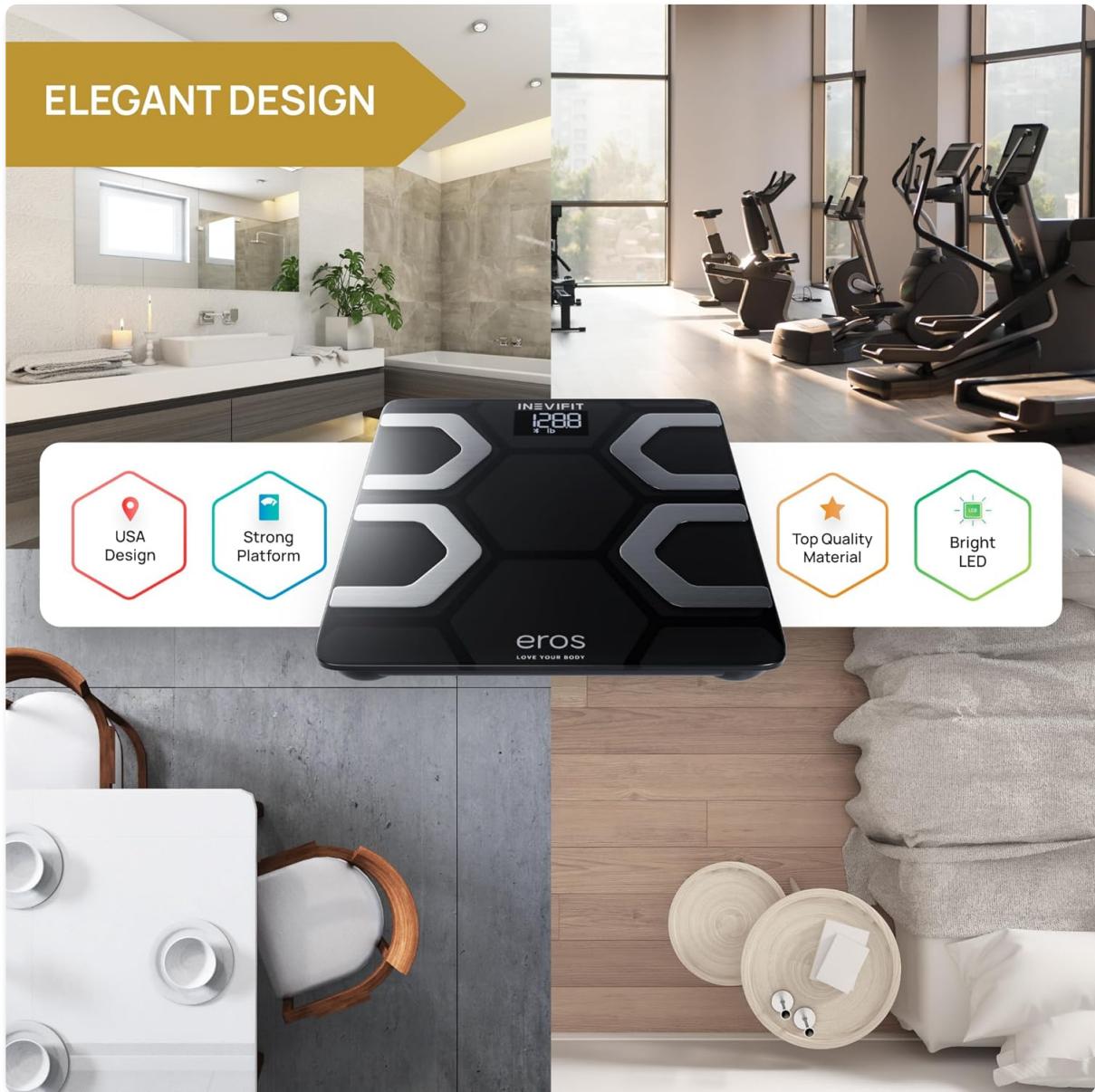


Figure 2: Proper foot placement on the scale's electrodes for accurate measurements, demonstrating the scale's smart and accurate features.

### 3. OPERATING INSTRUCTIONS

Using your INEVIFIT EROS scale is simple and efficient:

- 1. Activate the Scale:** Gently tap the scale with your foot to turn it on. Wait for the display to show "0.0".
- 2. Step On:** With bare feet, step onto the scale, ensuring your feet are placed on the four stainless steel electrode sensors for accurate body composition analysis. Stand still until your weight is displayed and the app syncs the data.
- 3. View Results:** Your weight will appear on the scale's LED display. For detailed body composition metrics, open the Eros Scale app on your smartphone. The app will automatically receive and display all 13 metrics, including:
  - Body Weight
  - Body Fat Percentage

- Water
- Muscle Mass
- BMI (Body Mass Index)
- BMR (Basal Metabolic Rate)
- Bone Mass
- Skeletal Muscle
- Fat-Free Body Weight
- Subcutaneous Fat
- Protein
- Metabolic Age
- Visceral Fat

The Eros Scale app supports an unlimited number of user profiles, making it suitable for the whole family. It also seamlessly syncs with popular health apps and services such as Fitbit, Apple Health, and Google Fit, allowing you to track your fitness journey comprehensively.



Figure 3: Visual representation of the 13 key metrics provided by the INEVIFIT EROS scale, offering a holistic view of body composition.

**EASY TO USE**



Figure 4: The INEVIFIT EROS scale offers convenient tracking by syncing with popular health apps like Google Fit, Apple Health, and Fitbit.

## SMART & ACCURATE



Figure 5: The Eros Scale app's easy-to-use interface provides detailed results and supports unlimited users for family health tracking.

## 4. CARE AND MAINTENANCE

To ensure the longevity and accuracy of your INEVIFIT EROS scale, follow these maintenance guidelines:

- **Cleaning:** Wipe the scale's surface with a damp cloth and mild detergent. Avoid abrasive cleaners or harsh chemicals, as they may damage the glass or electronic components.
- **Storage:** Store the scale in a dry place at room temperature. Avoid extreme temperatures or high humidity.
- **Battery Replacement:** Replace batteries when the low battery indicator appears on the display. Always replace all batteries at the same time with new AAA batteries.
- **Placement:** Always use the scale on a hard, flat surface for accurate readings. Carpets or uneven floors can affect accuracy.

## 5. TROUBLESHOOTING

If you encounter issues with your INEVIFIT EROS scale, refer to the following common troubleshooting tips:

- **No Display/Scale Not Turning On:** Check if the batteries are correctly installed and have sufficient charge. Replace them if necessary.
- **Inaccurate Readings:** Ensure the scale is placed on a hard, flat, and stable surface. Avoid using it on carpets or uneven flooring. Step on the scale briefly to calibrate it to "0.0" before taking a measurement. Ensure your feet are bare and making good contact with all four electrode sensors.
- **App Connectivity Issues:** Make sure Bluetooth is enabled on your smartphone and the Eros Scale app is open. Try restarting both the scale (by removing and reinserting batteries) and the app. Ensure your phone's operating system is up to date.
- **Body Composition Data Not Displaying:** Ensure your feet are bare and making proper contact with all four electrode sensors. Body composition analysis requires electrical signals to pass through your body.

For further assistance, please refer to the customer support information below.

## 6. SPECIFICATIONS

Feature	Detail
Product Dimensions	11.8 x 11.8 x 1 inches
Weight Capacity	Up to 400 lbs (180 kgs)
Item Model Number	I-BF002
Batteries	3 AAA batteries (included)
Manufacturer	INEVIFIT LLC
Color	Black
Display Type	LED

## 7. WARRANTY AND CUSTOMER SUPPORT

INEVIFIT products include industry-leading quality and customer support. The EROS Smart Scale comes with 7-day real USA customer support. For any inquiries or assistance, please contact INEVIFIT customer service. You can rest assured that you will be 100% satisfied with the INEVIFIT experience.

Please retain your proof of purchase for warranty claims.

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