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› [JJC Pro Hand Grip Strap for Mirrorless and DSLR Cameras with Arca-Type Plate \(Model HS-ML1M BLACK\) - Instruction Manual](#)

JJC HS-ML1M BLACK

JJC Pro Hand Grip Strap for Mirrorless and DSLR Cameras with Arca-Type Plate

MODEL: HS-ML1M BLACK

1. Introduction

The JJC Pro Hand Grip Strap is designed to provide enhanced security and comfort when holding your mirrorless or DSLR camera. It helps prevent accidental drops and reduces hand fatigue during extended shooting sessions. The integrated Arca-Type compatible base plate allows for quick attachment to tripods and other Arca-Swiss compatible accessories.

This manual provides instructions for the proper installation, use, and maintenance of your JJC Pro Hand Grip Strap.

2. Product Overview

The JJC Pro Hand Grip Strap consists of the following main components:

- **Padded Hand Cushion:** Provides comfort and support for your hand.
- **Adjustable Strap:** Allows for a customized fit to various hand sizes.
- **Arca-Type Base Plate:** Attaches to the camera's tripod socket and offers Arca-Swiss compatibility.
- **Strap Attachment Point:** Connects to the camera's upper strap lug.



Figure 2.1: JJC Pro Hand Grip Strap in use, demonstrating secure camera handling.

This image illustrates the hand grip strap securely attached to a camera, with a hand comfortably positioned through the strap, providing a firm and stable hold on the camera body.

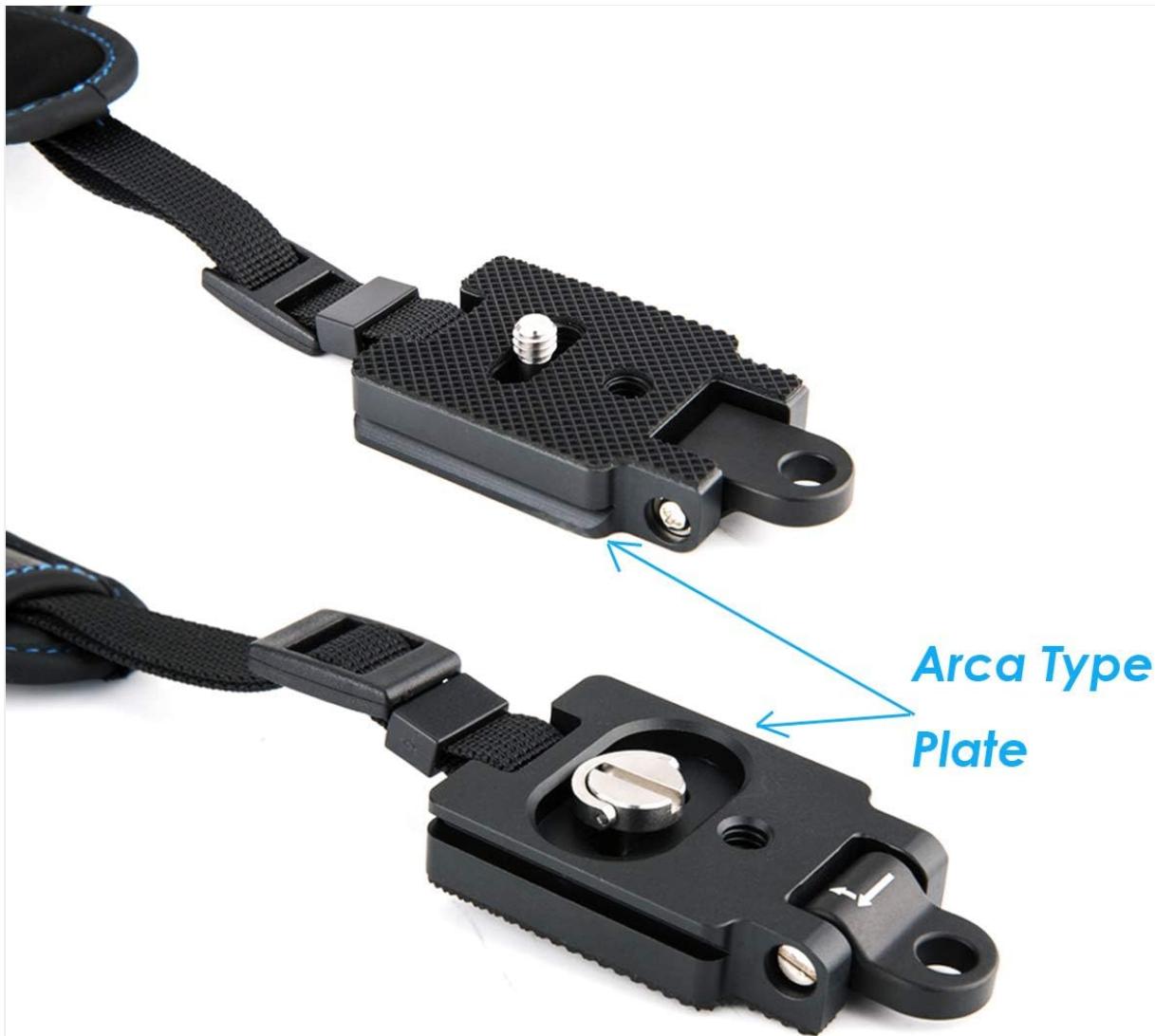


Figure 2.2: Detailed view of the Arca-Type base plate.

A close-up of the metal base plate, highlighting its Arca-Type design and the 1/4"-20 screw for camera attachment. This plate also features an additional loop for attaching a neck strap or other accessories.

3. Setup and Installation

Follow these steps to properly install the JJC Pro Hand Grip Strap on your camera:

1. Attach the Arca-Type Base Plate:

Locate the 1/4"-20 tripod socket on the bottom of your camera. Align the screw on the Arca-Type base plate with this socket. Rotate the screw clockwise until the plate is securely fastened to the camera. Ensure it is tight enough to prevent rotation but do not overtighten.



Figure 3.1: Base plate attachment to camera bottom.

This image shows the top view of the strap's base plate connected to the bottom of a camera, illustrating the secure mounting point.

2. Connect the Upper Strap:

Thread the narrow end of the strap through the camera's upper strap lug (typically on the right side of the camera body when viewed from the back). Secure the strap by passing it back through its buckle, forming a loop. Pull firmly to ensure it is locked in place.

3. Adjust for Hand Size:

Slide your hand through the padded hand cushion. Use the adjustable buckles on the strap to tighten or loosen it until it fits snugly and comfortably around your hand. The strap should be secure enough to support the camera's weight without feeling restrictive.



Figure 3.2: Adjusting the strap for a comfortable fit.

A side profile of a hand gripping a camera with the strap, showing how the padded cushion conforms to the hand for ergonomic support.

4. Operating Instructions

Once installed, the JJC Pro Hand Grip Strap enhances your camera handling experience:

- **Secure Holding:** With the strap adjusted, your hand is securely attached to the camera, significantly reducing the risk of accidental drops. You can relax your grip slightly, knowing the strap provides a safety net.
- **Reduced Fatigue:** The padded cushion and secure fit distribute the camera's weight more evenly across your hand, alleviating strain on your wrist and fingers during prolonged use.
- **Tripod Compatibility:** The Arca-Type base plate allows you to quickly mount your camera onto any Arca-Swiss compatible tripod head without removing the hand grip strap. This provides seamless transitions between handheld and tripod shooting.

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Figure 4.1: Camera security provided by the hand grip strap.

This image shows a camera hanging freely from a hand, secured by the strap, highlighting its ability to prevent drops even when the grip is momentarily released.



Figure 4.2: Arca-Swiss compatibility with the base plate.

A view from below the camera, illustrating how the Arca-Type base plate integrates with a quick-release clamp on a tripod, allowing for easy mounting and dismounting.

5. Maintenance

To ensure the longevity and optimal performance of your JJC Pro Hand Grip Strap:

- **Cleaning:** Wipe the strap and padded cushion with a soft, damp cloth. Avoid harsh chemicals or abrasive cleaners. Allow to air dry completely before re-use.
- **Inspection:** Periodically check all attachment points, buckles, and the base plate screw for any signs of wear, damage, or loosening. Ensure the strap material is intact.
- **Storage:** Store the strap in a clean, dry place away from direct sunlight and extreme temperatures when not in use.

6. Troubleshooting

Problem	Possible Cause	Solution

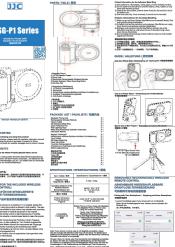
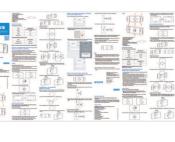
Problem	Possible Cause	Solution
Strap feels too loose or too tight.	Incorrect adjustment.	Adjust the strap length using the buckles until a comfortable and secure fit is achieved (refer to Section 3.3).
Base plate interferes with battery/card access.	Camera design variation.	Some camera models may require temporary removal of the base plate to access the battery compartment or memory card slot. This is a design consideration for certain camera bodies.
Strap feels uncomfortable.	Improper adjustment or initial unfamiliarity.	Ensure the strap is adjusted correctly for your hand size. Allow some time to get accustomed to the feel of the strap. The padded cushion is designed for comfort.
Base plate becomes loose.	Screw not tightened sufficiently or vibration during use.	Periodically check and re-tighten the 1/4"-20 screw on the base plate. Do not overtighten.

7. Specifications

- **Model:** HS-ML1M BLACK
- **Compatibility:** Mirrorless and DSLR cameras with a 1/4"-20 tripod socket and strap lug.
- **Base Plate Type:** Arca-Swiss compatible
- **Material:** Durable synthetic leather, nylon webbing, metal alloy
- **Product Dimensions:** 6.69 x 1.1 x 2.95 inches (170 x 28 x 75 mm)
- **Item Weight:** 3.36 ounces (95.3 grams)
- **Manufacturer:** JJC

8. Warranty and Support

For warranty information or technical support regarding your JJC Pro Hand Grip Strap, please refer to the product packaging or contact the manufacturer directly through their official website or customer service channels. Please retain your proof of purchase for warranty claims.

	<p>JJC MSG-P1 Series Magnetic Phone Grip with Wireless Remote - User Manual</p> <p>User manual for the JJC MSG-P1 Series Magnetic Phone Grip, providing detailed instructions on its use as a phone grip, stand, and tripod mount, along with information on the detachable wireless remote control, specifications, and troubleshooting.</p>
	<p>JJC BTR-S1 Wireless Remote Control User Manual</p> <p>This document provides instructions for the JJC BTR-S1 Wireless Remote Control, a Bluetooth-enabled device compatible with select Sony cameras. It covers setup, operation, features like focus/zoom control and video recording, and safety precautions.</p>
	<p>JJC JF-U Series 3-in-1 Wireless Remote Control & Flash Trigger Kit User Manual</p> <p>Comprehensive user manual for the JJC JF-U Series 3-in-1 Wireless Remote Control & Flash Trigger Kit, detailing setup, battery replacement, wireless flash triggering, wireless shutter release, and wired shutter release functions.</p>
	<p>JJC WT-868 Wireless & Wired Timer Remote Control User Manual</p> <p>Explore the JJC WT-868 Wireless & Wired Timer Remote Control with this comprehensive user manual. Learn about its advanced timer functions, wireless and wired operation, compatibility, and specifications for professional photography.</p>
	<p>JJC JM-II Wireless Remote Controller User Manual</p> <p>Comprehensive user manual for the JJC JM-II Series Radio Frequency Wireless Shutter, detailing setup, features, and operation modes for DSLR and SLR cameras, including battery replacement, attachment, and shooting modes.</p>
	<p>JJC SPC-R1 Wireless Remote Control and Smartphone Video Rig User Manual</p> <p>Comprehensive user manual for the JJC SPC-R1 Wireless Remote Control and Smartphone Video Rig, detailing assembly, pairing, shooting modes, specifications, and safety information.</p>