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› EXERPEUTIC EXERWORK 2000i Bluetooth Folding Exercise Desk Bike (Model 7151) Instruction Manual

Exerpeutic EXERWORK 2000i

EXERPEUTIC EXERWORK 2000i Bluetooth Folding Exercise Desk Bike (Model 7151) Instruction Manual

BRAND: EXERPEUTIC | MODEL: EXERWORK 2000i (7151)

Introduction

The EXERPEUTIC EXERWORK 2000i Bluetooth Folding Exercise Desk Bike is designed to integrate physical activity with your daily work or leisure. This innovative desk bike allows you to exercise while working on your laptop, reading, or using a tablet. It features a robust 400 lbs weight capacity, 24 preset workout programs, a 24-level magnetic tension system, and an adjustable AIRSOFT seat and backrest for enhanced comfort. With Bluetooth Smart Technology and the free My Cloud Fitness app, you can track your workout results and stay motivated. The bike's foldable design and transportation wheels ensure easy storage and mobility.



Figure 1: Overview of the EXERPEUTIC EXERWORK 2000i in use, highlighting key features.

Setup

Assembly

The EXERPEUTIC EXERWORK 2000i requires assembly. All necessary tools and hardware are included in the packaging. Please refer to the detailed owner's manual provided with your product for step-by-step assembly instructions. Ensure all bolts and connections are securely tightened before use.

Adjustments

- **Seat Adjustment:** The 2.5" thick foam AIRSOFT seat is 4-way adjustable (forward/backward/up/down) to accommodate users from 5'1" to 6'3" in height. Loosen the adjustment knob, slide the seat to your desired position, and tighten the knob securely.
- **Backrest Adjustment:** The ergonomic backrest offers 2 adjustable positions for optimal comfort and support during your workout. Adjust the angle to suit your preference.
- **Desktop Adjustment:** The large desktop is fully adjustable. It can be tilted to 0, 16, or 33 degrees, and its height can be adjusted through 5 positions from 41" up to 45". It also slides forward and backward to

find your ideal working distance.



Personalized Programs That Fit You

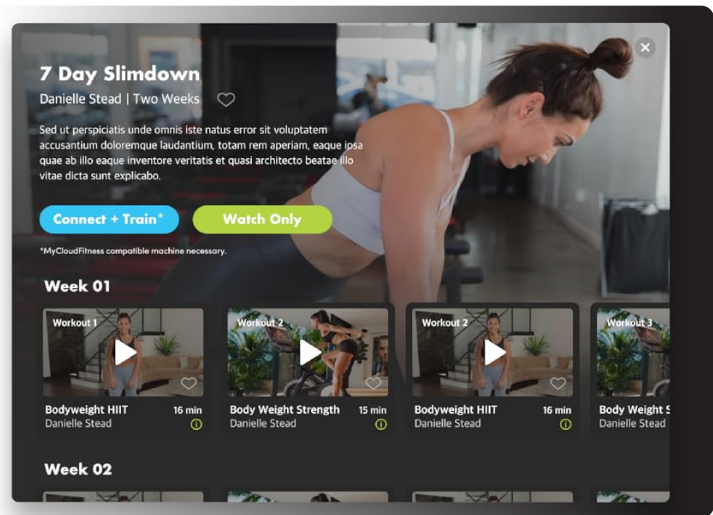


Figure 2: Desktop adjustment features for tilt and height.



Figure 3: The desk bike can be used in both sitting and standing positions.

Folding and Storage

The bike is designed for easy folding and can be relocated using the built-in transportation wheels. To fold, follow the instructions in the owner's manual to collapse the frame. Folded dimensions are approximately 30"L x 25"W x 61.5"H.



Figure 4: The desk bike in its folded configuration for convenient storage.

Operating Instructions

Powering On/Off

Connect the included AC adapter to the bike and a standard household electrical outlet. The console will power on automatically when you begin pedaling or press any button.

Console and Display

The 2.5" LCD display indicates various workout metrics including distance, calories burned, time, speed, odometer, and resistance levels. Use the 'MODE' button to cycle through different display modes and 'RESET' to clear current workout data.



Figure 5: The LCD display provides real-time workout data.

Workout Programs and Resistance

- **Magnetic Tension System:** The bike features a 24-level magnetic tension control system. Adjust the resistance level to make your workout easier or more challenging.
- **Preset Programs:** Choose from 24 preset workout programs designed for various fitness levels and goals.
- **Workout Goal Settings:** Set specific goals for your workout based on time, distance, or calories burned.

Bluetooth Connectivity and My Cloud Fitness App

The EXERWORK 2000i is equipped with Bluetooth Smart Technology. Download the free My Cloud Fitness app (available on iOS and Android) to connect your device and track your workout results, including distance, calories burned, time, speed, odometer, and resistance levels. The app also offers additional workout programs and features.

Using the Desktop

The spacious desktop serves as a versatile work platform. It includes two cup holders and a storage drawer for

your phone, pens, or other small items. The soft foam armrests provide comfort during extended use.

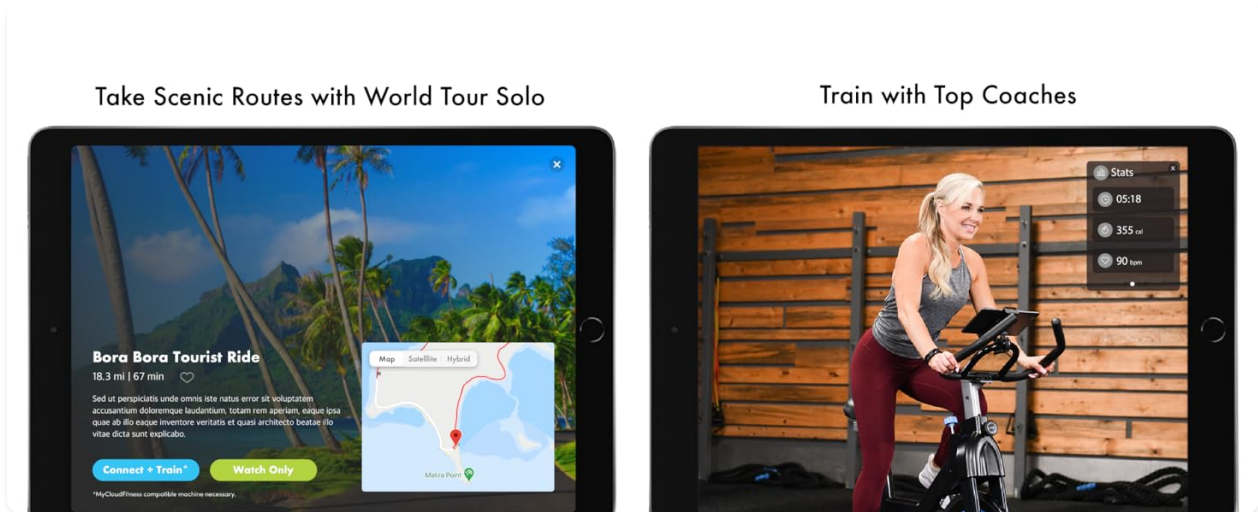


Figure 6: Desktop features including storage drawer and pedals.

Official Product Video

Video 1: Official product overview of the EXERPEUTIC EXERWORK 2000i, demonstrating its features and benefits.

Maintenance

General Care

- Regularly wipe down the bike with a damp cloth to remove dust and sweat.
- Inspect all bolts and connections periodically to ensure they are secure. Tighten if necessary.
- Keep the bike in a dry environment to prevent rust and damage to electronic components.

Drive System

The bike utilizes a belt drive system for smooth and quiet operation. While designed for durability, regular inspection of the belt for any signs of wear or damage is recommended. If you notice any issues, contact customer support for assistance.

Troubleshooting

- **Console Not Displaying:** Ensure the AC adapter is properly connected and plugged into a working outlet. Try pressing the 'MODE' or 'START/STOP' button, or begin pedaling to activate the display.
- **Bluetooth Connectivity Issues:** Make sure Bluetooth is enabled on your mobile device and the My Cloud Fitness app is open. Ensure the bike is powered on and within range of your device.
- **Unusual Noises During Operation:** Check all assembly points for loose bolts or components. Ensure the bike is on a flat, stable surface. If noises persist, discontinue use and contact customer support.

Specifications

Feature	Detail
Brand	Exerpeutic

Model Name	EXERWORK 2000i (7151)
Color	Gray
Material	Alloy Steel
Resistance Mechanism	Magnetic
Number of Resistance Levels	24
Workout Programs	24 Preset Programs
Maximum Weight Recommendation	400 Pounds
User Height Range	5'1" to 6'3"
Product Dimensions (Unfolded)	43"D x 25"W x 50.5"H
Folded Dimensions	30"L x 25"W x 61.5"H
Item Weight	31.2 Kilograms (68.6 pounds)
Power Source	Corded Electric (AC Adapter Included)
Special Features	Distance Travelled Monitor, Foldable, Heavy Duty, Adjustable Desk, AIRSOFT Seat, Adjustable Backrest, Storage Drawer, Cup Holders, Bluetooth Smart Technology, My Cloud Fitness App



Figure 7: Product dimensions for planning space and usage.

Warranty

The EXERPEUTIC EXERWORK 2000i comes with a 3-year limited warranty. Please refer to the warranty section in your owner's manual for full details on coverage and terms.

Support

For customer support, technical assistance, or to inquire about replacement parts, please refer to the contact information provided in your owner's manual or visit the official Exerpeutic website. You may also find helpful resources and FAQs on the [Exerpeutic Store on Amazon](#).