

Etekcity ETU-134

Etekcity 4-Output TENS Unit Instruction Manual

Model: ETU-134

Brand: Etekcity

PRODUCT OVERVIEW

The Etekcity Clinical Strength TENS Muscle Stimulator offers effective management of pain and muscle soreness from conditions such as back pain, arthritis, joint pain, and sports injuries without medication. It features multiple modes and 4 independent channels for versatile use, supporting up to 8 electrode pads simultaneously. The device is user-friendly with intuitive buttons, a large LCD screen, and a memory function. It is rechargeable, portable, and comes with premium reusable electrode pads.

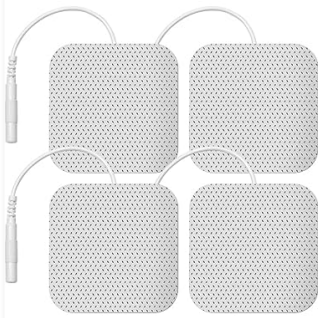
Key Features

- **FSA/HSA Eligible:** Approved for flexible spending and health savings accounts.
- **Drug-Free Pain Relief:** Effectively manages muscle pain and soreness without medication.
- **4 Independent Channels & 8 Pads:** Allows simultaneous treatment of multiple areas for broader coverage.
- **User-Friendly Operation:** Features intuitive function buttons, a large bright LCD screen, and a memory function for easy setup.
- **Rechargeable & Portable:** Compact design with a long-lasting battery (up to 7 days on a single charge), ideal for travel and daily use.
- **Premium Reusable Electrode Pads:** Includes 8 pre-gelled pads in 3 sizes, designed for durability and 30-50 uses with proper care.

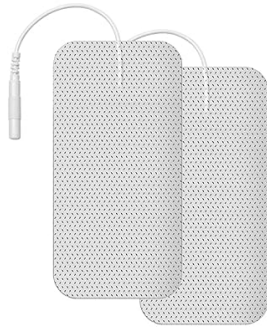
PACKAGE CONTENTS

Package Contents

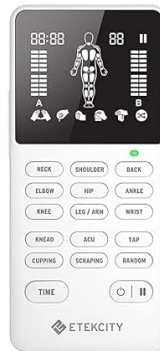
Includes all the necessary tools to help stimulate nerves and treat muscle pains.



**4 x Electrode Pads
(50 x 50 mm)**



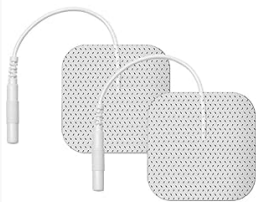
**2 x Electrode Pads
(50 x 100 mm)**



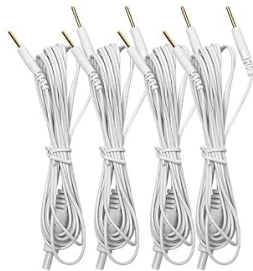
1 x TENS Unit



1 x Storage Bag



**2 x Electrode Pads
(40 x 40 mm)**



4 x Lead Wires



1 x Micro USB Cable



1 x User Manual

The Etekcity TENS Unit package includes the TENS unit device, various sizes of electrode pads, lead wires, a micro USB charging cable, a storage bag, and a user manual.

- 1 x Etekcity TENS Unit
- 4 x Electrode Pads (50 x 50 mm)
- 2 x Electrode Pads (50 x 100 mm)
- 2 x Electrode Pads (40 x 40 mm)
- 4 x Lead Wires
- 1 x Micro USB Cable
- 1 x Storage Bag
- 1 x User Manual

PRODUCT FEATURES

4 Independent Channels & 8 Pads

4 Channels, 8 Pads

Use 8 pads at the same time for pain relief. Cover as many areas as you want.



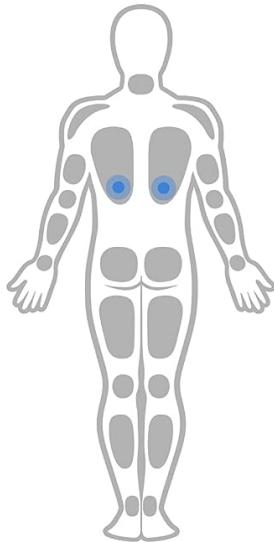
The Etekcity TENS unit features 4 independent channels (A/B) allowing up to 8 electrode pads to be used simultaneously. This enables targeting multiple areas for comprehensive pain relief.

User-Friendly Operation

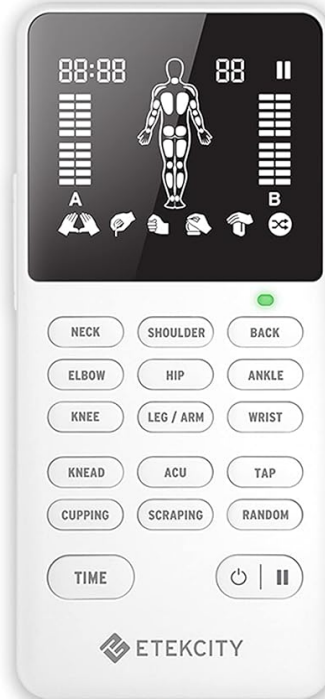
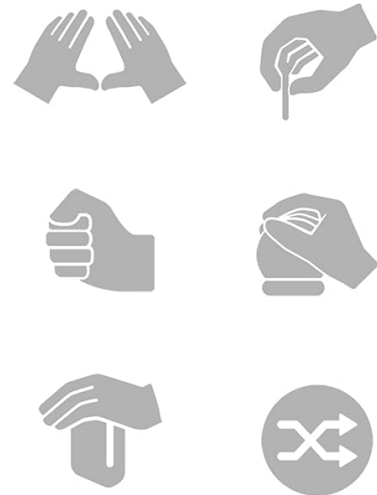
Straightforward & Intuitive

Pressing the button to switch between modes is easier than most TENS.

Body Modes



Massage Types



NECK

SHOULDER

BACK

KNEAD

ACU

TAP

ELBOW

HIP

ANKLE

CUPPING

SCRAPING

RANDOM

KNEE

LEG / ARM

WRIST

The device is designed for easy and quick setup with intuitive function buttons and a large, bright LCD screen. Users can select from various body modes (Neck, Shoulder, Back, Elbow, Hip, Ankle, Knee, Leg/Arm, Wrist) and massage types (Knead, Acu, Tap, Cupping, Scraping, Random).

Rechargeable & Portable Design

Rechargeable & Long-Lasting

250
mAh

7 Days
Usage

4X
Battery
Life

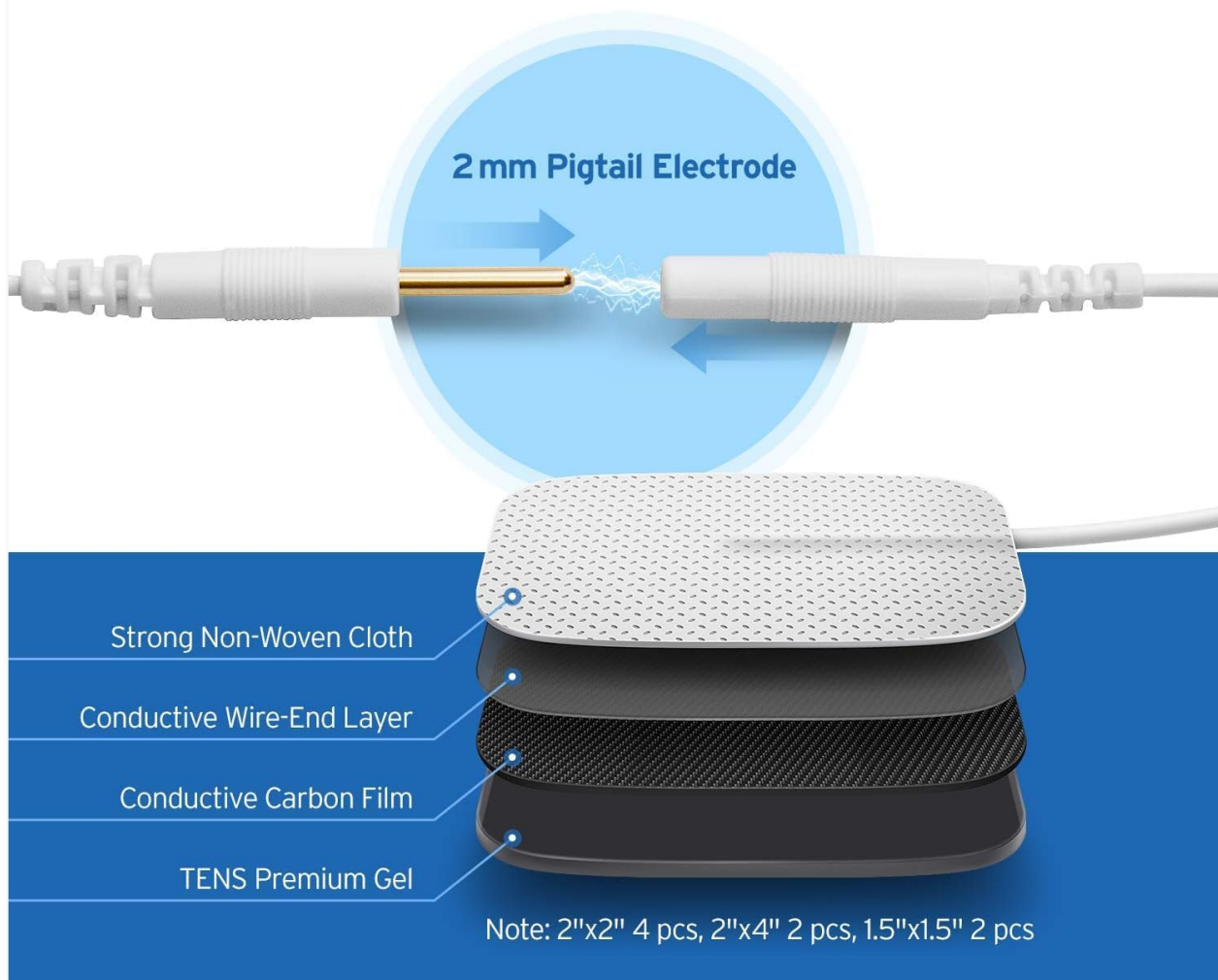


Equipped with a long-lasting 250 mAh battery, the unit can last up to 7 days on a single charge. Its compact and lightweight design makes it highly portable, ideal for travel and everyday use.

Premium Reusable Electrode Pads

Electrode Pads

- ①Pre-gelled & Self-Stick
- ②Up to 30 times uses
- ③FDA Compliant OTC
- ④Extra Pads Available



The unit comes with 8 pre-gelled, self-stick electrode pads in three sizes (2 small, 4 medium, 2 large). These third-generation pads are designed for durability and can be reused 30-50 times with proper care.

SETUP GUIDE

Charging the Device

Connect the micro USB cable to the charging port on the TENS unit and to a USB power source (wall charger, power bank, or laptop USB). The battery indicator on the LCD screen will show charging status. A full charge can last up to 7 days.

Connecting Electrode Pads

Ensure the TENS unit is turned off before connecting or disconnecting pads. Insert the lead wires into the A1, A2, B1, or B2 output ports on the top of the device. Connect the other end of the lead wires to the electrode pads. Ensure a secure connection.

Applying Electrode Pads

Clean and dry the skin area where the pads will be applied. Avoid applying to broken or irritated skin. Remove the protective film from the gel side of the pads. Firmly press the pads onto the desired treatment area. Ensure full contact with the skin.

OPERATING INSTRUCTIONS

Power On/Off

Press the power button (labeled with a power symbol) to turn the unit on or off.

Selecting Body Area

Use the dedicated buttons (Neck, Shoulder, Back, Elbow, Hip, Ankle, Knee, Leg/Arm, Wrist) to select the specific body area for treatment. The corresponding area on the human body diagram on the LCD screen will illuminate.

Choosing Massage Mode

Select a massage mode from the available options: Knead, Acu (Acupuncture), Tap, Cupping, Scraping, or Random.

Adjusting Intensity

Use the intensity buttons (+A/-A for Channel A and +B/-B for Channel B) on the sides of the device to increase or decrease the intensity of the electrical impulses for each channel independently. Start with a low intensity and gradually increase until a comfortable sensation is achieved.

Setting Timer

Press the "TIME" button to adjust the treatment duration. The timer can typically be set from 10 to 60 minutes. The device will automatically shut off once the timer expires.

Pause Function

Press the pause button (||) to temporarily stop the treatment. Press it again to resume.

MAINTENANCE

Cleaning Electrode Pads

If the adhesive pads become dirty or lose stickiness, gently rinse them under cold water. Allow the pads to air dry completely before reapplying the protective film and storing them. Proper cleaning can extend the life of the pads for 30-50 uses.

Storage

Store the TENS unit and accessories in the provided storage bag in a cool, dry place, away from direct sunlight and extreme temperatures.

Battery Care

To prolong battery life, avoid fully discharging the unit frequently. Charge it when the battery indicator is low.

TROUBLESHOOTING

No Sensation or Weak Sensation

- Ensure electrode pads are firmly attached to clean, dry skin.
- Check that lead wires are securely connected to both the unit and the pads.
- Increase the intensity level gradually using the side buttons.
- Ensure the battery is sufficiently charged.

Device Not Turning On

- Check if the unit is charged. Connect it to a power source using the micro USB cable.
- Press and hold the power button for a few seconds.

Pads Not Sticking

- Clean the pads as described in the Maintenance section.
- Ensure skin is clean and free of lotions or oils.
- If pads are old or worn out, replace them with new ones.

PRODUCT SPECIFICATIONS

Property	Value
Product Dimensions	2.36 x 1.57 x 3.94 inches; 3.4 ounces
Item model number	ETU-134
Batteries	1 Lithium Metal batteries required. (included)
Date First Available	September 16, 2019
Manufacturer	Etekcity
ASIN	B07RL1CCXW
Country of Origin	China
Best Sellers Rank	See Top 100 in Health & Household

IMPORTANT SAFETY INFORMATION

Legal Disclaimer

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

General Precautions

- Do not use if you have a pacemaker, implanted defibrillator, or other implanted metallic or electronic device.
- Do not use if you are pregnant.
- Consult a healthcare professional before use if you have any medical conditions.
- Do not apply pads over open wounds, rashes, or swollen, red, infected, or inflamed areas.
- Avoid applying pads to the head, face, neck (carotid artery area), or across the chest.
- Keep out of reach of children.

WARRANTY AND SUPPORT

Manufacturer's Warranty

Etekcity products typically come with a standard manufacturer's warranty. Please refer to the official Etekcity website

or the included user manual for specific warranty terms and registration details.

Customer Support

For any questions, concerns, or technical assistance, please contact Etekcity Customer Support. Visit the official Etekcity website for contact information.

Official User Manual (PDF): [Download PDF Manual](#)