



[Manuals.plus](#) /

› [FIT KING](#) /

› FIT KING Foot and Leg Massager User Manual

FIT KING FT-012A

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Model: FT-012A

PRODUCT OVERVIEW

The FIT KING Foot and Leg Massager is designed to provide comprehensive massage from your feet to your thighs, aiming to relieve fatigue, improve circulation, and alleviate discomfort associated with varicose veins, cramps, swelling, and edema.



Figure 1: Complete FIT KING Foot and Leg Massager system, including the leg wraps, handheld controller, and storage bag.

Key Features:

- **Full Leg Coverage:** Massages from feet to thighs with 3+3 large airbags.
- **Multiple Modes & Intensities:** Features 3 professional massage modes (Sequence, Circulation, Whole) and 3 adjustable intensity levels.
- **Independent Air Channels:** Allows separate massage for feet, legs, and thighs for a customized experience.
- **Adjustable Sizing:** Velcro fasteners and included size extensions accommodate various leg and foot sizes (calves up to 28.5 inches).
- **User-Friendly Controller:** Ergonomically designed handheld controller for easy operation.
- **Portable Design:** Includes a storage bag for convenient transport and storage.

SAFETY INFORMATION

Please read all safety warnings and instructions before using this product to prevent injury or damage.

- Do not use while sleeping.
- Avoid using on open wounds, inflamed skin, or areas with skin irritation.
- Unplug the device from the power outlet when not in use or before cleaning.
- Keep out of reach of children.
- Consult a healthcare professional before use if you have pre-existing medical conditions, especially circulatory issues, heart conditions, or are pregnant.
- Do not attempt to disassemble or repair the device yourself. Contact customer support for assistance.
- Use only the provided power adapter.

SETUP

1. **Unpack Components:** Carefully remove all items from the packaging: the leg wraps, handheld controller, power adapter, and storage bag.
2. **Connect Air Hoses:** Identify the "UP" markings on the air hoses from the leg wraps and the corresponding ports on the handheld controller. Insert the air hoses firmly into the controller until they click into place. Ensure a secure connection to prevent air leakage.
3. **Apply Leg Wraps:**
 - Place your feet into the foot sections of the wraps.
 - Secure the wraps around your calves and thighs using the Velcro fasteners. Ensure they are snug but not overly tight to allow for proper inflation.
 - If needed, use the included size extensions to achieve a comfortable fit, especially for larger calves (up to 28.5 inches).
4. **Connect Power:** Plug the power adapter into the handheld controller, then plug the adapter into a standard electrical outlet.

FULL LEG & FOOT MASSAGER MACHINE

Relax yourself from foot to
thigh after get off work



Figure 2: Proper application of the leg wraps for full leg and foot massage.

OPERATING INSTRUCTIONS

The handheld controller allows you to easily manage the massage settings.

EASY TO USE

Ergonomically handheld controller with 3 massage modes & levels

⦿ Power Indicators

⦿ Mode Indicators

⦿ Pressure Indicators



Power Button

ON/OFF



M1 Sequence Mode

M2 Circulation Mode

M3 Whole Mode



Intensity Button

Lin/ Mid/ Max

Figure 3: Detailed view of the handheld controller's buttons and indicator lights.

- Power On/Off:** Press the **ON/OFF** button to turn the device on or off. The power indicator light will illuminate when on.
- Select Massage Mode:** Press the **Mode** button (M1, M2, M3) to cycle through the 3 available modes:
 - M1 (Sequence Mode):** Inflates and deflates air chambers in a sequential pattern from feet to thighs.
 - M2 (Circulation Mode):** Inflates and deflates air chambers in a circulating pattern.
 - M3 (Whole Mode):** Inflates and deflates all air chambers simultaneously.
- Adjust Intensity:** Press the **Air Pressure** button to select one of the 3 intensity levels (Min, Mid, Max). Adjust according to your comfort preference.
- Automatic Shut-off:** The device features a 20-minute automatic shut-off function for safety and convenience.

Official Product Video:

Your browser does not support the video tag.

Video 1: Official FIT KING Air Compression Therapy Device demonstration, showcasing its features and benefits for leg and foot discomfort and circulation.

MAINTENANCE

- **Cleaning:** Disconnect the device from power. Wipe the surface of the leg wraps and controller with a soft, damp cloth. Do not use abrasive cleaners or immerse any part of the device in water.
- **Storage:** After use, ensure the device is dry. Store it in the provided carrying bag in a cool, dry place away from direct sunlight and extreme temperatures.
- **Inspection:** Regularly inspect the air hoses and electrical cord for any signs of damage. If damage is found, discontinue use and contact customer support.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Not plugged in; power outlet issue; damaged adapter.	Ensure power adapter is securely plugged into both the controller and a working outlet. Try a different outlet.
Weak or no compression.	Air hoses not properly connected; air leakage; wraps not secured.	Check that air hoses are fully inserted into the controller. Ensure wraps are tightly secured around legs. Inspect hoses for kinks or damage.
Uncomfortable pressure.	Intensity level too high; wraps too tight.	Reduce the intensity level using the Air Pressure button. Loosen the Velcro fasteners on the wraps for a more comfortable fit.
Device stops unexpectedly.	Automatic shut-off activated; power interruption.	The device has a 20-minute auto-off timer. Restart if desired. Check power connection.

SPECIFICATIONS

- **Model Number:** FT-012A
- **Product Dimensions:** 15.55 x 17 x 8.27 inches
- **Item Weight:** 4.85 Pounds
- **Power Source:** Corded Electric
- **Color:** Dark Gray
- **Massage Modes:** 3 (Sequence, Circulation, Whole)
- **Intensity Levels:** 3 (Min, Mid, Max)
- **Max Calf Size (with extension):** Up to 28.5 inches
- **Auto Shut-off:** 20 minutes

WARRANTY AND SUPPORT

FIT KING is committed to providing high-quality products and excellent customer service. For any questions, concerns, or support needs regarding your Foot and Leg Massager, please contact our customer service team. We offer lifelong after-sales support to ensure your satisfaction.

Please refer to the official FIT KING website or your purchase documentation for specific warranty details and contact information.