ResMed 63862

ResMed AirFit P30i Nasal Pillow Cushion User Manual

Model: 63862

1. Introduction

This manual provides essential information for the proper use, care, and maintenance of your ResMed AirFit P30i Nasal Pillow Cushion. The AirFit P30i is designed as a replacement nasal pillow for the ResMed AirFit P30i CPAP system, offering a comfortable and effective solution for sleep apnea therapy. This cushion features a top-of-head connection, making it ideal for side sleepers, stomach sleepers, and those who move frequently during sleep.



Image 1: The ResMed AirFit P30i Nasal Pillow Cushion, showing its compact design and nasal inserts.

2. Product Overview

The ResMed AirFit P30i Nasal Pillow Cushion is a key component of the AirFit P30i CPAP mask system. It is made of silicone and designed to provide a secure and comfortable seal by resting gently at the base of the nostrils.

Key Features:

- **Silicone Material:** Ensures comfort and durability.
- **Top-of-Head Connection:** Allows for greater freedom of movement and is suitable for various sleeping positions, including side and stomach sleeping.

- **Nasal Pillow Design:** Provides a direct and effective seal at the nostrils.
- **Quick-Release Elbow Compatibility:** Designed to work with the AirFit P30i system's quick-release elbow for easy disconnection without removing the mask.



Image 2: Illustration of the CPAP mask cushion with its top-of-head connection, highlighting its design for various sleeping positions.



Image 3: Visual representation of the quick-release elbow, demonstrating how it allows for easy disconnection from the CPAP tubing.

3. Setup

The AirFit P30i Nasal Pillow Cushion is a replacement part and requires the existing AirFit P30i frame system and headgear for complete assembly.

Installation Steps:

1. **Remove Old Cushion:** Gently pull the old nasal pillow cushion away from the mask frame.
2. **Align New Cushion:** Orient the new AirFit P30i nasal pillow cushion so that the nasal inserts face forward and the connection points align with the frame.
3. **Attach Cushion:** Press the new cushion firmly onto the mask frame until it clicks securely into place. Ensure all connection points are fully engaged to prevent air leaks.
4. **Connect to Headgear:** If the headgear was detached, reattach it to the frame according to the original mask system instructions.
5. **Connect Tubing:** Attach your CPAP tubing to the quick-release elbow on the mask system.



Image 4: The ResMed AirFit P30i Nasal Pillow Cushion as it appears in its sealed packaging, ready for installation.

4. Operating Instructions

Once the nasal pillow cushion is properly installed on your AirFit P30i mask system, follow these steps for effective therapy.

Usage:

1. **Donning the Mask:** Hold the mask with the nasal pillows facing your nose. Guide the pillows into your nostrils.
2. **Adjusting Headgear:** Pull the headgear over your head. Adjust the side straps evenly until the mask feels secure and comfortable, without being too tight. The top-of-head tube should sit comfortably on your head.
3. **Connecting to CPAP Device:** Connect the free end of your CPAP tubing to your CPAP therapy device.
4. **Starting Therapy:** Turn on your CPAP device. Lie down and breathe normally. Check for any air leaks around the nasal pillows. If leaks occur, gently adjust the headgear straps or reposition the mask.
5. **Quick Disconnection:** To temporarily disconnect from the CPAP tubing (e.g., for a restroom break), use the quick-release elbow. This allows you to detach the tubing without removing the entire mask.



Image 5: A person sleeping comfortably while wearing the ResMed AirFit P30i mask, demonstrating the top-of-head tube placement.

5. Maintenance

Regular cleaning of your nasal pillow cushion is crucial for hygiene and to maintain the effectiveness and lifespan of the product.

Daily Cleaning:

- Disconnect the nasal pillow cushion from the mask frame.
- Wash the cushion in warm water with a mild liquid detergent.
- Rinse thoroughly under running water.
- Allow the cushion to air dry completely out of direct sunlight before reassembling.

Weekly Cleaning (or as needed):

- For a deeper clean, you may soak the cushion in a solution of warm water and mild detergent for 10-15 minutes.
- Use a soft brush to gently clean any hard-to-reach areas.
- Rinse thoroughly and air dry.

Important: Do not use cleaning solutions containing bleach, alcohol, or aromatic solvents, as these can damage the silicone material and shorten the life of the cushion.

6. Troubleshooting

If you experience issues with your AirFit P30i Nasal Pillow Cushion, refer to the following common problems and solutions.

Problem	Possible Cause	Solution
Air leaks around nasal pillows	Cushion not seated properly, headgear too loose/tight, incorrect cushion size, cushion wear.	Reposition cushion, adjust headgear straps, ensure correct cushion size, replace cushion if worn.
Discomfort or irritation in nostrils	Cushion too tight, incorrect cushion size, dry nasal passages.	Loosen headgear slightly, try a different cushion size, use a humidifier with your CPAP device.
Mask feels unstable	Headgear too loose, improper fit.	Tighten headgear straps slightly, ensure cushion is fully inserted into nostrils.
Difficulty breathing through mask	Blocked nasal pillows, CPAP device issue.	Clean nasal pillows thoroughly, check CPAP device and tubing for blockages.

If problems persist, consult your healthcare provider or CPAP equipment supplier.

7. Specifications

- **Model Number:** 63862
- **Product Dimensions:** 2.98 x 1 x 1 inches
- **Item Weight:** 0.48 ounces
- **Material:** Silicone (Note: While Amazon lists "Latex Foam" as fill material, the primary product material is silicone as per manufacturer description.)
- **Color:** White
- **Special Feature:** Lightweight
- **Compatibility:** Designed for use with ResMed AirFit P30i frame system and headgear.

8. Warranty and Support

For specific warranty information regarding your ResMed AirFit P30i Nasal Pillow Cushion, please refer to the documentation provided with your complete ResMed AirFit P30i mask system or contact ResMed directly.

ResMed Contact Information:

Visit the official ResMed website for support, FAQs, and contact details:www.resmed.com

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