

QUINEAR QN-021A

QUINEAR Leg Massager with Heat and Air Compression User Manual

Brand: QUINEAR | Model: QN-021A

1. PRODUCT OVERVIEW

The QUINEAR Leg Massager with Heat and Air Compression is designed for targeted relief of leg pain and fatigue, featuring 2x2 dynamic airbags that mimic professional kneading. It offers year-round soothing heat therapy with two levels (38°C-48°C) to improve circulation and reduce discomfort. Users can customize their massage experience with 3 modes (Sequence, Circulation, Whole) and 3 intensities (20-25-30kPa), complemented by a 20-minute auto shut-off timer for energy saving and safety. The massager is one-size-fits-all with adjustable Velcro straps and includes 2 extra extenders for calves up to 28.5 inches, and features machine-washable liners for easy hygiene. It is FSA/HSA eligible and suitable for daily muscle relaxation and circulation support.

Key Features:

- **Targeted Relief:** 2x2 Dynamic Airbags for professional kneading to ease arthritis, swelling, and muscle fatigue.
- **Soothing Heat Therapy:** 2 adjustable heat levels (38°C-48°C) to warm tissues, reduce pain, and improve blood flow.
- **Smart Customization:** 3 massage modes (Sequence, Circulation, Whole) and 3 intensity levels (20-25-30kPa).
- **Auto Shut-Off:** 20-minute timer for safety and energy conservation.
- **Universal Fit:** Adjustable Velcro straps and 2 extra extenders for calves up to 28.5 inches.
- **Easy Maintenance:** Machine-washable liners for optimal hygiene.



Figure 1: QUINEAR Leg Massager with Heat and Air Compression.

Warms Enveloping Your Legs

FSA&HSA **ELIGIBLE**

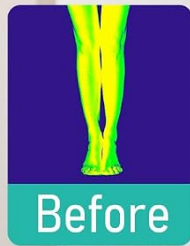


Figure 2: The massager provides soothing heat to the legs.

Professional Sequential Massage

20 Mins Auto Off Timer

- 2 Heating Levels
- 3 Massage Modes
- 3 Massage Intensities

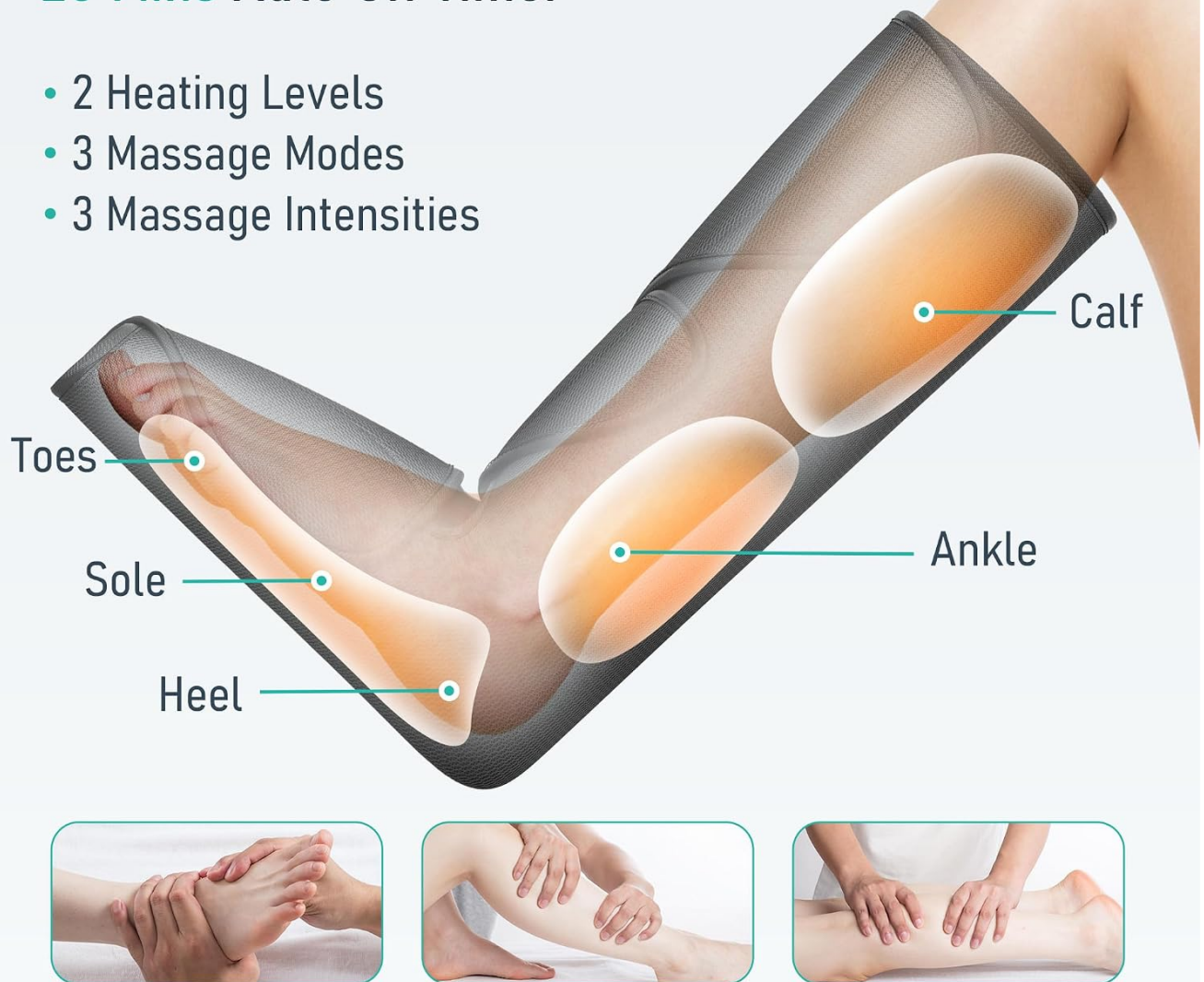


Figure 3: Illustration of massage areas including toes, sole, heel, ankle, and calf.

2. SAFETY INFORMATION

- **CAUTION: Do not use near water.**
- **Unplug when not in use.**
- **Avoid use on damaged skin or while sleeping.**
- **This product is not compatible with pacemakers.**
- **Non-medical device, suitable for daily relaxation.**

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

3. PACKAGE CONTENTS



Soft and comfortable mesh



Comfortable and durable materials



Adjustable warps



Button Design for Bigger Feet

Figure 4: All items included in the QUINEAR Leg Massager package.

- 2 x Massage Cuffs (Leg Wraps)
- 2 x Extensions for Calves
- 1 x DC 12V/3A Adapter
- 1 x User Manual
- 1 x Quick Start Guide
- 1 x Handheld Controller
- 1 x Travel Bag

4. SETUP INSTRUCTIONS

1. Remove all components from the packaging.
2. Connect the massager to a power source using the provided AC adapter.
3. Wrap the massager cuffs around your calves and feet. Ensure a snug but comfortable fit. Use the adjustable Velcro straps to secure. If needed, attach the 2 extra extenders for larger legs to achieve a comfortable fit

(calves up to 28.5 inches).

4. Connect the air hoses from the leg cuffs to the corresponding ports on the handheld controller.

One Size Fit More

- Max: 22 / 56cm
- Max: 28.5 " / 72cm with 2 extensions



Figure 5: The massager features adjustable straps and includes extenders for a universal fit.

Video 1: Official product video demonstrating the setup and features of the QUINEAR Foot & Leg Massager with Heat.

5. OPERATING INSTRUCTIONS

1. Press the **ON/OFF** button on the handheld controller to power on the device.
2. Select your desired massage mode by pressing the **Mode** button. Choose from:
 - **Sequence:** Airbags inflate and deflate in a sequential pattern.
 - **Circulation:** Airbags inflate and deflate in a circulating pattern.
 - **Whole:** All airbags inflate and deflate simultaneously.
3. Adjust the air pressure intensity by pressing the **Air Pressure** button. Options include Low, Mid, and High (20-25-30kPa).

4. Activate the heat function by pressing the **Heat** button. Select between Minimum or Maximum heat levels (38°C-48°C).
5. The device has a 20-minute auto shut-off timer to prevent overuse.
6. To turn off the massager, press the **ON/OFF** button again.

Smart Customization

3 Massage Modes & 3 Intensity Levels



Figure 6: Handheld controller with buttons for power, heat, mode, and air pressure.

6. MAINTENANCE

- The inner liners of the massager cuffs are machine-washable for easy cleaning and hygiene.
- Ensure the device is unplugged and cooled down before cleaning.
- Store the massager in its provided travel bag in a cool, dry place when not in use.

Removable Washable

Inner sleeves are washable, cleaning use



Figure 7: The inner sleeves are removable and washable for easy cleaning.

7. TROUBLESHOOTING

If you encounter any issues with your QUINEAR Leg Massager, please refer to the detailed troubleshooting section in the official user manual (PDF) available on the product's Amazon page. For common issues, ensure all connections are secure and the device is properly powered. If problems persist, contact QUINEAR customer support.

8. SPECIFICATIONS

Feature	Detail
Brand	QUINEAR
Model Number	QN-021A

Feature	Detail
Product Dimensions	16.14 x 9.84 x 8.27 inches
Item Weight	4.16 Pounds
Material	Finely sewn fabric
Power Source	Corded Electric
Use For	Legs, Feet
Country of Origin	China
Date First Available	March 28, 2019

9. WARRANTY AND SUPPORT

For warranty information, product registration, or technical support, please visit the official QUINEAR website or contact their customer service directly. Contact details can typically be found in the full user manual or on the product packaging.

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