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> [Hbada J1 Office Desk Chair User Manual - Ergonomic with Flip-Up Armrests](#)

## Hbada HDNY188WM-IN

# Hbada J1 Office Desk Chair User Manual

Model: HDNY188WM-IN

## INTRODUCTION

Thank you for choosing the Hbada J1 Office Desk Chair. This ergonomic chair is designed to provide comfort and support for various scenarios, including office, home, gaming, study, and meeting rooms. It features a W-shaped saddle cushion, S-shaped backrest, and convenient flip-up armrests for space-saving.

## SETUP AND ASSEMBLY

The Hbada J1 Office Desk Chair requires assembly. Please follow the instructions carefully to ensure proper setup and stability.

## Components Overview

- TUV-3 Gas Cylinder: Ensures secure and reliable height adjustment.
- Solid Nylon Base: Provides a larger, strong bearing capacity for stability.
- Mute Castors: Designed for shock absorption, low noise, and wear resistance, suitable for various floor types.



### TUV-3 Gas Cylinder

International certification ensure security of use



### Solid Nylon Base

Larger size, strong bearing capacity and reliable safety



### Mute Castor

Shock-absorbing, low-noise and wear-resistant

Image: Key components of the Hbada J1 Office Desk Chair, showing the TUV-3 gas cylinder, solid nylon base, and mute casters.

## **Assembly Instructions**

The product requires assembly. Please refer to the detailed instructions provided in the packaging for step-by-step guidance. Ensure all screws are tightened securely before use.

## **OPERATING INSTRUCTIONS**

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### **Height Adjustment**

To adjust the chair's height, locate the lever on the right side beneath the seat. Pull the lever upwards while seated to lower the chair, or pull the lever upwards while standing to raise the chair. Release the lever at your desired height.

### **Flip-Up Armrests**

The armrests can be flipped up to save space. Simply lift the armrests upwards until they lock into a vertical position. This allows the chair to be tucked under a desk more efficiently.

# C-shape Bionic Backrest

Fitting the curve of back for comfortable support

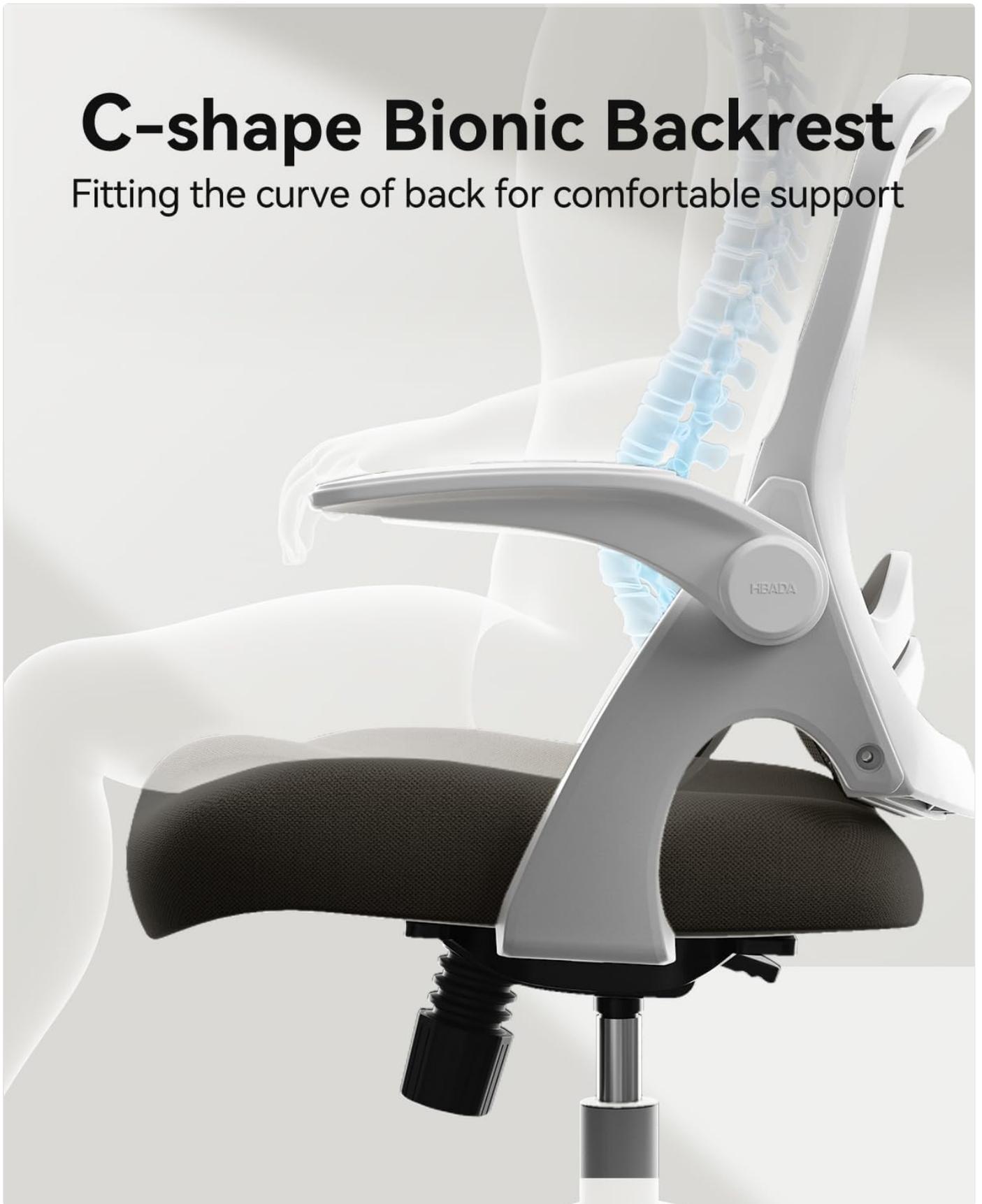


Image: The Hbada J1 Office Desk Chair demonstrating its flip-up armrests, allowing the chair to be stored compactly under a desk.

## Rocking Function

The chair features a 105-degree rocking function for brief relaxation. To activate the rocking function, pull out the lever located on the right side of the chair. Push the lever back in to lock the chair in an upright position. The rocking tension can be adjusted using the knob beneath the seat.

# Rocking Function

Take a break with slight shaking after tiring work



Rocking tension adjustment knob



Out for rocking  
In for locking

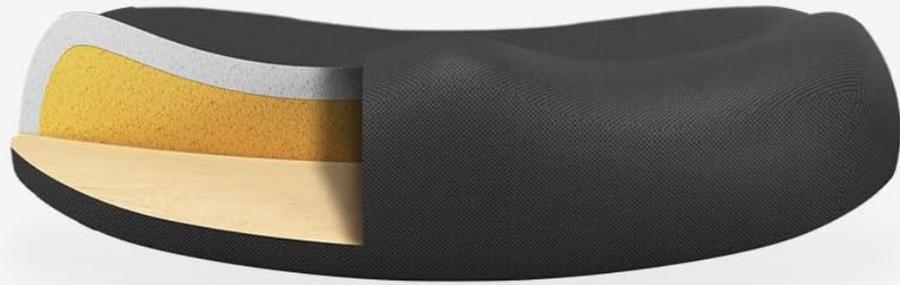


Image: A person utilizing the rocking function of the Hbada J1 Office Desk Chair, illustrating the chair's recline capability.

## Ergonomic Backrest and Cushion

The chair is designed with an S-shaped backrest that conforms to the natural curve of the spine, providing comfortable support. The W-shaped saddle cushion, made of 4.9-inch thick memory sponge, is designed to relieve pressure during prolonged sitting.

## ◦ HBADA



- ✓ **4.9"** thick to sit softly
- ✓ W-shaped cushion to fit hips
- ✓ Durable memory sponge without collapsing

## ◦ Others



- ✗ Thin and hard
- ✗ Flat surface
- ✗ Cheap sponge

Image: A side view of the Hbada J1 Office Desk Chair, emphasizing the ergonomic S-shaped backrest for spinal support.



Image: A detailed view of the Hbada J1 Office Desk Chair's W-shaped saddle cushion, illustrating its thick memory sponge construction for comfort.

## Space-Saving Features

The flip-up armrests allow the chair to be neatly stored under a desk, optimizing space in smaller environments. This feature is demonstrated in the video below.

Your browser does not support the video tag.

Video: This video demonstrates the space-saving capability of the Hbada J1 Office Desk Chair, showing how its flip-up armrests allow it to fit compactly under a desk.

## MAINTENANCE

To maintain the quality and longevity of your Hbada J1 Office Desk Chair, wipe it clean with a damp cloth as needed. Avoid using harsh chemicals or abrasive cleaners.

## TROUBLESHOOTING

If you encounter any issues with your Hbada J1 Office Desk Chair, please refer to the troubleshooting section in the full manual included with your product. For further assistance, contact customer service.

## SPECIFICATIONS

Feature	Detail
Brand	Hbada
Model Number	HDNY188WM-IN
Color	White
Product Dimensions	25.9"D x 25.9"W x 37.9"H

Maximum Weight Recommendation	280 Pounds
Back Style	Mesh Back (S-shaped)
Seat Cushion	W-shaped, 4.9" thick memory sponge
Arm Style	Flip-up Armrests
Special Features	Adjustable Height, Ergonomic, Rocking Function (105 degrees)
Included Components	Casters
Material	Mesh, Polypropylene, Sponge, Nylon
Assembly	Requires assembly

## WARRANTY AND SUPPORT

The Hbada J1 Office Desk Chair comes with a worry-free 3-year warranty. Additionally, Hbada offers a 30-day free return policy and a 15-day price match guarantee. For any product-related inquiries, damaged items upon arrival, or to utilize your warranty, please contact Hbada customer service for friendly and reliable support.



Image: Hbada product certifications, ensuring quality and safety standards.