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› POWERLIX Calf Compression Sleeve (Model BD10963) Instruction Manual

POWERLIX BD10963

POWERLIX Calf Compression Sleeve Instruction Manual

Model: BD10963

INTRODUCTION

Thank you for choosing POWERLIX Calf Compression Sleeves. These sleeves are designed to provide support and compression to your calves and shins, aiding in recovery, reducing discomfort, and enhancing performance during various activities. This manual provides essential information on how to properly use and care for your compression sleeves.

PRODUCT FEATURES

The POWERLIX Calf Compression Sleeves are engineered with specific design elements to provide effective support and comfort:

- **Rapid Recovery:** Designed to assist in recovery from injuries, alleviate symptoms, and help prevent future discomfort.
- **Optimal Fit:** Engineered for a precise fit, delivering graduated compression.
- **Moisture-Wicking:** Features a sweat-wicking design and odor-defending materials, suitable for various conditions.
- **Unisex Design:** Suitable for both men and women, available in neutral colors.

UNISEX

NON-SLIP CUFF

Allows cuff to adjust automatically to the proper fit.

SAND CLOCK SYSTEM

Helps support and stabilize the calf area.

GRADUATED COMPRESSION

Improves circulation & reduces risk of injuries.



Image Description: A diagram highlighting key features of the POWERLIX Calf Compression Sleeve. It points out the "Non-Slip Cuff" which allows automatic adjustment for proper fit, the "Sand Clock System" that supports and stabilizes the calf area, and "Graduated Compression" which improves circulation and reduces injury risk. The sleeve is labeled as "UNISEX".

SETUP: SIZING AND MEASUREMENT

To ensure optimal effectiveness and comfort, it is crucial to select the correct size. Please follow the measurement instructions below:

1. Locate the thickest point of your calf.
2. Measure the circumference around this thickest point using a flexible measuring tape.
3. Refer to the sizing chart below to find your corresponding sleeve size.

HOW TO MEASURE YOUR CALF SLEEVE

Measure the circumference around your thickest point in your calves

S/M	11" - 14"	28cm - 35.5cm
L/XL	14" - 17"	35.5cm - 43cm
XXL	17" - 20"	43cm - 51cm

If you'r between sizes, choose the lower size for extra compression and upper size for reduced compression.

Image Description: A person is shown measuring the circumference of their calf with a tape measure. Adjacent to this, a sizing chart displays recommended calf circumferences for different sleeve sizes: S/M (11"-14" / 28cm-35.5cm), L/XL (14"-17" / 35.5cm-43cm), and XXL (17"-20" / 43cm-51cm). A note advises to choose the lower size for extra compression and the upper size for reduced compression if between sizes.

Sizing Chart

Size	Calf Circumference (Inches)	Calf Circumference (Centimeters)
S/M	11" - 14"	28cm - 35.5cm
L/XL	14" - 17"	35.5cm - 43cm
XXL	17" - 20"	43cm - 51cm

Note: If your measurement falls between two sizes, choose the smaller size for increased compression or the larger size for a more relaxed fit.

OPERATING: HOW TO WEAR YOUR SLEEVES

Follow these steps for proper application of your POWERLIX Calf Compression Sleeves:

1. Ensure your legs are clean and dry.
2. Gather the sleeve from the top cuff down to the ankle opening.
3. Place your foot through the opening and pull the sleeve up over your ankle.
4. Gradually unroll the sleeve up your calf, ensuring it is smooth and free of wrinkles.
5. Position the top cuff just below the knee and the bottom cuff above the ankle. The sleeve should feel snug but not uncomfortably tight.



Image Description: A person is wearing a pair of black POWERLIX Calf Compression Sleeves with grey striped patterns, paired with grey athletic shoes. The sleeves extend from just above the ankle to below the knee. In the background, two additional sleeves and the product packaging are visible.



PHENOMENAL PROTECTION

Full support while maintaining your peak performance and full range of motion.

Image Description: A person wearing black POWERLIX Calf Compression Sleeves is performing a stretch outdoors, leaning against a railing. The sleeves provide full support while allowing a full range of motion. The product packaging is also visible in the foreground.

MAINTENANCE: CARE INSTRUCTIONS

To maintain the integrity and effectiveness of your compression sleeves, please follow these care instructions:

- **Hand Wash Only:** Wash sleeves by hand in cold water with a mild detergent.
- Do not bleach.
- Do not iron.
- Air dry flat. Do not tumble dry.
- Avoid direct sunlight during drying to prevent material degradation.

TROUBLESHOOTING

If you encounter any issues with your POWERLIX Calf Compression Sleeves, consider the following:

- **Discomfort or Excessive Tightness:** Re-check your calf measurement against the sizing chart. Ensure the sleeve is not wrinkled or bunched up. If discomfort persists, you may need a different size.
- **Sleeve Rolling Down:** Ensure the sleeve is pulled up fully and smoothly. The non-slip cuff should help maintain its position. If the issue persists, verify sizing.
- **Reduced Compression:** Over time, wear and improper care can affect compression. Ensure you are following the recommended care instructions.

For further assistance, please refer to the "Support and Warranty" section.

SPECIFICATIONS

Attribute	Detail
Model Number	BD10963
Manufacturer	PowerLix
Package Dimensions	8.43 x 5.2 x 0.67 inches
Item Weight	2.47 ounces
Care Instructions	Hand Wash Only

OFFICIAL PRODUCT VIDEO

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Video Description: This video, titled "Calf Compression Sleeve, For Running, Workout & More," demonstrates the benefits and uses of the POWERLIX Calf Compression Sleeve. It shows individuals engaging in various activities like running and stretching while wearing the sleeves, highlighting their role in pain relief, injury prevention, and performance enhancement. The video also features an animation of calf muscles and bones to illustrate how the compression sleeves support the leg.

SUPPORT AND WARRANTY

For any questions, concerns, or warranty inquiries regarding your POWERLIX Calf Compression Sleeves, please contact POWERLIX customer support. Refer to the product packaging or the official POWERLIX website for contact details. You can visit the official POWERLIX store for more information: [POWERLIX Store](#)