

[Manuals.plus](#) /

› [Master Massage Equipment](#) /

› Master Massage Gymlane Portable Massage Chair Instruction Manual

Master Massage Equipment 10143

Master Massage Gymlane Portable Massage Chair Instruction Manual

Model: 10143 | Brand: Master Massage Equipment

1. INTRODUCTION

This manual provides detailed instructions for the safe and effective use of your Master Massage Gymlane Portable Massage Chair. The chair is designed for portability and ergonomic support, featuring a lightweight aircraft-grade aluminum frame and high-density foam cushioning. Please read this manual thoroughly before initial setup and operation.

2. SAFETY INFORMATION

- **Maximum Weight Capacity:** Do not exceed the working capacity of 600 lbs (272 kg).
- **Stable Surface:** Always set up the chair on a flat, stable, and non-slip surface.
- **Regular Inspection:** Before each use, inspect all components for signs of wear, damage, or loose parts. Do not use the chair if any part is compromised.
- **Proper Adjustment:** Ensure all adjustment mechanisms are securely locked before use.
- **Children and Pets:** Keep children and pets away from the chair during setup, adjustment, and use.
- **Avoid Pinch Points:** Be mindful of pinch points when adjusting or folding the chair.

3. PACKAGE CONTENTS

Verify that all items listed below are included in your package:

- Gymlane portable massage chair
- Sternum pad
- Super-portable Luggage Style Carry Case with Wheels

4. SETUP INSTRUCTIONS

The Master Massage Gymlane chair is designed for easy setup and portability. Follow these steps to prepare your chair for use:

1. Unfolding the Chair:

Carefully remove the chair from its luggage-style carry case. Place the folded chair on a flat surface. Release the quick-lock mechanism on the main beam to allow the chair to unfold. Extend the front and rear support legs until they are fully open and stable. Ensure all locking pins and levers are engaged.

2. Attaching the Kneeling Cushion:

The kneeling cushion is an attachment. If needed, align the kneeling cushion with the designated attachment points on the lower frame and secure it. It can be easily separated when not required.

3. Initial Adjustments:

Proceed to the 'Operating Instructions' section for detailed guidance on adjusting individual components to suit user and client needs.



Figure 1: Master Massage Gymlane Portable Massage Chair with key dimensions (31" L x 19" W x 42" H).



Figure 2: Side view of the chair in its ready-to-use, unfolded configuration.

Setup and Adjustment Overview Video

Video 1: This video provides a comprehensive overview of the Gymlane Folding Massage Chair, demonstrating its portability, ease of setup, and various adjustment features for optimal user comfort and positioning.

5. OPERATING INSTRUCTIONS

The Gymlane chair offers multiple adjustment points to ensure comfort for both the client and the practitioner. Always ensure adjustments are made smoothly and securely locked before use.

5.1. Face Cushion Adjustment

The face cushion and face cradle provide head support. To adjust the angle of the face cradle:

1. Locate the handle on the face cushion frame.
2. Release the handle to unlock the face cradle.
3. Rotate the face cradle to your desired angle.
4. Securely tighten the handle to lock the position.



Figure 3: Adjustable Face Cradle and Chest Pad. The face cradle can be rotated and locked into position.

5.2. Chest Cushion Adjustment

The chest cushion provides support for the client's upper body. To adjust its position:

1. Locate the two knobs behind the chest cushion.
2. Loosen the knobs to allow movement.
3. Move the chest cushion plate holder forward or backward along the guide groove to achieve the desired distance from the face cushion.
4. Tighten the knobs to secure the chest cushion in place.

5.3. Armrest Adjustment

The armrest supports the client's arms and wrists. To adjust its height and angle:

1. Locate the handle on the front support bar, beneath the armrest.
2. Pull the handle to unlock the armrest.
3. Move the armrest up or down along the serrated groove on the front support bar to adjust its height. The armrest

can be moved upwards without pulling the handle.

4. Rotate the armrest to achieve the desired angle.
5. Push the handle back to lock the armrest in position.



Figure 4: Adjustable Armrest. The armrest can be moved up and down, and its angle adjusted for client comfort.

5.4. Seat Cushion Adjustment

The seat cushion provides seating for the client. To adjust its position:

1. Locate the handle beneath the seat cushion.
2. Push the handle to unlock the seat cushion.
3. Lift or lower the seat cushion to the desired height. The seat cushion will automatically lock into place when lifted without pushing the handle.
4. Release the handle to secure the seat cushion.



Figure 5: Adjustable Height Seat Cushion. The seat cushion can be adjusted to two different height levels.

5.5. Folding the Chair for Storage/Transport

To fold the chair for compact storage or transport:

1. **Fold Front Support Bar:** Release the quick-lock mechanism handle on the main beam. Turn the front support bar backward until it folds compactly.
2. **Fold Rear Support Leg:** Press the button at the upper part of the rear support leg and turn it forwards to fold.
3. **Fold Front Support Leg:** Pull the pin at the upper part of the front support leg and turn it backward to fold.
4. Ensure all components are securely folded and locked before placing the chair in its carry case.



Figure 6: The massage chair in its fully folded configuration, ready for transport or storage.

6. MAINTENANCE

Proper maintenance ensures the longevity and hygiene of your massage chair.

- **Cleaning:** Wipe clean the PU upholstery with a damp cloth. Avoid harsh chemicals or abrasive cleaners that may damage the material.
- **Inspection:** Regularly check all nuts, bolts, and moving parts for tightness and wear. Tighten any loose fasteners.
- **Storage:** Store the chair in its carry case in a cool, dry place away from direct sunlight and extreme temperatures.

7. SPECIFICATIONS

Feature	Detail
Product Dimensions (L x W x H)	31 x 19 x 42 inches
Folding Size (L x W x H)	31 x 19 x 15 inches
Adjustable Height	43 to 51 inches (highest)
Item Weight	28 Pounds
Working Capacity	Up to 600 lbs
Frame Material	Aircraft-grade Aluminum
Cushioning	Multi-Layer Small Cell Foam™ (Chest/Leg Pad: 2.75", Seat Foam: 2")
Upholstery Material	PU Leather (Oil & Waterproof, CFC-free)
Color	Royal Blue
Additional Features	Foldable, Removable Leg and Seat pads, Aroma Container
Included Components	Gymlane portable massage chair, Sternum pad, Super-portable Luggage Style Carry Case with Wheels

8. WARRANTY AND SUPPORT

8.1. Warranty Information

Master Massage Equipment provides a Limited Lifetime Warranty against defects in material and workmanship for as long as you own the product. This warranty covers the structural integrity of the chair under normal use.

8.2. Customer Support

For any questions, concerns, or warranty claims, please contact Master Massage Equipment customer service. Refer to the product packaging or the official Master Massage Equipment website for the most current contact information.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

<https://manuals.plus/asin/B07QBDB25X>

More documents and user manuals: **<https://manuals.plus/>**