

Yihou 739

Yihou Men's Military Watch

OFFICIAL USER MANUAL

Model: 739 | Brand: Yihou

Introduction

This manual provides comprehensive instructions for the operation and maintenance of your Yihou Men's Military Watch, Model 739. Designed for outdoor sports and tactical use, this watch features both digital and analog displays, offering robust functionality including a stopwatch, alarm, LED backlight, and water resistance. Please read this manual thoroughly to ensure proper use and longevity of your timepiece.



Image: Front view of the Yihou Men's Military Watch, showcasing its robust design and dual analog-digital display.



Image: The Yihou Military Watch displayed against a background suggesting outdoor and tactical use, emphasizing its rugged design.

Setup

Your Yihou Military Watch comes with a pre-installed battery. Before first use, it is recommended to set the correct time and date.

Setting Time and Date

- Analog Time Adjustment:** Pull out the crown (the knob on the right side of the watch) to the first position. Rotate the crown to adjust the analog hour and minute hands to the desired time. Push the crown back in to secure the setting.
- Digital Time and Date Adjustment:**
 - Press the **MODE** button repeatedly until the time setting mode is displayed (usually indicated by flashing digits).
 - Use the **RESET** button to cycle through the settings (seconds, hours, minutes, month, date, day of week).
 - Use the **START** button to increase the flashing value.
 - Once all settings are adjusted, press the **MODE** button again to exit the setting mode.



Image: A close-up view of the watch face, highlighting the various buttons (Light, Mode, Start, Reset) used for setting and operating the watch's functions.

Operating Instructions

The Yihou Military Watch offers multiple functions accessible via its side buttons.

MULTIFUNCTION MILITARY WATCH



Image: Diagram illustrating the various functions of the Yihou Military Watch, including LED backlight, alarm, stopwatch, calendar, dual time display, and shockproof features.

Button Functions Overview

- **LIGHT Button:** Activates the LED backlight for visibility in low-light conditions.
- **MODE Button:** Cycles through different modes: Time Display, Stopwatch, Alarm, Time Setting.
- **START Button:** Used to start/stop the stopwatch, adjust values during setting, or confirm selections.
- **RESET Button:** Used to reset the stopwatch, switch between items during setting, or clear values.

Using the Stopwatch

1. Press the **MODE** button until the stopwatch mode is displayed (usually indicated by "ST" or "STOP").
2. Press the **START** button to begin timing.
3. Press the **START** button again to pause timing.
4. Press the **RESET** button to clear the stopwatch to zero.

Setting the Alarm

1. Press the **MODE** button until the alarm mode is displayed (usually indicated by "AL").
2. Press the **RESET** button to select the hour or minute to set (flashing).
3. Use the **START** button to adjust the hour or minute.
4. Press **MODE** to exit. To activate/deactivate the alarm, press **START** while in alarm mode.

12/24 Hour Format

In the normal time display mode, press the **START** button to toggle between 12-hour (with AM/PM indicator) and 24-hour (military time) formats.

Maintenance

Proper care will ensure the longevity and performance of your Yihou Military Watch.

Cleaning

It is recommended to clean the watch strap and case regularly with a soft, dry cloth. For stubborn dirt, a slightly damp cloth can be used, followed by drying immediately.

Water Resistance Guidelines

This watch is water-resistant up to 30 meters (3 ATM). This means it is suitable for daily use, hand washing, and brief immersion in water. However, it is crucial to observe the following:

- **Do NOT press any buttons while the watch is submerged in water.** This can compromise the water seal.
- Avoid using the watch in hot water, saunas, or steam rooms, as extreme temperatures can damage the seals.
- The watch is not suitable for diving or prolonged underwater activities.

DEPTH OF 30 METERS WATERPROOF

YIHOU'S PROFESSIONAL WATER RESISTANT SYSTEM CAN REALLY RESIST
WATER FROM UP TO 30METERS.



Image: The Yihou Military Watch partially submerged in water, illustrating its 30-meter water resistance capability.



Image: Water droplets splashing onto the watch face, demonstrating its resistance to splashes and light water exposure.

Troubleshooting

If you encounter any issues with your watch, please refer to the following common problems and solutions.

Problem	Possible Cause	Solution
Fog or droplets inside the watch face.	Exposure to extreme temperature changes or compromised water seal.	Contact the manufacturer immediately for maintenance to prevent corrosion of internal components.
Digital display is partially dark or unreadable.	This is a known characteristic of some units, as noted in the product description. It may also indicate low battery or internal issue.	Ensure battery is not low. If issue persists and affects functionality, contact support.

Problem	Possible Cause	Solution
Watch not keeping accurate time.	Low battery or need for time recalibration.	Check battery life. Re-set analog and digital time as per "Setup" section.

Specifications

Detailed technical specifications for the Yihou Men's Military Watch, Model 739.



PARAMETER

Movement: Movement digital
 Mirror: Toughened glass
 Band: PU

Case Diameter: 53.07MM
 Case Thickness: 16.33MM
 Band Width: 22MM
 Weight: 78.26G
 Band Length: 255MM
 W/P : 30meters waterproof
 Function: Stopwatch, Date/week Display, Alarm, 12/24-hour Time Format.

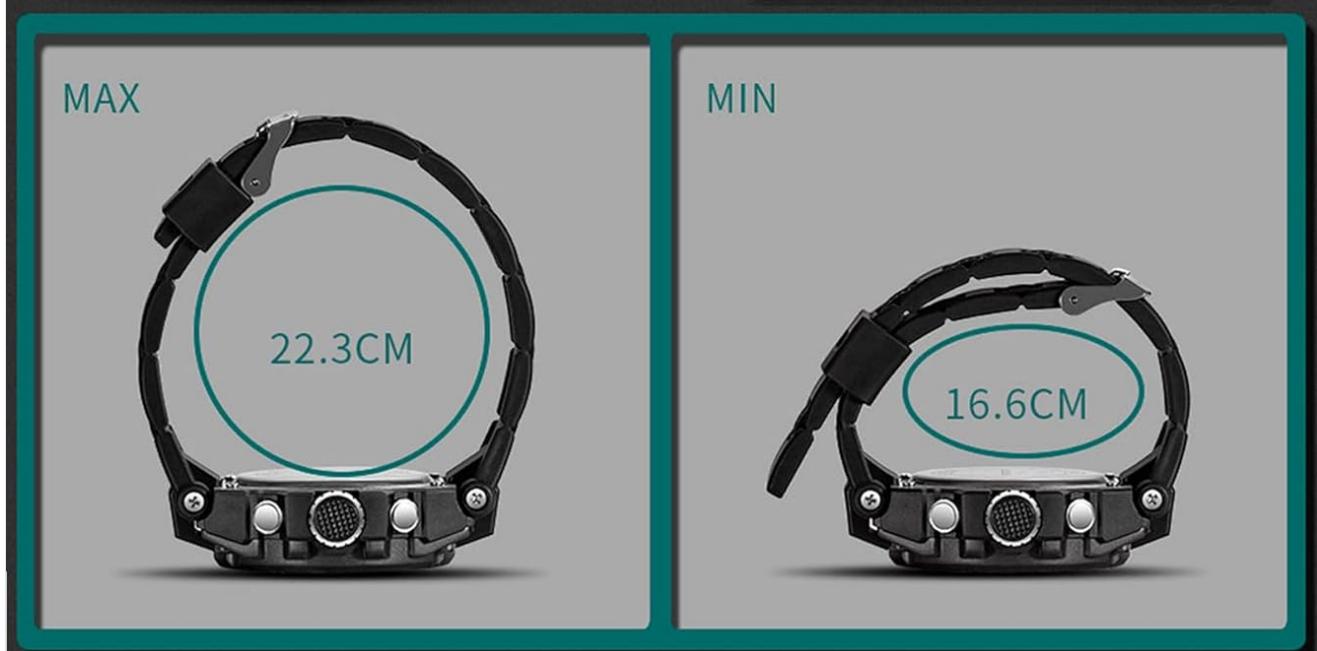


Image: A detailed diagram showing the dimensions and key parameters of the Yihou Military Watch, including case diameter, thickness, band width, and weight.

Feature	Detail
Model Number	739
Movement	Quartz (Analog), Digital
Case Material	ABS
Band Material	Polyurethane (PU)
Case Diameter	53 mm (2 inches)
Case Thickness	16 mm
Band Width	22 mm
Max Wrist Circumference	8.8 inches (22.3 cm)
Min Wrist Circumference	6.5 inches (16.5 cm)
Weight	76 g (78.24 g)
Water Resistance Depth	30 meters (3 ATM)
Battery	1 Lithium Ion (included)
Functions	Stopwatch, Alarm, LED Backlight, Calendar (Date, Week), 12/24 Hour Format, Dual Time, Shockproof

Warranty and Support

For any inquiries, technical support, or warranty claims, please contact Yihou customer service. While specific warranty details are not provided in this manual, the product is subject to standard return policies and manufacturer support.

- **Return Policy:** This product is eligible for a 30-day free return policy.
- **Manufacturer:** Yihou
- For further assistance, please refer to the contact information provided with your purchase or visit the official Yihou website.

no relevant documents