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## Pure Encapsulations PureHeart K2D

# Pure Encapsulations PureHeart K2D User Manual

Model: PureHeart K2D  
Brand: Pure Encapsulations

## 1. PRODUCT OVERVIEW

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Pure Encapsulations PureHeart K2D is a dietary supplement formulated to support cardiovascular function and promote a heart-healthy lifestyle. It combines naturally-derived Vitamin K2 (MK7) and Vitamin D3 (Cholecalciferol) to target vascular tissue, supporting healthy arterial blood flow and vascular elasticity. This product is designed to be gluten-free, non-GMO, and vegetarian, adhering to high purity standards by being free from common allergens, artificial, or unnecessary ingredients.



Image 1: Front view of the Pure Encapsulations PureHeart K2D supplement bottle.

## 2. SETUP

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Pure Encapsulations PureHeart K2D is ready for consumption directly from the bottle. No assembly or special preparation is required before use.

## 3. USAGE INSTRUCTIONS

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### 3.1. Recommended Dosage

As a dietary supplement, take **1 capsule, 1-2 times daily, with a meal**. It is important to consume the capsules with food to optimize absorption and minimize potential digestive discomfort.

### 3.2. Important Considerations

- Do not exceed the recommended dosage unless advised by a healthcare professional.
- For optimal results, integrate this supplement into a balanced diet and healthy lifestyle.

## 4. MAINTENANCE AND STORAGE

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To maintain the potency and quality of PureHeart K2D, store the bottle in a cool, dry place, away from direct sunlight and moisture. Ensure the cap is tightly sealed after each use. Keep out of reach of children.

## 5. TROUBLESHOOTING AND SAFETY INFORMATION

## 5.1. Safety Information

Vitamin K may be contraindicated with Coumadin (Warfarin). If you are pregnant or lactating, have any health condition, or are taking any medication, particularly blood thinning medication, consult your health professional before use.

## 5.2. Legal Disclaimer

*These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Please contact your healthcare professional immediately if you experience any unwanted side effects. The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. All Pure Encapsulations ingredients, including those derived from corn, are GMO free. We obtain statements from each of our suppliers certifying that the ingredients do not contain GMOs. For some nutrients, we conduct PCR testing to confirm the absence of genetically modified material.*

## 6. PRODUCT SPECIFICATIONS

### 6.1. Ingredients

Each serving size (1 vegetarian capsule) contains:

- Vitamin D (as cholecalciferol) (D3): 25 mcg (1,000 IU)
- Vitamin K2 (menaquinone-7): 240 mcg

Other ingredients: Hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water).


Supplement Facts		
Serving size 1 capsule		
Servings per container 60		
	Amount Per Serving	% DV
Vitamin D (as cholecalciferol) (D <sub>3</sub> )	25 mcg (1,000 IU)	125%
Vitamin K <sub>2</sub> (menaquinone-7)	240 mcg	*
* Daily value (DV) not established		
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)		
*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.		
		

Image 2: Detailed Supplement Facts label showing Vitamin D and K2 content.

### 6.2. Physical Characteristics

- **Product Dimensions:** 3.4 x 2.3 x 1.3 inches
- **Item Weight:** 0.63 ounces
- **Item Form:** Capsule
- **Unit Count:** 60 Count
- **Flavor:** Unflavored



Image 3: Close-up view of a single capsule, illustrating its size and form.

## 7. ADDITIONAL INFORMATION

### 7.1. Product Purity and Quality

Pure Encapsulations is committed to providing high-quality supplements. Their products are free from common allergens, artificial or unnecessary ingredients, and GMOs. They partner with TerraCycle for packaging recycling and focus on sustainable practices.



Image 4: Infographic detailing ingredients excluded from Pure Encapsulations products, such as wheat, dairy, soy, gluten, artificial colors, and GMOs.

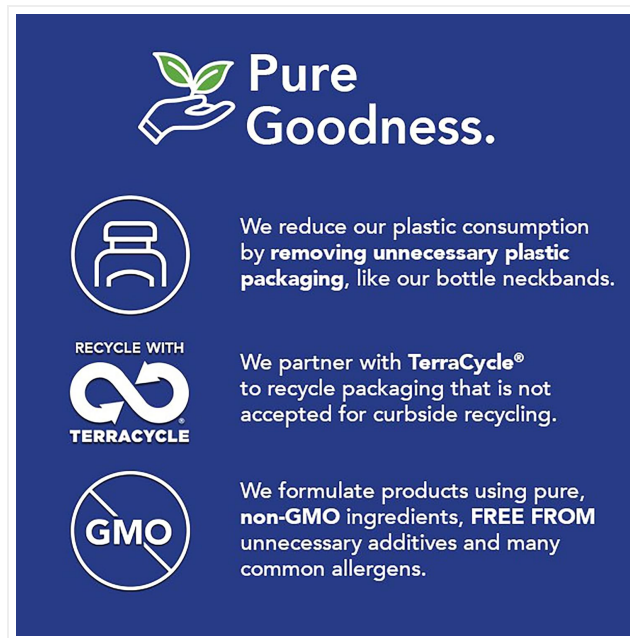


Image 5: Information on Pure Encapsulations' "Pure Goodness" initiatives, including plastic reduction and TerraCycle partnership.

## 7.2. Brand Overview Video



Video 1: An official video from Pure Encapsulations providing an overview of their brand, commitment to purity, and scientific approach to supplement development.

## 8. WARRANTY AND SUPPORT

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Specific warranty information for Pure Encapsulations PureHeart K2D is not provided in this manual. For product support, inquiries, or detailed warranty information, please refer to the manufacturer's official website or contact their customer service directly. Contact details are typically available on the product packaging or the Pure Encapsulations website.

