

[Manuals.plus](#) /

› [GJS Gourmet](#) /

› GJS Gourmet 8 Quart Stainless Steel Inner Cooking Pot Instruction Manual for Elite Pressure Cookers

GJS Gourmet 8 Quart Stainless Steel Inner Cooking Pot

GJS Gourmet 8 Quart Stainless Steel Inner Cooking Pot Instruction Manual

Model: 8 Quart Stainless Steel Inner Cooking Pot

INTRODUCTION

This manual provides essential information for the safe and effective use of your GJS Gourmet 8 Quart Stainless Steel Inner Cooking Pot. This pot is designed as a replacement or spare inner pot for specific Elite Pressure Cooker models. Please read all instructions carefully before first use and retain this manual for future reference.

Note: This GJS Gourmet inner pot is not created or sold by Elite. It is a compatible accessory.



Image: The GJS Gourmet 8 Quart Stainless Steel Inner Cooking Pot, showing its polished finish and internal measurement markings.

SAFETY INFORMATION

- Always ensure the inner pot is clean and free of debris before placing it into the pressure cooker base.
- Do not use the inner pot directly on a stovetop or any external heat source unless specifically designed for such use. This pot is intended for use within a compatible electric pressure cooker.
- Avoid overfilling the pot. Always adhere to the maximum fill lines indicated on the pot and the pressure cooker's instructions.
- Handle the pot with care when hot. Use oven mitts or heat-resistant gloves.
- Inspect the pot for any damage, dents, or deformities before each use. Do not use a damaged pot.

COMPATIBILITY

This GJS Gourmet 8 Quart Stainless Steel Inner Cooking Pot is designed to be compatible with the following Elite Pressure Cooker models:

- Elite Pressure Cooker EPC-807
- Elite Pressure Cooker EPC-808
- Elite Pressure Cooker EPC-813
- Elite Pressure Cooker EPC-816 (all variations A-Z)

Before use, verify your pressure cooker model number to ensure proper fit and function.

SETUP

1. **Unpacking:** Carefully remove the inner pot from its packaging.
2. **Initial Cleaning:** Before first use, wash the inner pot thoroughly with warm, soapy water. Rinse completely and dry with a soft cloth. This removes any manufacturing residues.
3. **Placement:** Ensure the pressure cooker base is clean and dry. Carefully place the GJS Gourmet inner pot into the pressure cooker base, ensuring it sits flat and securely. Do not force the pot into the base.

OPERATING INSTRUCTIONS

The GJS Gourmet Stainless Steel Inner Cooking Pot functions as the primary cooking vessel within your compatible Elite Pressure Cooker. Follow your pressure cooker's specific operating instructions for cooking, pressure release, and safety.

- **Adding Ingredients:** Place all ingredients into the inner pot according to your recipe. Observe the MAX fill line for liquids and food items to prevent overfilling.
- **Measurement Markings:** The pot features internal markings for both liters (L) and rice cups. Use these as a guide for accurate measurements.



Image: A close-up view of the internal markings on the GJS Gourmet inner pot, showing measurements in liters (MAX 6L) and rice cups (up to 16 cups).

- **Closing the Lid:** Once ingredients are added, place the pressure cooker lid onto the main unit and secure it according to your pressure cooker's manual.

- **Cooking:** Select the desired cooking program on your pressure cooker. The stainless steel pot will conduct heat efficiently for even cooking.
- **Serving:** After cooking and pressure release, carefully remove the inner pot from the pressure cooker base using heat-resistant gloves.

CARE AND MAINTENANCE

- **Cleaning:** The GJS Gourmet Stainless Steel Inner Cooking Pot is dishwasher safe. For hand washing, use warm, soapy water and a non-abrasive sponge or cloth. Avoid steel wool or harsh scrubbers that can scratch the surface.
- **Stains:** For stubborn food residues or discoloration, a paste of baking soda and water can be used. Apply, let sit for a few minutes, then scrub gently and rinse.
- **Drying:** Dry the pot thoroughly after washing to prevent water spots and maintain its luster.
- **Storage:** Store the clean, dry inner pot in a safe place, preferably within the pressure cooker base, to protect it from dents or damage.



Image: An angled view of the GJS Gourmet inner pot's exterior bottom, featuring a pattern of concentric circles.

TROUBLESHOOTING

- **Pot does not fit:** Ensure you have the correct 8-quart size and that your pressure cooker is one of the compatible Elite models (EPC-807, EPC-808, EPC-813, EPC-816). Check for any obstructions in the pressure cooker base.
- **Food sticking:** While stainless steel is generally non-stick with proper technique, ensure sufficient liquid is used for pressure cooking. For sautéing, preheat the pot and use a small amount of oil or butter.
- **Discoloration:** Stainless steel can sometimes show rainbow-like stains or white spots due to minerals in water or certain foods. This is normal and does not affect performance. These can often be removed with vinegar or a specialized stainless steel cleaner.

SPECIFICATIONS

Brand	GJS Gourmet
Capacity	8 Quarts
Material	Stainless Steel
Color	Stainless Steel
Dishwasher Safe	Yes
Outer Diameter	Approximately 10.24 inches (26.00 cm)
Height	Approximately 7.09 inches (18.0 cm)
Item Weight	4.14 pounds



Image: A diagram illustrating the outer diameter (10.24 inches / 26.00 cm) and height (7.09 inches / 18.0 cm) of the GJS Gourmet inner pot.

WARRANTY AND SUPPORT

For any questions, concerns, or warranty inquiries regarding your GJS Gourmet Stainless Steel Inner Cooking Pot, please contact GJS Gourmet customer support directly. Refer to the product packaging or the retailer's website for specific contact information.

Please note that this product is from a small business brand. Your support is appreciated.

