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Garmin 010-02140-01

Garmin Approach S40 GPS Golf Smartwatch User Manual

Model: 010-02140-01

Introduction

The Garmin Approach S40 is a stylish GPS golf smartwatch designed to enhance your golf game and provide everyday smartwatch functionality. This manual provides essential information on setting up, operating, maintaining, and troubleshooting your device.

The device features a sunlight-readable color touchscreen display, preloaded golf courses, automatic shot tracking, and precise distance measurements to greens and hazards. Beyond golf, it tracks daily activities and displays smart notifications when paired with a compatible smartphone.

What's in the Box

- Garmin Approach S40 Device
- Charging/Data Cable
- Documentation (User Manual, Safety and Product Information)

Setup

Charging the Device

Before first use, fully charge the Approach S40. Connect the charging/data cable to the charging port on the back of the watch and plug the USB end into a power source (e.g., computer USB port or USB wall adapter).



Image: Rear view of the Garmin Approach S40, highlighting the charging contacts and heart rate sensor.

Powering On and Initial Setup

1. Press and hold the power button (usually on the side) until the screen turns on.
2. Follow the on-screen prompts to select your language, units of measure, and other initial settings.
3. Pair the device with your smartphone using the Garmin Golf app for full functionality, including course updates and smart notifications.



Image: Front view of the Garmin Approach S40 displaying a smart notification, demonstrating its smartwatch capabilities.

Operating the Device

Basic Navigation

The Approach S40 features a responsive touchscreen display. Swipe left or right to scroll through widgets and menus. Tap to select an option. Use the physical button on the side to return to the previous screen or access the main menu.

Golf Features

The primary function of the Approach S40 is to assist you on the golf course.

Playing a Round of Golf

1. From the watch face, select the Golf activity.
2. Wait for the device to acquire GPS signals and locate nearby golf courses.
3. Select your desired course from the list.
4. The device will display distances to the front, middle, and back of the green.

Green View

The Green View feature allows you to see the true shape and layout of the green, and manually move the pin position for more accurate yardage to the hole.



Image: The Garmin Approach S40 screen showing the Green View feature, with distances to the front, middle, and back of the green, and a visual representation of the green layout.

Hazard View

View distances to various hazards along the fairway. Swipe up or down on the golf screen to cycle through different hazards such as bunkers and water hazards.



Image: The Garmin Approach S40 screen showing the Hazard View, specifically displaying distances to a bunker.

Shot Tracking and Scorekeeping

The device automatically records detected shot distances. You can also manually input scores for each hole. For more precise automatic game tracking, consider pairing with optional Approach CT10 club tracking sensors.

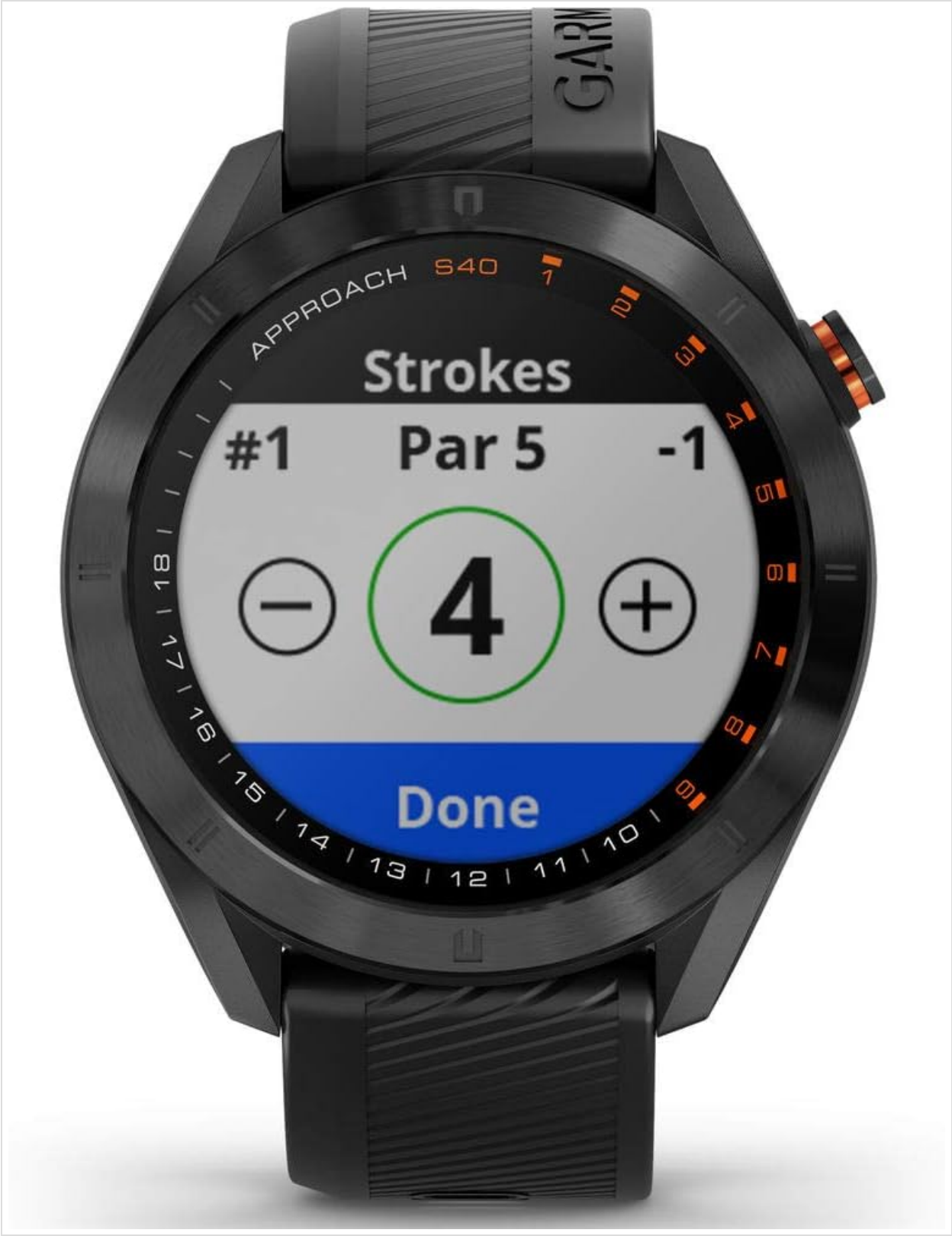


Image: The Garmin Approach S40 screen showing the scorekeeping interface, allowing users to input strokes for a hole.

Smartwatch Features

Beyond golf, the Approach S40 functions as an everyday smartwatch.

- **Activity Tracking:** Tracks steps, sleep, and includes built-in multisport profiles.
- **Smart Notifications:** Receive alerts for incoming calls, texts, emails, and other notifications from your paired smartphone.
- **Garmin Golf App Integration:** Sync your rounds, review stats, and participate in leaderboards.

Maintenance

Cleaning the Device

Regularly clean the device to maintain its appearance and functionality. Use a soft, lint-free cloth. For stubborn dirt, a slightly damp cloth can be used. Avoid harsh chemicals or abrasive materials.

Battery Care

To prolong battery life, avoid exposing the device to extreme temperatures. Charge the device regularly, but avoid leaving it fully discharged for extended periods.

Troubleshooting

- **Device not turning on:** Ensure the device is fully charged. Connect it to the charging cable and a power source.
- **GPS not acquiring signal:** Ensure you are in an open area with a clear view of the sky. Allow several minutes for the device to acquire satellites. Ensure the device software is up to date.
- **Inaccurate distances:** Verify that the correct course is selected and that the device has a strong GPS signal. Manually adjust the pin position if necessary.
- **Smart notifications not appearing:** Ensure the device is paired with your smartphone via Bluetooth and that notifications are enabled in both the Garmin Golf app and your phone's settings.
- **Short battery life:** Reduce screen brightness, disable unnecessary features (e.g., continuous heart rate monitoring if not needed), and ensure the device is not constantly searching for GPS or Bluetooth connections.

Specifications

Product Dimensions	1.7 x 1.7 x 0.5 inches
Item Weight	1.44 ounces
Model Number	010-02140-01
Batteries	1 A batteries required (included)
Connectivity Technologies	Bluetooth, USB
Human Interface Input	Touchscreen
Screen Resolution	240 x 240
Color	Black stainless with black band
Battery Life (GPS Mode)	Up to 15 hours
Battery Life (Smartwatch Mode)	Up to 10 days

Warranty and Support

This Garmin product is warranted to be free from defects in materials or workmanship for one year from the date of purchase. For full terms and conditions, please refer to the documentation included with your product or visit the official Garmin website.
For additional support, product updates, and detailed information, please refer to the official Garmin Approach S40 User Manual PDF:

Download Official User Manual (PDF)

You can also visit the Garmin Store on Amazon for more product information and accessories.

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