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> CINCOM CM-018A Leg Massager Instruction Manual

## CINCOM CM-018A

# CINCOM CM-018A Leg Massager Instruction Manual

Model: CM-018A

## INTRODUCTION

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Thank you for choosing the CINCOM CM-018A Leg Massager. This device is designed to provide air compression massage for your calves and feet, promoting temporary relief from minor muscle aches and pains and temporary increase in circulation to treated areas. Please read this manual thoroughly before use to ensure safe and effective operation.

## IMPORTANT SAFETY INFORMATION

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- Always consult your physician before use if you have serious leg conditions.
- Do not use for more than 20 minutes at a time. The device features an automatic shut-off after 20 minutes.
- Keep the massager and power cord away from water to prevent electrical hazards.
- Always follow the instructions provided with the massager for safe and effective use.
- Ensure both air hoses are securely inserted into the controller.
- Do not wear the sleeves too tightly.

## WHAT'S IN THE BOX

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## What's in the Box?

- Leg Massager
- Handheld Controller
- Two Extensions
- Portable Bag
- Power Adapter
- User Manual



Figure 1: Contents of the CINCOM Leg Massager package.

- Leg Massager Wraps (2)
- Handheld Controller
- Extensions (2)
- Portable Bag
- Power Adapter
- User Manual (this document)

## SETUP

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### 1. Wearing the Leg Wraps

1. Place your feet into the leg wraps, ensuring they are positioned comfortably. The wraps are designed to cover your feet and calves.
2. Secure the wraps using the Velcro fasteners. Adjust them to a comfortable tightness; they should be snug but not overly tight to restrict circulation.
3. If your calves are larger, use the included extension pieces to expand the size of the wraps for a comfortable fit. Attach the extensions using the Velcro.



Figure 2: Proper application of leg wraps and use of extensions.

## 2. Connecting the Controller

1. Identify the 'R' (Right) and 'L' (Left) markings on the air hoses and the corresponding ports on the handheld controller.
2. Insert the air hoses firmly into their respective ports on the controller. Ensure a secure connection for proper air compression.
3. Connect the power adapter to the controller and then plug it into a standard electrical outlet.

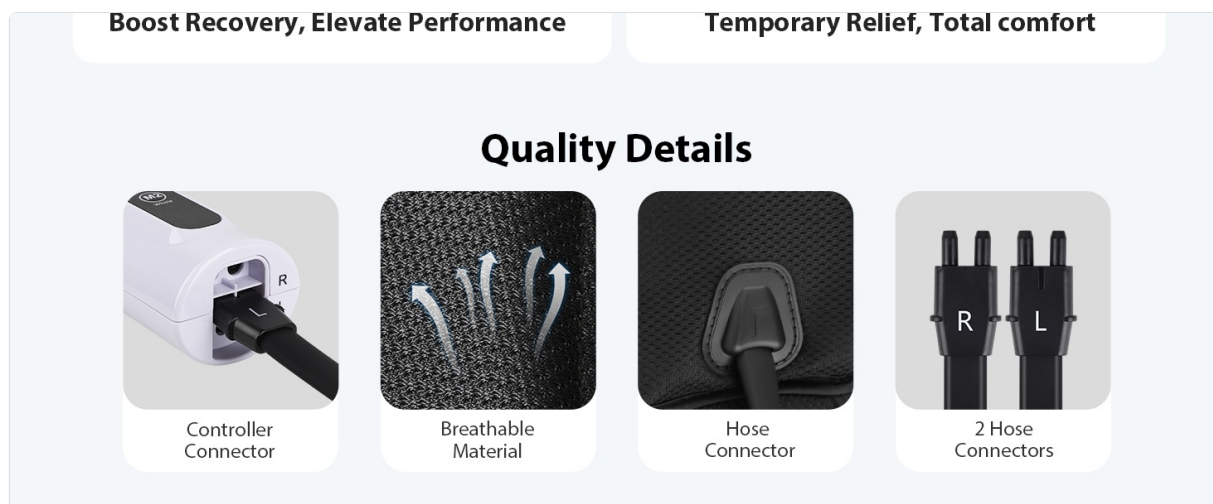


Figure 3: Connecting the air hoses and power to the controller.

### 3. Video Guide for Setup

Video 1: Demonstrates the setup and initial testing of the CINCOM Leg Massager, including how to wear the wraps and connect the controller.

## OPERATING INSTRUCTIONS

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### 1. Power On/Off

- Press the Power button on the handheld controller to turn the device on. The indicator light will illuminate.
- To turn off, press the Power button again.

### 2. Selecting Massage Modes

The massager offers two distinct massage modes:

- **Mode 1 (M1 - Sequence):** This mode provides sequential compression, where different sections of the leg wraps inflate and deflate in a specific order.
- **Mode 2 (M2 - Whole):** This mode provides whole compression, where all sections of the leg wraps inflate and deflate simultaneously.

Press the 'M1' or 'M2' button on the controller to select your desired massage mode.

### 3. Adjusting Intensity Levels

There are three intensity levels for air pressure:

- Low
- Mid
- High

Press the 'Air Pressure' button repeatedly to cycle through the intensity levels. The corresponding indicator light (L, M, or H) will show the current setting.

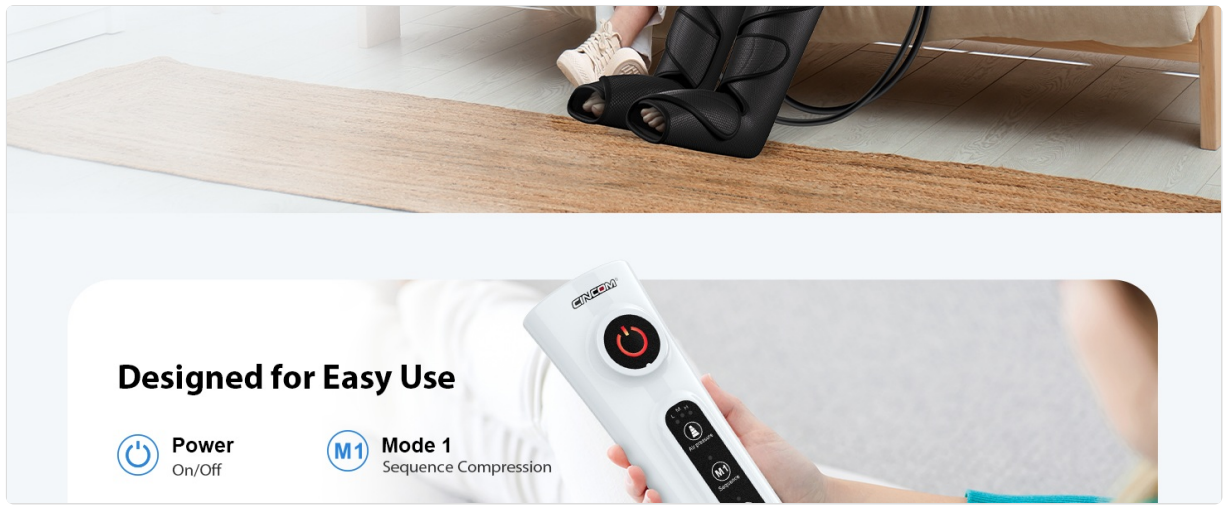


Figure 4: Handheld controller with power, air pressure, and mode controls.

#### 4. Automatic Shut-off

For safety and optimal use, the massager is equipped with a 20-minute automatic shut-off function. After 20 minutes of continuous operation, the device will power off automatically.



Figure 5: The massager features a 20-minute automatic shut-off for safe use.

## 5. Video Guide for Operation

Video 2: Demonstrates the various modes and intensity levels of the CINCOM Leg Massager.

Video 3: A short demonstration of the massager in action, showing the compression effect.

## MAINTENANCE

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### 1. Cleaning

- Before cleaning, ensure the device is unplugged from the power source.
- Wipe the leg wraps and controller with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Allow all components to air dry completely before storing or next use.

### 2. Storage

- Store the massager in its portable bag in a cool, dry place, away from direct sunlight and extreme temperatures.
- Avoid placing heavy objects on top of the device during storage.

## TROUBLESHOOTING

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Problem	Possible Cause	Solution
Device does not turn on.	Not properly plugged in; Power button not pressed.	Ensure power adapter is securely connected to the controller and outlet. Press the Power button firmly.
No air compression.	Air hoses not connected correctly; Leaks in hoses/wraps.	Check that both 'R' and 'L' hoses are fully inserted into the controller. Inspect hoses and wraps for any visible damage or leaks.
Compression feels too weak/strong.	Incorrect intensity setting; Wraps too loose/tight.	Adjust the 'Air Pressure' intensity level. Re-adjust Velcro fasteners on the wraps for a more appropriate fit.

## SPECIFICATIONS

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- **Model Number:** CM-018A
- **Brand:** CINCOM
- **Product Dimensions:** 15 x 7 x 8.6 inches
- **Item Weight:** 3.4 Pounds
- **Material:** Polyester
- **Power Source:** Corded Electric
- **Use for:** Legs (Calf and Foot)
- **Manufacturer:** Shenzhen Dongjilian Medical Tech Co., Ltd.
- **Date First Available:** March 5, 2019

## WARRANTY AND SUPPORT

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## **Limited Warranty**

Please refer to the product packaging or the official CINCOM website for detailed warranty information. Keep your purchase receipt as proof of purchase.

## **Customer Support**

For any questions, technical assistance, or warranty claims, please contact CINCOM customer support through their official website or the contact information provided on the product packaging.