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> MARATHON Adanac 3000 Digital Stopwatch Timer User Manual

MARATHON ST083000

MARATHON Adanac 3000 Digital Stopwatch Timer User Manual

Brand: MARATHON | Model: ST083000

1. INTRODUCTION

This manual provides detailed instructions for the operation and maintenance of your MARATHON Adanac 3000 Digital Stopwatch Timer. Designed for high-precision timing, this device is suitable for various applications including sports, coaching, and general timekeeping. Please read this manual thoroughly to ensure proper use and to maximize the lifespan of your stopwatch.

2. PRODUCT OVERVIEW

The Adanac 3000 Digital Stopwatch Timer is engineered for durability and accuracy. It features a clear digital display and user-friendly buttons for efficient operation.



Figure 1: Marathon Adanac 3000 Digital Stopwatch Timer in Neon Green.

Key Features:

- **Digital Stopwatch:** Displays minutes, seconds, and 1/100th seconds for precise timing.
- **High Quality Construction:** Laser-tuned for 1/100th second accuracy. The design is water, dust, and shock resistant.
- **Multiple Modes:** Includes Time-Out Mode, Split Mode, and Time/Calendar Mode.
- **User-Friendly Design:** Features a large display, soft-grip buttons, and a 46-inch lanyard for convenient carrying and access.



Figure 2: Key features of the Adanac 3000 Stopwatch.

3. SETUP

3.1 Lanyard Attachment

The stopwatch comes with a 46-inch lanyard. Attach the lanyard to the designated loop on the top of the stopwatch. The lanyard features an adjustable cord to customize its length for comfortable wear around the neck or wrist.





Figure 3: Stopwatch with attached lanyard.

3.2 Initial Time and Date Setting

Upon first use or after battery replacement, you may need to set the current time and date. Refer to the 'Time/Calendar Mode' section for detailed instructions on adjusting these settings.

4. OPERATING INSTRUCTIONS

The Adanac 3000 offers multiple timing and display modes. Use the 'MODE' button to cycle through the available functions.

DYNAMIC DISPLAY

Time/Calendar displays the hour, minute, seconds, date, day & alarm.



Figure 4: Close-up of the stopwatch display.

4.1 Basic Stopwatch Function

1. Press the **MODE** button until the stopwatch display (0:00:00) appears.
2. Press the **START/STOP** button to begin timing.
3. Press the **START/STOP** button again to pause the timer.
4. To resume timing, press **START/STOP**.
5. To reset the stopwatch to zero, ensure it is stopped, then press the **SPLIT/RESET** button.

4.2 Split Mode

Split Mode allows you to record intermediate times while the main timer continues to run in the background.

1. Start the stopwatch as described in Section 4.1.
2. To record a split time, press the **SPLIT/RESET** button. The display will momentarily show the split time while

the main timer continues.

3. Press **SPLIT/RESET** again to return to the running total time display.
4. Repeat steps 2 and 3 for additional split times.
5. To stop the main timer, press **START/STOP**.
6. To reset, press **SPLIT/RESET**.

4.3 Time/Calendar Mode

This mode displays the current hour, minute, seconds, date, day of the week, and alarm status.

1. Press the **MODE** button until the time and calendar display appears.
2. To set the time/date/alarm, press and hold the **MODE** button until the display flashes.
3. Use the **SPLIT/RESET** button to select the item to adjust (e.g., hour, minute, date).
4. Use the **START/STOP** button to change the value of the selected item.
5. Once all settings are adjusted, press the **MODE** button to exit the setting mode.

5. MAINTENANCE

- **Cleaning:** Wipe the stopwatch with a soft, damp cloth. Do not use harsh chemicals or abrasive cleaners.
- **Water Resistance:** The Adanac 3000 is water resistant. Avoid submerging it in water for extended periods or operating buttons underwater to prevent damage.
- **Storage:** Store the stopwatch in a cool, dry place when not in use.

6. TROUBLESHOOTING

6.1 Display is Faint or Blank

- This may indicate a low battery. Replace the battery if necessary.
- Ensure the stopwatch has not been exposed to extreme temperatures.

6.2 Buttons are Unresponsive

- Check for any debris or obstruction around the buttons.
- If the issue persists, a battery replacement might resolve it.

7. SPECIFICATIONS

MEASUREMENTS



3 in (7.6 cm)



3 in (7.6 cm)

Figure 5: Dimensions of the Adanac 3000 Stopwatch.

Specification	Detail
Model Number	ST083000
Brand	MARATHON
Color	Neon Green
Material	Plastic
Product Dimensions (D x W x H)	0.5" x 2.25" x 2.75"
Item Weight	68.04 Grams
Accuracy	1/100th Seconds
Resistance	Water, Dust, & Shock Resistant
Lanyard Length	46 inches
Number of Settings	3

UPC	063442900406
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8. WARRANTY AND SUPPORT

The MARATHON Adanac 3000 Digital Stopwatch Timer comes with a **2-year manufacturer's warranty**. For warranty claims or technical support, please contact MARATHON customer service. Keep your proof of purchase for warranty validation.