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eufy P1

eufy Smart Scale P1 Instruction Manual

Model: P1

Introduction What's in the Box Features Setup Operating Instructions Maintenance Troubleshooting Specifications Warranty & Support

1. Introduction

The eufy Smart Scale P1 is a wireless digital bathroom scale designed to provide comprehensive body composition analysis. It measures 14 insightful metrics to help you track your health and fitness journey effectively. This manual provides detailed instructions for setting up, operating, and maintaining your Smart Scale P1.

2. What's in the Box

- eufy Smart Scale P1
- AAA Batteries (x3)
- Quick Start Guide
- User Manual

3. Key Features

- **Holistic Health Tracking:** Measures 14 body health metrics including Weight, Body Fat, BMI, Bone Mass, Muscle Mass, and more.
- **Third-Party App Integration:** Seamlessly syncs measurements with Apple Health, Google Fit, and Fitbit for centralized data tracking.
- **Enhanced Accuracy:** Equipped with two pairs of super-sensitive G-shaped sensors, providing 10% more precise measurements compared to other sensor types.
- **Multi-User Support:** Capable of tracking health trends for up to 16 users from a single account, making it suitable for the entire family.
- **Clear LED Display:** Features a large LED display for easy readability of weight measurements.

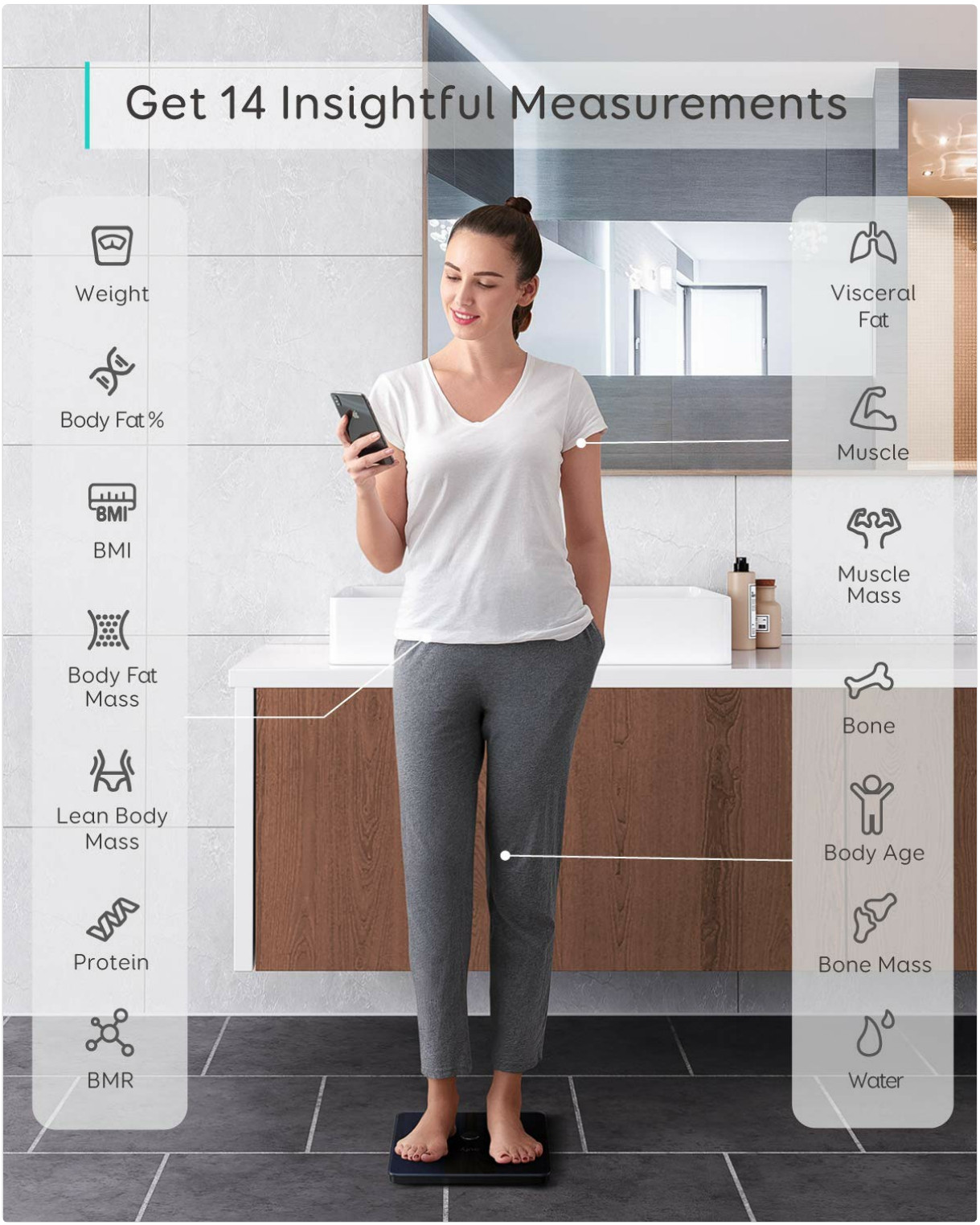

Figure 1: The eufy Smart Scale P1 tracks 14 body composition metrics, including weight, body fat percentage, BMI, visceral fat, muscle, muscle mass, bone, body age, bone mass, protein, BMR, and water percentage.

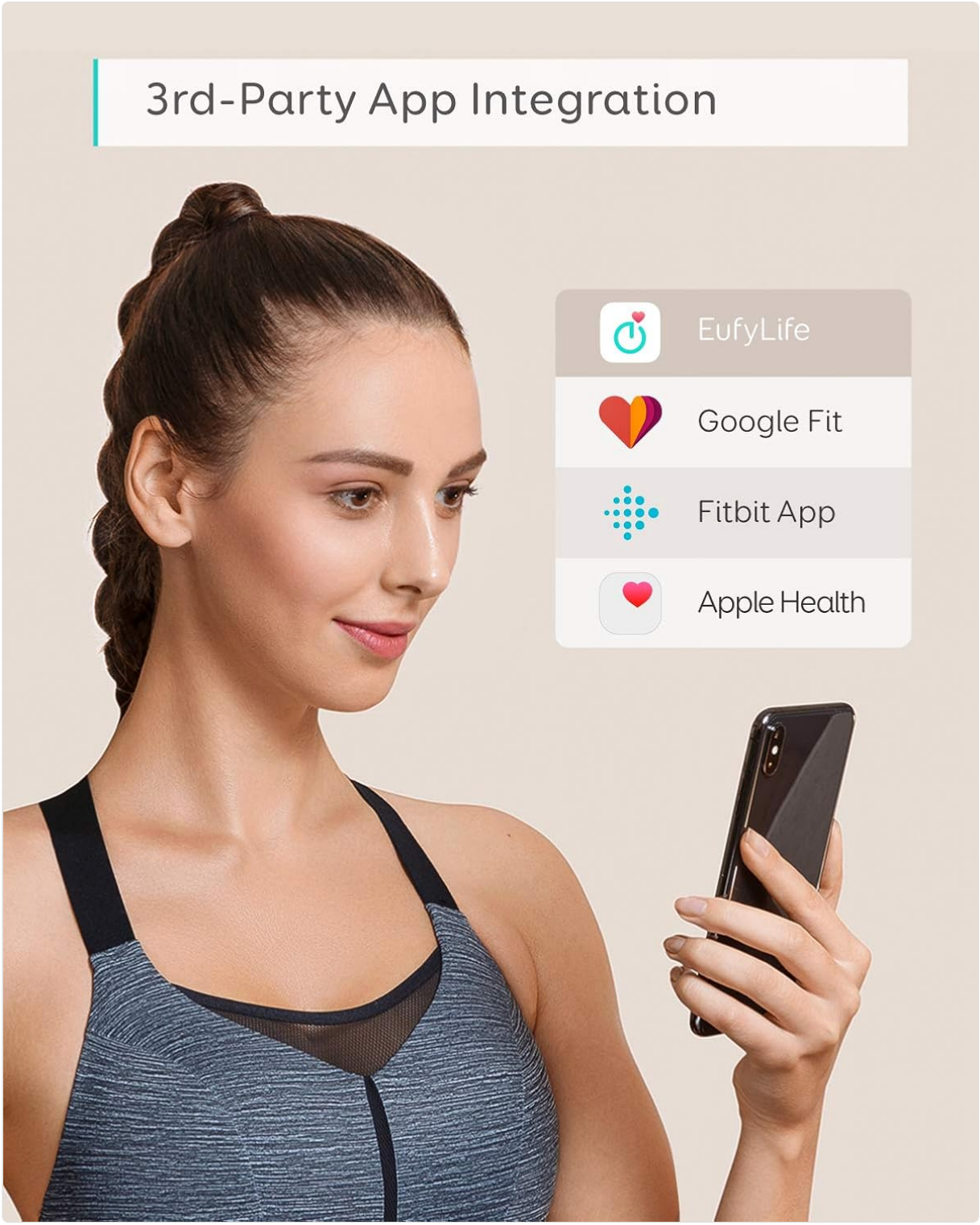

Figure 2: The eufy Smart Scale P1 integrates with popular third-party health applications such as EufyLife, Google Fit, Fitbit App, and Apple Health.

4. Setup Guide

1. **Install Batteries:** Open the battery compartment on the underside of the scale and insert the 3 AAA batteries provided, ensuring correct polarity.
2. **Place the Scale:** Position the Smart Scale P1 on a hard, flat surface. Avoid carpets or uneven flooring, as this can affect measurement accuracy.
3. **Download the EufyLife App:** Search for "EufyLife" in your device's app store (available for iOS 9.0+ and Android 4.4+). Download and install the application.
4. **Create/Log In to Account:** Open the EufyLife app and follow the on-screen instructions to create a

new account or log in if you already have one.

5. **Pair the Scale:**
    - Ensure Bluetooth is enabled on your smartphone.
    - Open the EufyLife app and select "Add Device" or follow the prompts to connect a new scale.
    - Step onto the scale briefly to activate it. The app should detect the scale and guide you through the pairing process.
6. **Set Up User Profile:** Complete your user profile in the app, including age, gender, height, and activity level, for accurate body composition analysis.

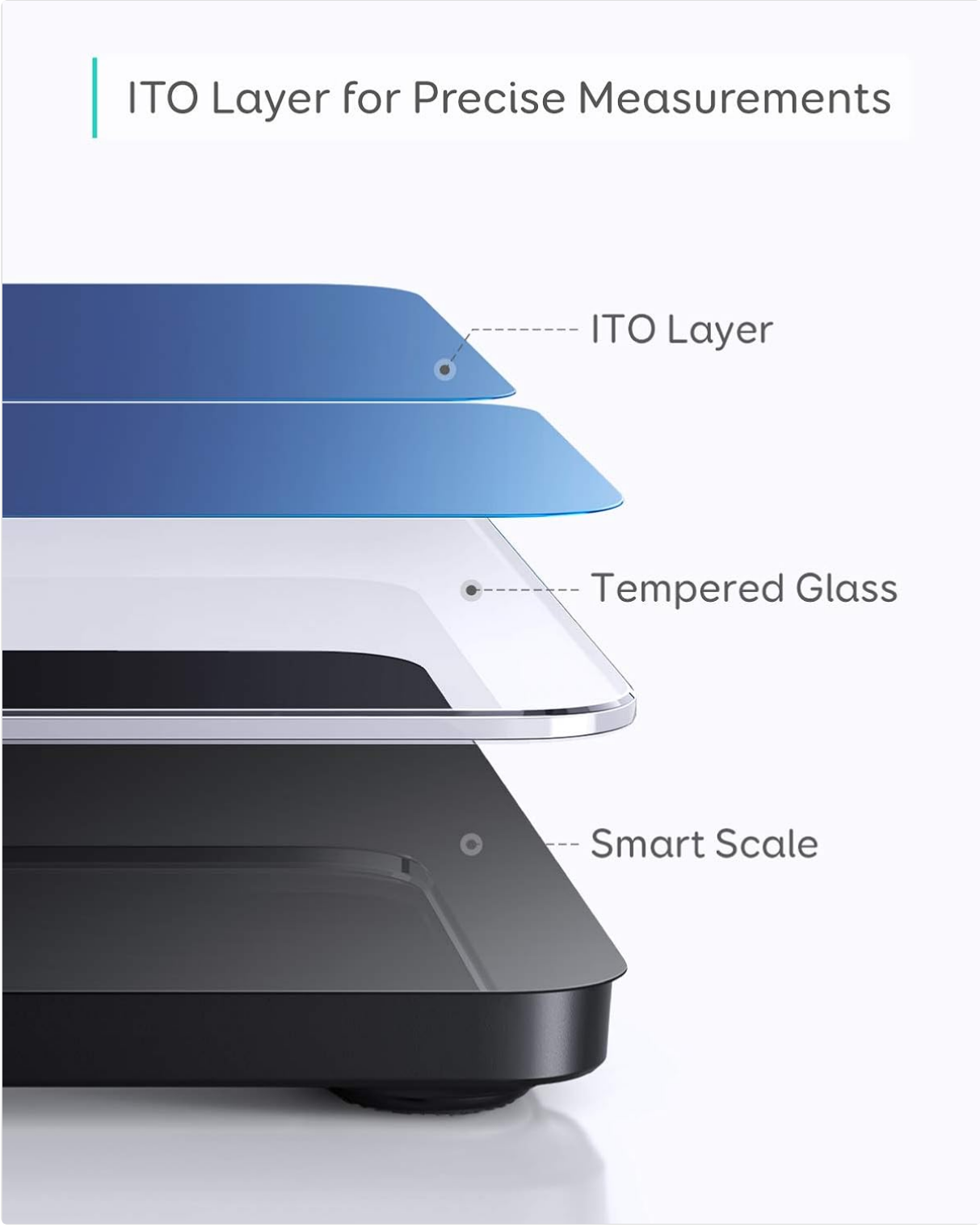

Figure 3: The eufy Smart Scale P1, a sleek digital scale with a central circular sensor and a clear display.

5. Operating Instructions

1. **Taking a Measurement:**
    - Open the EufyLife app on your smartphone.
    - Step onto the scale barefoot and stand still. Ensure your feet are placed on the metal electrodes for full body composition analysis.
    - The scale will display your weight, and the app will automatically record and display all 14 body metrics.
2. **Multi-User Tracking:** The Smart Scale P1 can automatically recognize up to 16 different users based on their weight patterns. Ensure each user has a profile set up in the EufyLife app.
3. **Viewing Data:** All recorded measurements and trends can be viewed within the EufyLife app. You can switch between daily, weekly, and monthly views to monitor your progress.
4. **Third-Party Sync:** Your data can be synced with Apple Health, Google Fit, and Fitbit through the EufyLife app settings.

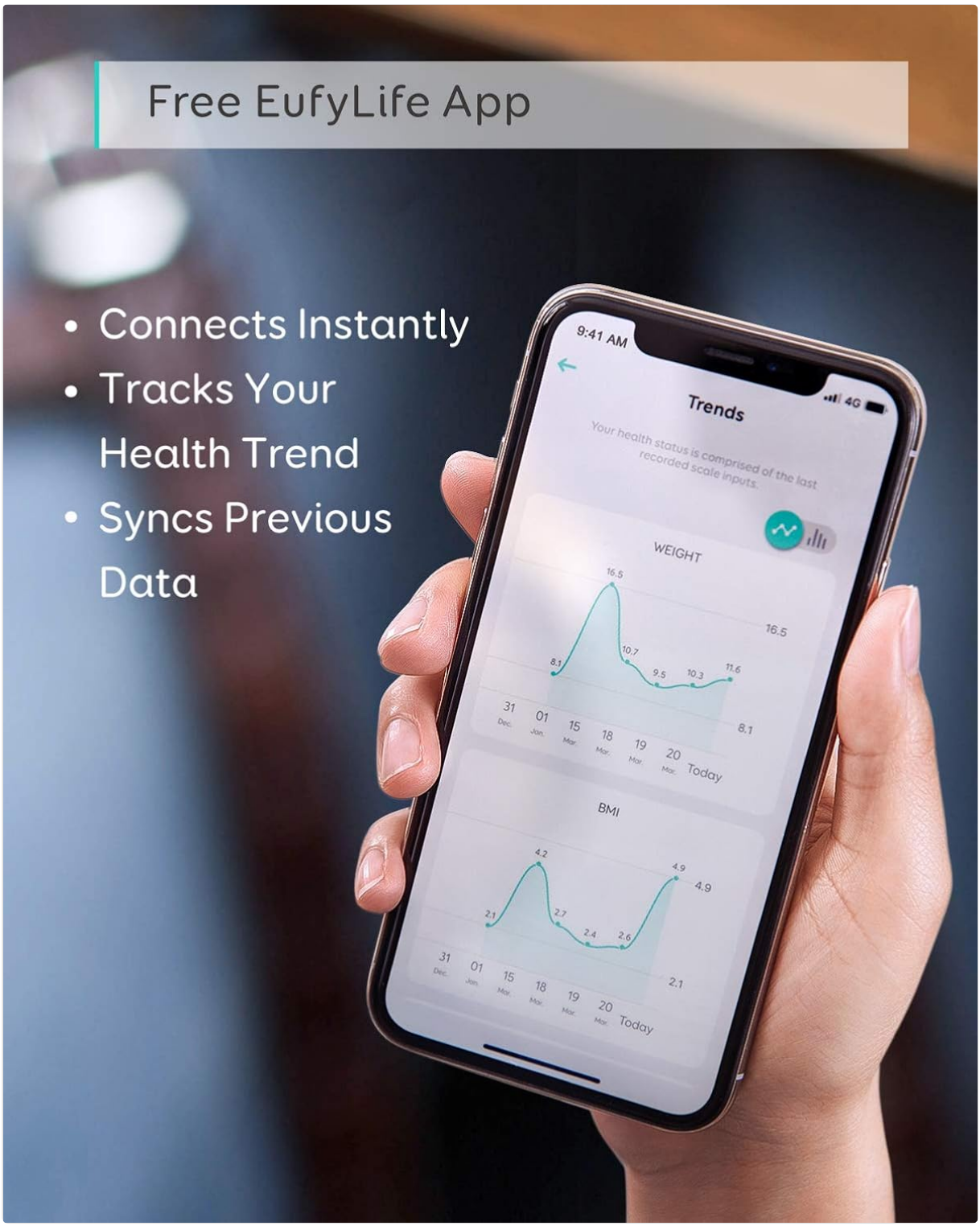

Figure 4: The EufyLife app provides instant connection, tracks health trends, and syncs previous data for comprehensive health monitoring.

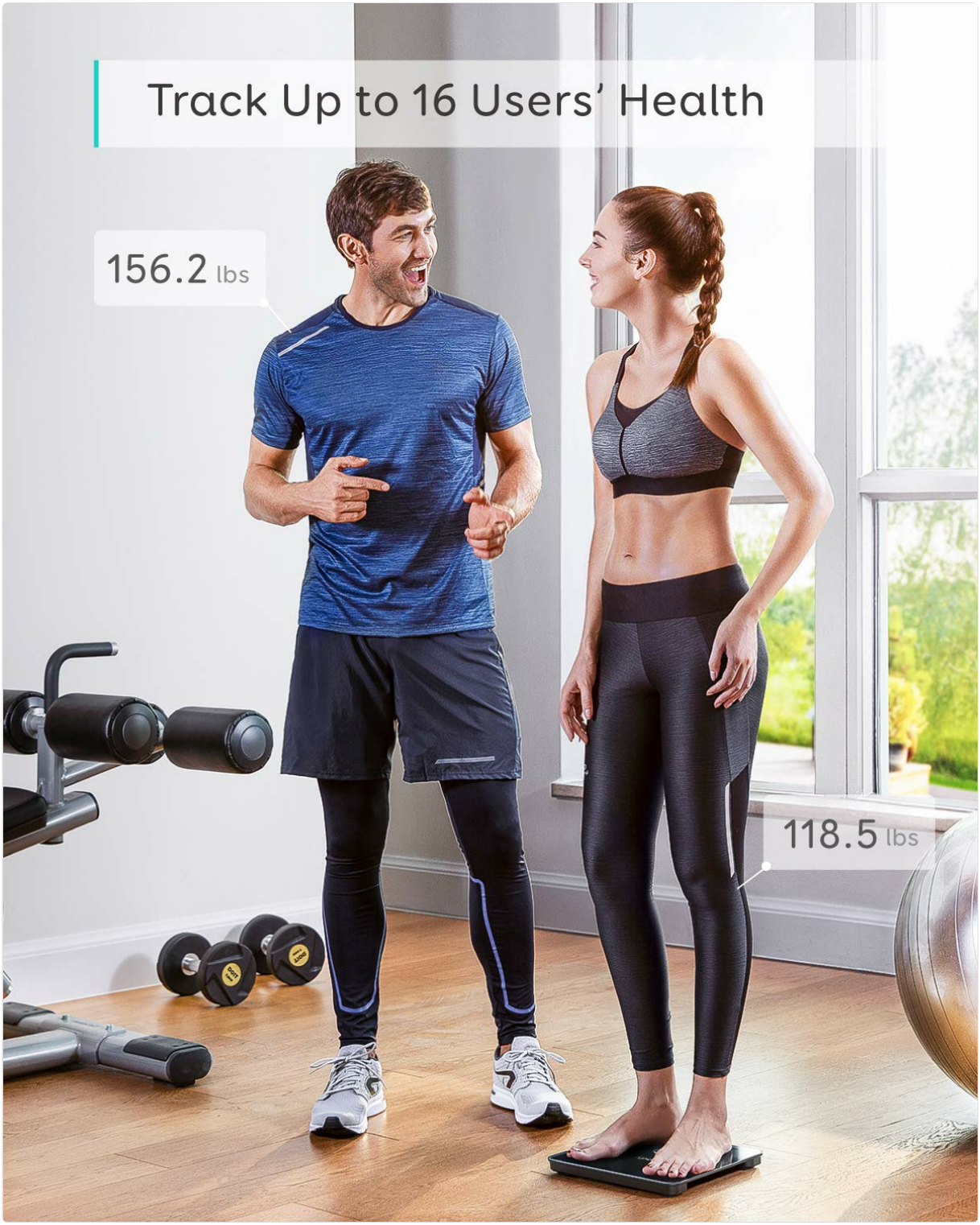

Figure 5: The eufy Smart Scale P1 supports tracking for up to 16 users, making it ideal for families to monitor their individual health trends.

6. Maintenance

- **Cleaning:** Wipe the scale's surface with a soft, damp cloth. Avoid using abrasive cleaners or harsh chemicals.
- **Storage:** Store the scale in a cool, dry place. Do not store it vertically or place heavy objects on it.
- **Battery Replacement:** Replace the AAA batteries when the low battery indicator appears on the display or in the app.
- **Surface Condition:** For optimal performance, ensure the scale's surface is clean and dry before each use.

7. Troubleshooting

7.1. Scale Not Turning On

- Check if the batteries are correctly installed and not depleted. Replace if necessary.
- Ensure the scale is placed on a hard, flat surface.

7.2. Inaccurate Measurements

- Ensure the scale is on a hard, flat surface and not on carpet.
- Step onto the scale barefoot and stand still.
- Calibrate the scale by stepping on it briefly, stepping off, and then stepping back on for your measurement.
- Ensure your user profile in the EufyLife app is accurate (age, gender, height).

7.3. App Connectivity Issues

- Ensure Bluetooth is enabled on your smartphone.
- Make sure the EufyLife app is open and running in the foreground during measurement.
- Restart your smartphone and the scale.
- Ensure the scale is within Bluetooth range of your smartphone.

8. Specifications

Brand	eufy
Model Number	P1
Color	Black
Weight Limit	400 Pounds (180 kg)
Readout Accuracy	0.1 Pounds (0.1 kg)
Display Type	LED
Material	Tempered Glass
Power Source	3 x AAA Batteries (included)
Product Dimensions	11.02 x 11.02 x 0.94 inches
Item Weight	3.31 pounds

9. Warranty & Support

The eufy Smart Scale P1 comes with a 15-month warranty from the date of purchase. For technical support, troubleshooting assistance, or warranty claims, please contact eufy customer service through their official website or the EufyLife app.
Additional resources, including a detailed user manual and FAQs, can be found on the eufy support page: www.eufylife.com/support

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