HUAWEI FTN-B19

Huawei Watch GT (FTN-B19)

User Manual

Model: FTN-B19

1. Introduction

Welcome to the user manual for your new Huawei Watch GT (FTN-B19). This smart watch is designed to enhance your daily life with advanced fitness tracking, smart notifications, and long-lasting battery performance. Featuring a vibrant AMOLED display and built-in GPS, GLONASS, and Galileo, it's your ideal companion for an active lifestyle.
Key features include:

- 1.39-inch AMOLED display for clear visuals.
- Up to 2-week battery life under typical usage.
- Integrated GPS, GLONASS, and Galileo for precise location tracking.
- Comprehensive activity tracking including running, swimming, and cycling.
- Continuous heart rate monitoring.
- Compatibility with both iOS and Android smartphones.

2. Product Overview

Familiarize yourself with the components of your Huawei Watch GT.



Figure 2.1: Front view of the Huawei Watch GT, showcasing its round AMOLED display and the combination of brown leather and black silicone strap.



Figure 2.2: Detailed front view of the watch face, highlighting the digital and analog time display, activity metrics, and the two physical buttons on the right side.



Figure 2.3: Rear view of the Huawei Watch GT, displaying the optical heart rate sensors and the magnetic charging pins. Model information and regulatory marks are also visible.

3. Setup

3.1 Initial Charging

Before first use, fully charge your Huawei Watch GT. Connect the charging cradle to a USB power adapter (not included) and place the watch onto the cradle, ensuring the magnetic pins align. The watch screen will indicate charging status.

3.2 Pairing with Your Smartphone

1. Download and install the **Huawei Health** app from your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. Open the Huawei Health app and log in or register for a Huawei ID.

3. Ensure Bluetooth is enabled on your smartphone.
4. In the Huawei Health app, navigate to 'Devices' and tap 'Add device'. Select 'Smart watches' and then 'HUAWEI Watch GT'.
5. Follow the on-screen instructions to pair your watch. Confirm the pairing request on both your phone and watch.

4. Operating

4.1 Basic Navigation

- **Touchscreen:** Swipe up, down, left, or right to navigate through menus and notifications. Tap to select.
- **Upper Button:** Press to access the app list or return to the home screen. Long press to power on/off or restart.
- **Lower Button:** Press to access workout modes. This button can often be customized for quick access to other functions.

4.2 Activity Tracking

The Huawei Watch GT automatically tracks your steps, distance, and calories burned. For specific activities:

- **Workouts:** Press the lower button to enter the workout list. Select your desired activity (e.g., Outdoor run, Indoor walk, Swimming, Cycling) and tap to start. The watch uses its built-in GPS for outdoor activities.
- **Heart Rate Monitoring:** The watch continuously monitors your heart rate. View your current heart rate on the watch face or in the Huawei Health app for detailed historical data.
- **Sleep Tracking:** Wear the watch to bed for automatic sleep monitoring. View sleep stages and quality analysis in the Huawei Health app.

4.3 Notifications

Once paired with your smartphone, the watch will display notifications for incoming calls, messages, and app alerts. You can manage which app notifications appear on your watch through the Huawei Health app settings.

5. Maintenance

5.1 Cleaning Your Watch

- Regularly wipe the watch body and strap with a soft, damp cloth.
- For the optical heart rate sensor on the back, ensure it is clean and free of debris for accurate readings.
- Avoid using harsh chemicals or abrasive materials.

5.2 Water Resistance

The Huawei Watch GT is rated for 5ATM water resistance, meaning it can withstand pressures equivalent to a depth of 50 meters. It is suitable for shallow-water activities like swimming in a pool or ocean. Do not use it for scuba diving, waterskiing, or other activities involving high-velocity water or submersion below shallow depth.

6. Troubleshooting

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cradle and a power source for at least 10 minutes.
- **Cannot pair with smartphone:**
    - Ensure Bluetooth is enabled on your phone and the watch is discoverable.
    - Restart both your watch and smartphone.

- Clear the Bluetooth cache on your phone (Android).
- Try resetting the watch to factory settings (refer to the Huawei Health app for this option).

- **Inaccurate heart rate readings:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch.
- **GPS signal issues:** Ensure you are in an open outdoor area with a clear view of the sky. Wait a few moments for the watch to acquire a signal before starting an outdoor workout.
- **Short battery life:** Reduce screen brightness, disable always-on display, limit background app refresh, and turn off continuous heart rate monitoring if not needed.

7. Specifications

Feature	Specification
Model	FTN-B19
Display	1.39-inch AMOLED, 454 x 454 pixels
Operating System	Huawei Lite OS
Compatibility	Android, iOS
Connectivity	Bluetooth
GPS	Built-in GPS, GLONASS, Galileo
Sensors	Accelerometer, Gyroscope, Magnetometer, Optical heart rate sensor, Ambient light sensor, Barometer
Water Resistance	5 ATM
Battery Type	Lithium Polymer
Dimensions (approx.)	46.5 mm (diameter) x 10.6 mm (thickness)
Weight (approx.)	46 g (without strap)

8. Warranty and Support

Your Huawei Watch GT (FTN-B19) comes with a standard manufacturer's warranty. Please refer to the warranty card included in your product packaging for specific terms and conditions, including warranty period and coverage details. For technical support, service, or further inquiries, please visit the official HUAWEI support website or contact their customer service. You can also find additional resources and FAQs on the HUAWEI Store on Amazon.

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