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› Dr. Brown's Natural Flow MilkSPA Breastmilk and Bottle Warmer User Manual

Dr. Brown's AC143

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Model: AC143

INTRODUCTION

The Dr. Brown's Natural Flow MilkSPA Breastmilk and Bottle Warmer is designed to safely and quickly warm breast milk and formula to body temperature using a gentle water bath. This method helps preserve the vital nutrients in breast milk, adhering to CDC and USDA guidelines. The device features pre-programmed settings for various starting temperatures (frozen, refrigerated, room temperature) and includes convenient auto shut-off and timer functions to prevent overheating.

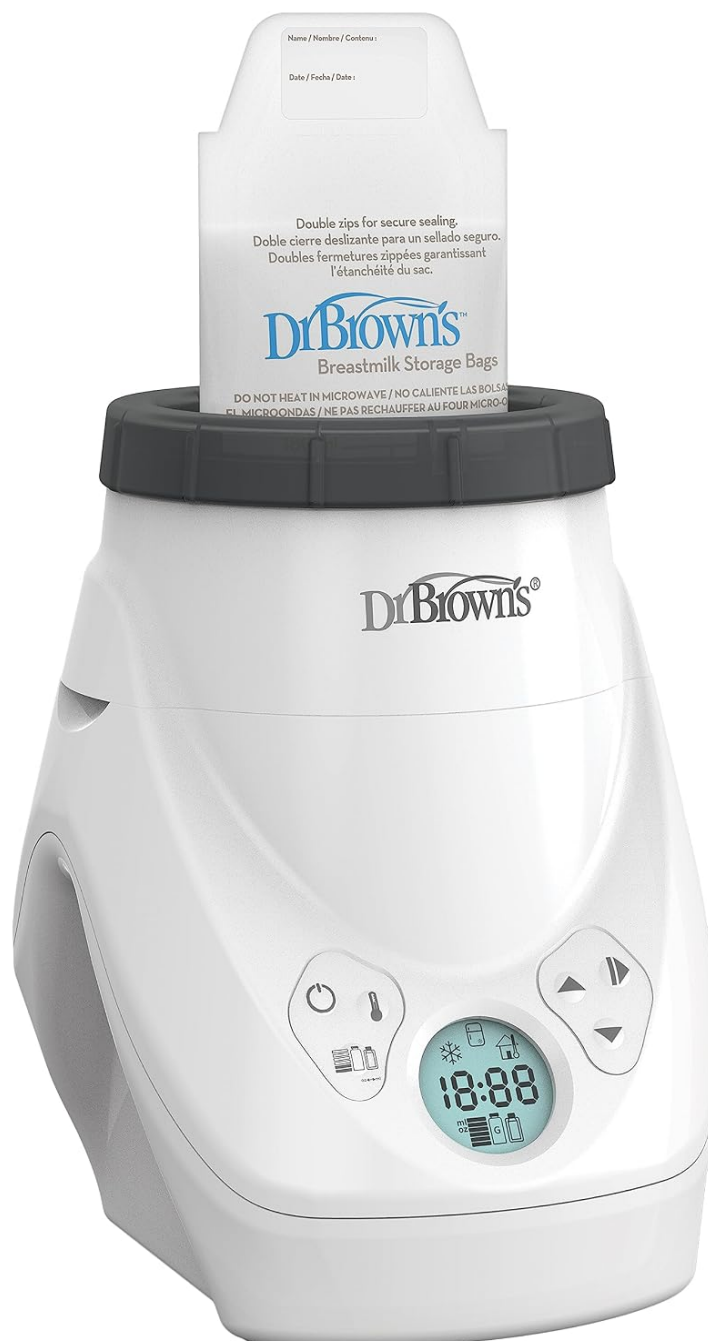


Image: Dr. Brown's MilkSPA Breastmilk and Bottle Warmer, front view with a breastmilk storage bag inserted.

IMPORTANT SAFETY INFORMATION

- Read all instructions before using the warmer.
- Do not immerse the warmer, cord, or plug in water or other liquids.
- Close supervision is necessary when the warmer is used near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- Use only attachments recommended by the manufacturer.
- Do not use outdoors.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot liquids.

- Do not use the appliance for other than intended use.
- Always ensure the water reservoir is filled to the appropriate level before operation.

WHAT'S IN THE BOX

Upon unpacking your Dr. Brown's MilkSPA Breastmilk and Bottle Warmer, please ensure all components are present:

- One (1) MilkSPA Breastmilk and Bottle Warmer unit
- One (1) Narrow Travel Cap
- One (1) Wide-Neck Travel Cap
- User Manual (this document)

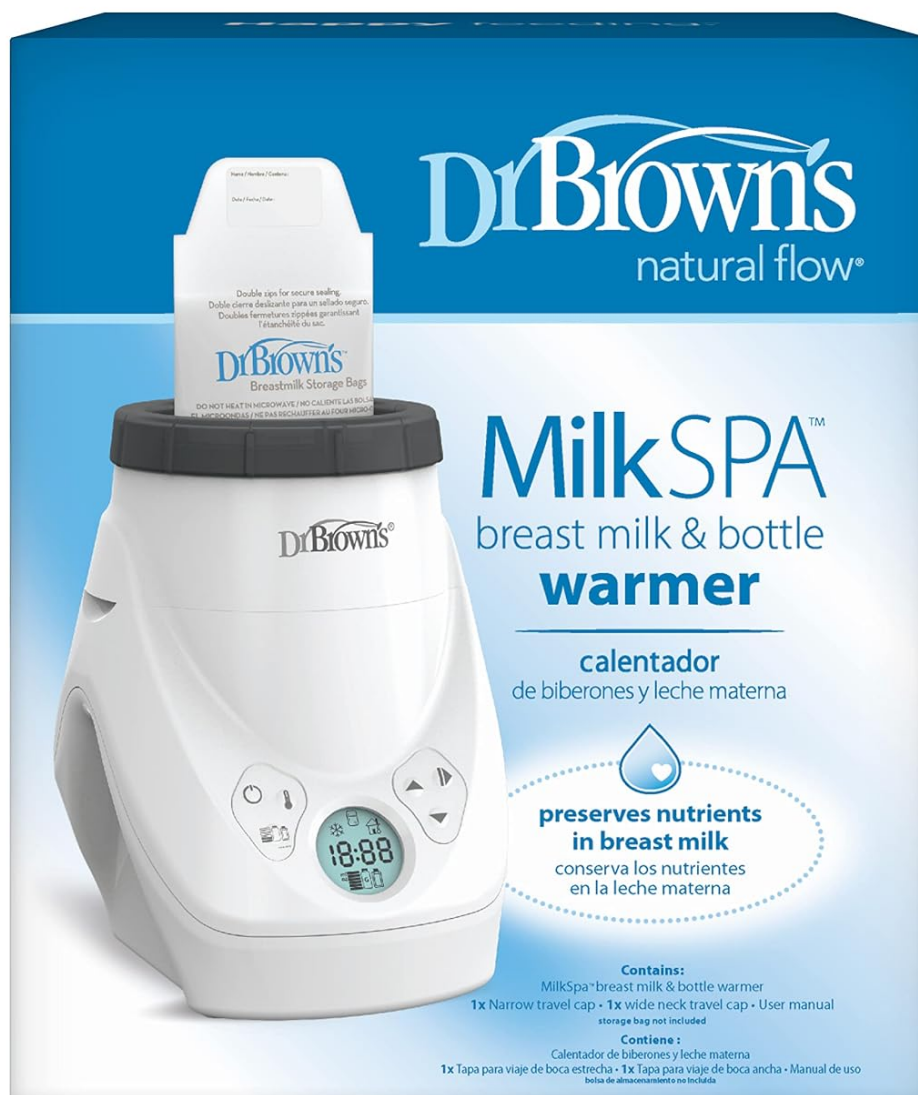


Image: The MilkSPA Breastmilk and Bottle Warmer shown in its retail packaging, indicating included accessories.

PRODUCT OVERVIEW

The MilkSPA warmer consists of a main unit with a warming chamber, a water reservoir, and a control panel. The control panel features a digital display and buttons for power, temperature settings, and time adjustments.

Components:

- **Warming Chamber:** Where the bottle or breast milk bag is placed for warming.
- **Water Reservoir:** Located at the base, this holds the water for the gentle water bath warming method.
- **Control Panel:** Features a digital display, power button, temperature/mode selection button, and up/down arrows for time/volume adjustment.
- **Travel Caps:** Included for use with Dr. Brown's bottles to ensure a secure fit during warming.

SETUP

1. **Unpack:** Remove all contents from the packaging. Retain packaging for future storage or transport.
2. **Initial Cleaning:** Before first use, wipe the exterior of the warmer with a damp cloth. Clean the warming chamber and water reservoir by filling the reservoir with clean water and running a short warming cycle without a bottle, then empty and dry.
3. **Placement:** Place the warmer on a flat, stable, heat-resistant surface, away from direct sunlight or heat sources. Ensure it is within reach of a grounded electrical outlet.
4. **Fill Water Reservoir:** Twist the base of the warmer counter-clockwise to detach the water reservoir. Fill the reservoir with distilled water up to the MAX fill line. Reattach the reservoir by aligning and twisting clockwise until secure.
5. **Connect Power:** Plug the power cord into a standard 120-volt electrical outlet.

OPERATING INSTRUCTIONS

The MilkSPA warmer uses a gentle water bath to warm contents, preserving nutrients.

Gentle water bath

safely and quickly warms contents
to body temperature



Image: Illustration showing the gentle water bath warming process, safely and quickly warming contents to body temperature.

Warming Process:

1. **Prepare Bottle/Bag:** Place the breast milk bottle, formula bottle, or breast milk storage bag into the warming chamber. Ensure the appropriate travel cap is used for bottles if needed. The warmer is designed to fit various sizes of Dr. Brown's bottles and breast milk storage bags.

Fits any size

baby bottle or
breast milk storage bag



Image: The MilkSPA warmer demonstrating its compatibility with different sizes of baby bottles and breast milk storage bags.

2. Select Settings:

- Press the power button to turn on the unit.
- Use the mode selection button (often indicated by a thermometer icon) to cycle through options for starting temperature: **Frozen**, **Refrigerated**, or **Room Temperature**.
- Use the up/down arrows to select the volume of liquid (ounces or milliliters). The warmer has over 12 pre-programmed settings to customize the warming cycle.

Choose from over 12 pre-programmed settings



Image: Close-up of the MilkSPA warmer's digital display and control buttons, showing options for frozen, refrigerated, and room temperature settings.

3. **Start Warming:** Once settings are selected, the warmer will automatically begin the cycle. The display will show the remaining warming time.
4. **Auto Shut-off and Timer:** The warmer is equipped with an auto shut-off feature and a timer to prevent overheating and ensure milk is warmed to the optimal temperature.

Set it and forget it!

Convenient
auto shut-off
and timer prevent
overheating



Image: The MilkSPA warmer with its digital display showing a timer, highlighting the auto shut-off and timer features that prevent overheating.

5. **Remove Bottle/Bag:** When the warming cycle is complete, carefully remove the bottle or bag. Always test the temperature of the milk before feeding to your baby.
6. **Preserving Nutrients:** The gentle water bath warming method is designed to preserve the delicate nutrients in breast milk, aligning with CDC and USDA guidelines for safe milk handling.



Image: A breast milk storage bag being warmed in the MilkSPA, with an overlay indicating that the process preserves nutrients in breast milk.

MAINTENANCE AND CLEANING

Regular cleaning and maintenance will ensure the longevity and optimal performance of your MilkSPA warmer.

Daily Cleaning:

- Always unplug the warmer and allow it to cool completely before cleaning.
- Empty any remaining water from the reservoir.
- Wipe the exterior of the warmer with a damp cloth. Do not use abrasive cleaners or solvents.
- Wipe the warming chamber and reservoir with a damp cloth. Ensure all surfaces are dry before next use.

Descaling (Monthly or as needed):

Mineral deposits from water can build up over time, affecting performance. Descale your warmer regularly:

1. Unplug the warmer and ensure it is cool.
2. Mix 2 oz (60ml) of white vinegar with 4 oz (120ml) of cold water.

- 3. Pour the mixture into the water reservoir.
- 4. Allow the mixture to sit in the reservoir for 20-30 minutes. Do not turn on the warmer.
- 5. Empty the vinegar solution and rinse the reservoir thoroughly with clean water several times.
- 6. Wipe down the interior and exterior with a clean, damp cloth.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Warmer does not turn on.	Not plugged in; power outlet issue; damaged cord/plug.	Ensure warmer is securely plugged into a working outlet. Check for visible damage to cord/plug.
Milk is not warm enough.	Incorrect setting selected (e.g., room temp for refrigerated milk); insufficient water in reservoir; mineral buildup.	Verify correct starting temperature and volume settings. Ensure water reservoir is filled. Perform descaling if necessary.
Milk is too hot.	Incorrect setting selected (e.g., refrigerated for room temp milk); volume setting too high for actual milk amount.	Verify correct starting temperature and volume settings. Adjust time manually if needed after initial warming. Always test milk temperature before feeding.
"Water Error" or similar message.	Low water level in reservoir; sensor obstruction; mineral buildup.	Refill water reservoir to MAX line. Clean the reservoir and warming chamber thoroughly. Perform descaling.
Takes too long to warm.	Mineral buildup; very cold starting temperature (e.g., frozen milk).	Perform descaling. Ensure appropriate setting for frozen milk is selected, which naturally takes longer.

SPECIFICATIONS

Model Number: AC143
Product Dimensions: 7.9 x 6.6 x 9.1 inches (L x W x H)



Image: Diagram illustrating the dimensions of the Dr. Brown's MilkSPA Breastmilk and Bottle Warmer.

Item Weight: 1.1 Pounds

Material Type: Plastic

Voltage: 120 Volts

Wattage: 250 Watts

Maximum Temperature: 98.6 Degrees Fahrenheit (37 Degrees Celsius)

Power Source: Corded Electric

UPC: 072239315057

Manufacturer: Dr. Brown's

WARRANTY INFORMATION

This product comes with a manufacturer's warranty. The warranty is valid in the US and Canada only. For specific details regarding warranty coverage, duration, and claims, please refer to the warranty card included with your product or visit the official Dr. Brown's website.

CUSTOMER SUPPORT

For further assistance, questions, or to report any issues with your Dr. Brown's Natural Flow MilkSPA Breastmilk and Bottle Warmer, please contact Dr. Brown's customer support. Contact information can typically be found on the product packaging or on the official Dr. Brown's website (www.drbrownsbaby.com).

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