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Snailax SL-391SU

Snailax Massage Mat with Heat (Model SL-391SU) Instruction Manual

Welcome to your new Snailax Massage Mat. This manual provides essential information for safe and effective use.

Safety Information

Keep out of reach of children. Avoid using while sleeping. Not intended for commercial use. Product should be used with caution by individuals under 12 years old.

Setup

Unboxing and Initial Inspection

Carefully remove the Snailax Massage Mat from its packaging. Inspect the mat and all components for any signs of damage. Ensure all parts listed in the package contents are present.



Image: The Snailax Massage Mat unfolded, showing the main unit and attached remote control.

Placement and Connection

1. Place the Snailax Massage Mat on a flat surface such as a bed, sofa, couch, recliner, or chair.
2. Secure the mat in place using the adjustable strap system located on the back of the mat.
3. Connect the power adapter to the mat and then plug it into a suitable electrical outlet.

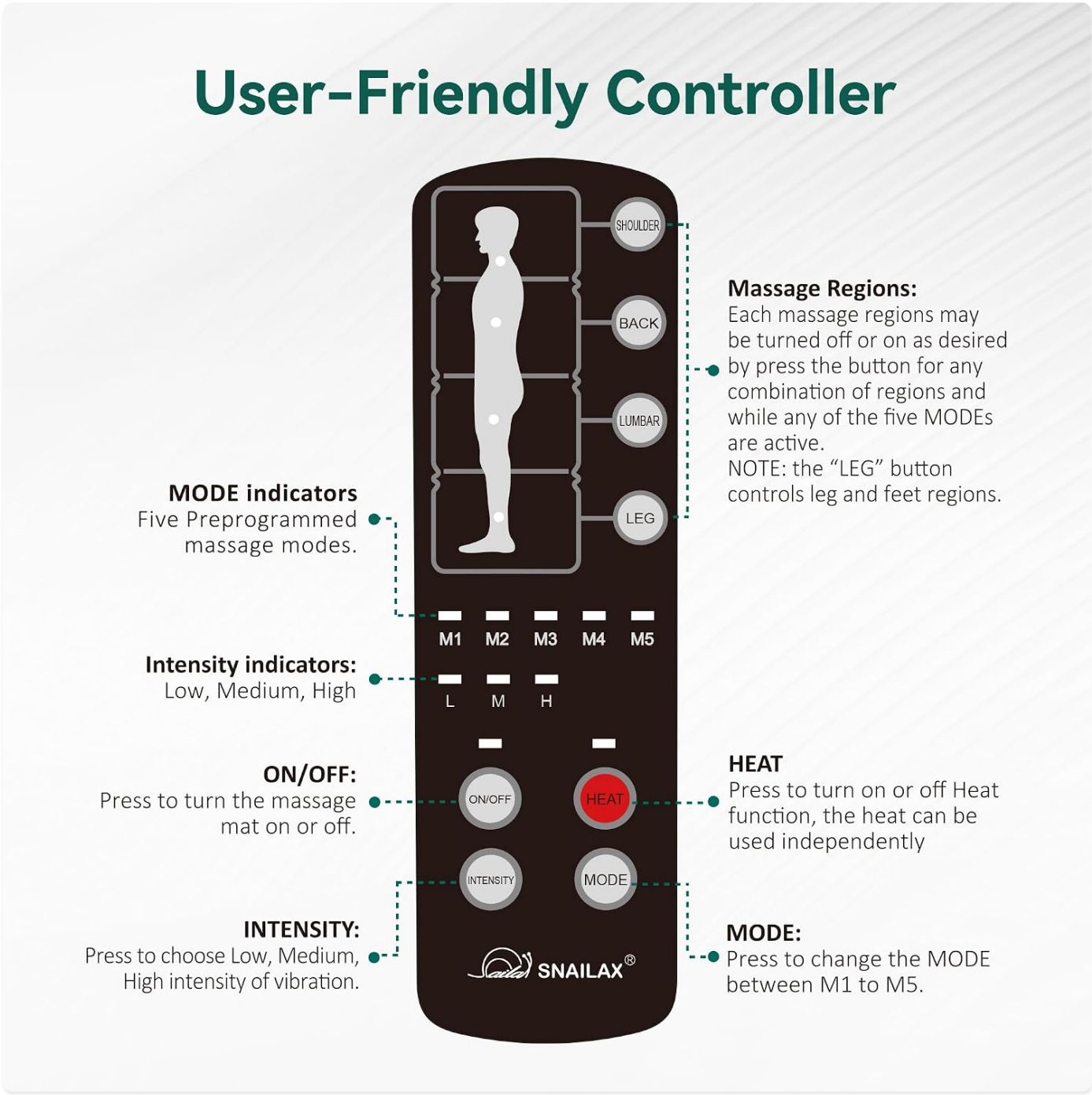


Image: The massage mat is shown being used on a sofa, a bed, and a chair, demonstrating its versatility.

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Video: A demonstration of the Snailax Massage Mat with Heat, showcasing its features and ease of use.

Operating Instructions

Remote Control Overview

The Snailax Massage Mat is operated via an attached remote control. This remote allows you to power the device on/off, select massage modes, adjust intensity, and control the heat function.



Image: A detailed diagram of the user-friendly remote control, highlighting buttons for massage regions (Shoulder, Back, Lumbar, Leg), mode indicators (M1-M5), intensity levels (L, M, H), ON/OFF, and Heat.

Power On/Off

- Press the **ON/OFF** button to turn the massage mat on or off.

Massage Modes and Intensity

- The mat offers **5 preprogrammed massage modes (M1-M5)**. Press the **MODE** button to cycle through these options.
- Adjust the vibration intensity to your preference (Low, Medium, High) using the **INTENSITY** button.

Heat Function

- The massage mat includes **2 heating pads** for the full back. Press the **HEAT** button to activate or deactivate the heat function. The heat can be used independently of the massage function.
- The heating pad features automatic shut-off and overheat protection for safe use.



Image: A woman relaxing on the massage mat, illustrating the soothing heat function with visual indicators of warmth spreading across the back.

Customizable Massage Areas

- You can choose specific massage areas: Shoulder, Back, Lumbar, and Leg. Use the dedicated buttons on the remote control to select or combine these areas.
- Note: The 'LEG' button controls both leg and feet regions.

Care and Maintenance

To ensure the longevity of your Snailax Massage Mat, follow these care instructions:

- **Cleaning:** Unplug the mat before cleaning. Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the mat in water.
- **Storage:** When not in use, fold the mat and store it in a cool, dry place. The mat is flexible and foldable for convenient storage.

- **General Care:** Avoid placing heavy objects on the mat. Do not expose the mat to direct sunlight or extreme temperatures.

Troubleshooting

If you experience any issues with your Snailax Massage Mat, please refer to the following common troubleshooting steps:

- **No Power:** Ensure the power adapter is securely plugged into both the mat and a working electrical outlet. Check if the outlet is functional by plugging in another device.
- **No Vibration/Heat:** Verify that the mat is powered on and the desired massage mode or heat function is selected on the remote control. Adjust intensity settings if necessary.
- **Unexpected Shut-off:** The mat has an automatic shut-off feature after 30 minutes of continuous use. This is a safety feature. You can restart the mat if desired.
- **Weak Vibration:** Ensure the intensity is set to Medium or High. If the issue persists, contact customer support.

Product Specifications

- **Model Number:** SL-391SU
- **Product Dimensions:** 21.65 x 16.14 x 6.69 inches
- **Item Weight:** 10.58 ounces (300 Grams)
- **Material:** Polyester
- **Power Source:** Corded Electric
- **Use For:** Whole Body
- **Manufacturer:** Snailax
- **Date First Available:** March 6, 2019



Image: Visual representation of the massage mat's dimensions, both unfolded and folded for storage.

Warranty and Support

The Snailax Massage Mat (Model SL-391SU) typically comes with a **2-year warranty**. For warranty claims, technical support, or any product-related inquiries, please contact Snailax customer service directly. Refer to the product packaging or the official Snailax website for the most current contact information.

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