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› Tagobee TB06 Smart Watch User Manual

TagoBee TB06

Tagobee TB06 Smart Watch User Manual

Model: TB06

1. INTRODUCTION

Thank you for choosing the Tagobee TB06 Smart Watch. This device is designed to help you monitor your daily activities, track your fitness, and stay connected. It features an HD touch screen, heart rate and blood pressure monitoring, sleep tracking, and notification alerts. Please read this manual carefully to ensure proper use and maintenance of your device.



Figure 1: Front view of the Tagobee TB06 Smart Watch, displaying time, date, heart rate, calories burned, and steps taken.

2. SAFETY INFORMATION

- Do not use the watch in hot water. It is designed for cold water only (IP68 waterproof rating).
- This device is not a medical instrument. The heart rate and blood pressure data are for reference only and should not be used for medical diagnosis or treatment.
- Keep the device away from extreme temperatures and direct sunlight.

- Do not attempt to disassemble or repair the device yourself. This will void the warranty.
- Ensure the charging contacts are clean and dry before charging to prevent corrosion.

3. PACKAGE CONTENTS

Please check the package for the following items:

- Tagobee TB06 Smart Watch
- Charging Cable
- User Manual

4. DEVICE OVERVIEW

The Tagobee TB06 Smart Watch features a 1.3-inch HD IPS LCD touch screen and a comfortable, breathable silicone strap. It integrates various sensors for health and fitness tracking.

Rich Feature



Heart Rate



Blood Pressure



Pedometer



Alarm



Sleeping Analysis



Dial



Message



Bluetooth



calorie



Music



Figure 2: Overview of key features including Heart Rate, Blood Pressure, Pedometer, Alarm, Sleeping Analysis, Dial, Message, Bluetooth, Calorie tracking, and Music control.

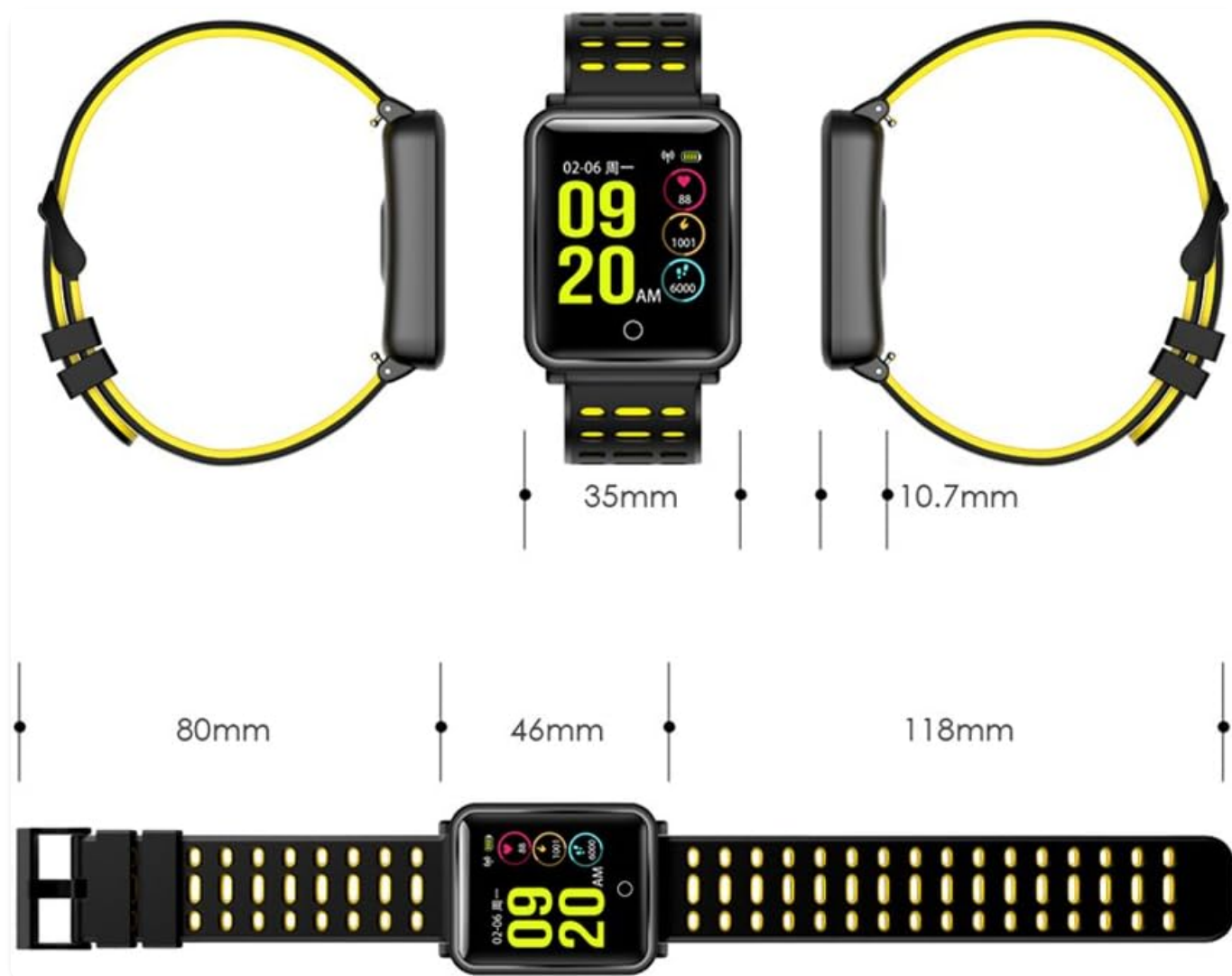


Figure 3: Detailed dimensions of the Tagobee TB06 Smart Watch, showing a width of 35mm, thickness of 10.7mm, and strap lengths of 80mm and 118mm.

5. SETUP

5.1 Charging the Device

Before first use, fully charge your Tagobee TB06 Smart Watch. Connect the charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter or computer USB port. A full charge typically takes 1-2 hours.

Large-Capacity Battery, Long Standby Time

180mAh large-capacity built-in battery matching with low-consumption chip further improves standby efficiency. Working time reaches 5-7 days and standby time reaches 25 days.



Figure 4: Illustration of the Tagobee TB06 Smart Watch's battery life, indicating up to 25 days of standby time and 5-7 days of working time on a single charge.

5.2 App Installation and Pairing

To unlock the full potential of your smart watch, you need to install the companion application on your smartphone. The watch is compatible with Android 4.4 or higher and iOS 8.0 or higher, and supports Bluetooth 4.0.

1. **Download the App:** Scan the QR code provided in the watch's packaging or search for the official Tagobee app in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open the App:** Launch the Tagobee app and follow the on-screen instructions to create an account or log in.
4. **Pair the Device:** Within the app, navigate to the device pairing section. Select "Add Device" or "Scan for Device". Your watch should appear in the list (e.g., "TB06"). Tap to connect.
5. **Confirm Pairing:** A pairing request may appear on your watch. Confirm the pairing on both your watch and smartphone.

Once paired, the watch will synchronize time and data with your phone.

6. OPERATING THE DEVICE

6.1 Basic Navigation

- **Touch Screen:** Swipe left/right or up/down to navigate through different functions and menus. Tap to select an option.
- **Wake Screen:** Raise your wrist or press the side button (if available) to wake the screen.

6.2 Key Features and Functions

The Tagobee TB06 Smart Watch offers a range of features to support your health and daily life:

- **Activity Tracking:** Monitors steps taken, distance covered, and calories burned throughout the day.
- **Heart Rate Monitoring:** Provides real-time heart rate data. For best results, ensure the watch is snug on your wrist.
- **Blood Pressure Monitoring:** Measures blood pressure. *Note: This feature is for reference only and not for medical use.*
- **Sleep Monitoring:** Tracks your sleep patterns, including deep and light sleep stages, to help you understand your sleep quality.
- **Call and Message Notifications:** Receive vibration alerts for incoming calls, SMS messages, and notifications from social media apps (e.g., QQ, WeChat, Facebook, Twitter) directly on your wrist.
- **Alarm Clock:** Set alarms through the app to wake you up or remind you of important tasks.
- **Sedentary Reminder:** Get alerts when you've been inactive for too long, encouraging you to move.
- **Remote Camera Control:** Use the watch to remotely trigger your phone's camera shutter.
- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks).



Figure 5: Demonstrations of Call Reminder, Blood Pressure Monitoring, Step Counting of Movement, and Sleep Monitoring features on the Tagobee TB06 Smart Watch.

Information Synchronization

Mobile phone keeps the interconnection with watch by Bluetooth to realize synchronous display of message, QQ, WeChat, phone calls and other information.



Figure 6: The watch synchronizes information with your mobile phone via Bluetooth, displaying messages, social media notifications (Facebook, Twitter), and phone calls.

Blood Pressure Monitoring

APP is not necessary to measure real-time blood pressure and save measured data at the same time. Always take record.



Figure 7: The watch's blood pressure monitoring feature, showing a digital reading on the watch face alongside a traditional blood pressure gauge for context. The APP is not necessary to measure real-time blood pressure and save measured data at the same time.

7. MAINTENANCE

- **Cleaning:** Wipe the watch and strap regularly with a soft, damp cloth. Do not use harsh chemicals or abrasive materials.
- **Water Exposure:** While IP68 waterproof, avoid prolonged submersion in water, especially hot water. Dry the watch thoroughly after exposure to water.
- **Charging Contacts:** Periodically clean the charging contacts on the back of the watch with a dry cloth to ensure good connection.
- **Storage:** When not in use for extended periods, store the watch in a cool, dry place. Charge it periodically to prevent deep discharge of the battery.

8. TROUBLESHOOTING

Problem	Possible Solution
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Problem	Possible Solution
Watch does not turn on.	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Cannot pair with smartphone.	◦ Ensure Bluetooth is enabled on your phone and the watch. ◦ Make sure the watch is within Bluetooth range (typically 10 meters). ◦ Restart both the watch and your smartphone. ◦ Forget the device in your phone's Bluetooth settings and try pairing again. ◦ Ensure the app is updated to the latest version.
Notifications are not received.	◦ Check if the watch is successfully paired with the app. ◦ Ensure notification permissions are granted to the app in your phone's settings. ◦ Verify that notification alerts are enabled within the Tagobee app. ◦ Keep the app running in the background on your phone.
Inaccurate health data (HR/BP).	◦ Ensure the watch is worn snugly on your wrist, about one finger's width from the wrist bone. ◦ Avoid excessive movement during measurements. ◦ Clean the sensor on the back of the watch. ◦ <i>Remember, these measurements are for reference only and not for medical purposes.</i>
Short battery life.	◦ Reduce screen brightness. ◦ Limit the number of apps sending notifications to the watch. ◦ Disable continuous heart rate monitoring if not needed. ◦ Ensure the watch is fully charged each time.

9. SPECIFICATIONS

Feature	Detail
Brand	TagoBee
Model	TB06
Dimensions	19.8 x 3.5 x 1.07 cm (7.8 x 1.38 x 0.42 inches)
Weight	140 g (4.94 oz)
Screen Size	1.3 inches
Screen Resolution	240 x 240 pixels
Operating System Compatibility	Android 4.4+ / iOS 8.0+

Feature	Detail
Connectivity	Bluetooth 4.0
Battery Capacity	180 mAh
Working Time	5-7 days
Standby Time	Up to 25 days
Waterproof Rating	IP68 (cold water only)
Key Features	Heart Rate Monitor, Blood Pressure Monitor, Sleep Monitor, Pedometer, Calorie Tracker, Notifications, Alarm, Remote Camera, Music Control. Integrated GPS (may rely on phone GPS for accuracy).

10. WARRANTY AND SUPPORT

For warranty information and technical support, please refer to the documentation included with your purchase or visit the official TagoBee website. If you encounter any issues not covered in this manual, please contact TagoBee customer service for assistance.

Please note that the accuracy of health monitoring features may vary and should not be used for medical diagnosis or treatment.