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> Homedics Shiatsu Elite II Massage Cushion MCS-845H Instruction Manual

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Homedics Shiatsu Elite II Massage Cushion MCS-845H Instruction Manual

Model: MCS-845H

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1. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using the Homedics Shiatsu Elite II Massage Cushion. Failure to follow these instructions may result in injury or damage to the product.

- Always unplug the massager when not in use or before cleaning.
- Do not use on broken skin, open wounds, or areas with inflammation, swelling, or skin eruptions.
- Keep the massager dry. Do not submerge it in water or use it in damp environments.
- Do not use while sleeping or lying down.
- Consult a doctor before use if you have a medical condition, are pregnant, have a pacemaker, or have any concerns about using massage products.
- Keep the massager out of reach of children and pets.
- Do not use the heat function if you have a fever, are sensitive to heat, or have circulatory issues.
- Never operate the appliance if it has a damaged cord or plug, if it is not working properly, or if it has been dropped or damaged.
- Do not attempt to repair the appliance yourself. All servicing must be performed by authorized HoMedics service personnel.

2. PRODUCT OVERVIEW

The Homedics Shiatsu Elite II Massage Cushion is designed to provide a personalized massage experience for your neck, shoulders, and back. It features multiple massage styles, adjustable zones, and soothing heat to help relieve muscle tension.



Image: The Homedics Shiatsu Elite II Massage Cushion shown with its retail packaging.

2.1 Package Contents

- 1 x Homedics Shiatsu Elite II Massage Cushion (MCS-845H)
- 1 x Handheld Programmed Controller
- 1 x Quick-Start Guide

3. SETUP AND INSTALLATION

3.1 Preparing for First Use

1. Carefully remove the massage cushion from its packaging.
2. Locate and remove any protective screws or ties from the back of the unit, if present. Refer to the Quick-Start Guide for specific instructions regarding protective screws. **Do not reinsert these screws after removal.**

3.2 Positioning the Massage Cushion

The massage cushion is designed to fit most chairs, including office chairs, recliners, and sofas. Ensure the chair

has a firm back to support the cushion.



Image: The massage cushion can be used on various chair types, including office chairs, recliners, and standard chairs.

1. Place the massage cushion on your chosen chair, ensuring it is centered and stable.
2. Utilize the integrated strapping system to secure the cushion to the chair. Wrap the straps around the back of the chair and fasten them securely to prevent the cushion from shifting during use.
3. Plug the power cord into a standard 110-volt electrical outlet.

4. OPERATING INSTRUCTIONS

The massage cushion is operated using the handheld programmed controller. Familiarize yourself with the controller buttons before use.



**easy,
convenient
controls**

Tailor your massage to
perfection with the
handheld remote

Image: The handheld controller allows for easy adjustment of massage settings.

4.1 Controller Functions

- **Power Button:** Turns the unit ON/OFF.
- **Demo Button:** Activates a short demonstration program showcasing various massage features.
- **Neck Massage Controls:** Adjusts the height and direction of the neck and shoulder massage nodes.
- **Back Massage Zone Buttons:** Selects massage zones for the upper back, lower back, or full back.
- **Massage Style Buttons:** Chooses between Kneading Shiatsu, Rolling, or Spot massage.
- **Width Adjustment:** For Rolling massage, adjusts the distance between the massage heads.
- **Heat Button:** Activates or deactivates the soothing heat function.

4.2 Massage Styles

The Shiatsu Elite II offers three distinct massage styles:

- **Kneading Shiatsu:** Provides a deep-tissue, circular massage motion, mimicking the hands of a masseuse.
- **Rolling:** Offers a gentle, continuous up-and-down motion along the spine. The width between the massage heads can be adjusted.

- **Spot:** Allows you to target a specific area of the back for concentrated massage.

the perfect balance

Rejuvenating warmth & gentle kneading work in harmony
to release tension & bring tranquility to your body



Image: Visual representation of the shiatsu (circular) and rolling (vertical) massage movements.

4.3 Massage Zones

You can select specific areas of your back for massage:

- **Full Back:** Massages the entire back area.
- **Upper Back:** Focuses massage on the upper back and shoulder region.
- **Lower Back:** Concentrates massage on the lumbar area.

full back relief

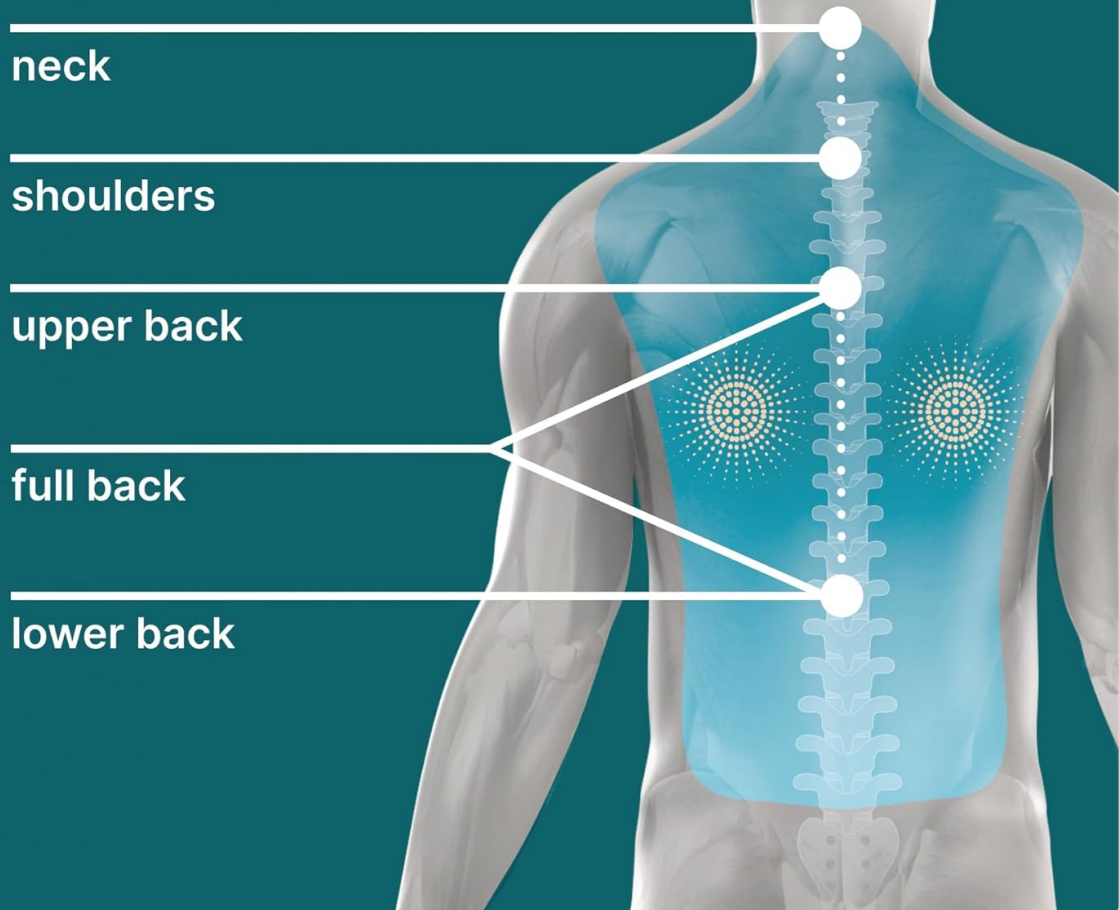


Image: Diagram illustrating the various massage zones available on the cushion.

4.4 Heat Function

The soothing heat function can be activated independently or in conjunction with any massage program. Press the 'Heat' button on the controller to turn it ON or OFF. Allow a few minutes for the heat to reach its optimal temperature.

4.5 Neck and Shoulder Adjustment

The neck and shoulder massage mechanism can be adjusted vertically to suit your height, ensuring the massage nodes target the desired area effectively. Use the dedicated neck massage controls on the remote to raise or lower the mechanism.

5. MAINTENANCE AND CARE

5.1 Cleaning

- Always unplug the unit before cleaning.
- Wipe the cushion with a soft, slightly damp cloth. Do not use abrasive cleaners, brushes, gasoline, kerosene,

glass/furniture polish, or paint thinner to clean the massager.

- Do not immerse the massager in any liquid.

5.2 Storage

- Store the massager in its box or a safe, dry, cool place.
- Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface.
- Do not wrap the power cord around the unit.

6. TROUBLESHOOTING

If you experience issues with your Homedics Shiatsu Elite II Massage Cushion, refer to the following common solutions:

Problem	Possible Cause	Solution
Unit does not turn on.	Power cord not securely plugged in.	Ensure the power cord is firmly plugged into an electrical outlet.
	No power to the outlet.	Check the outlet with another appliance or test the circuit breaker.
Massage feels too intense.	Direct contact with massage nodes.	Place a towel or blanket between your back and the massager to reduce intensity. Adjust your seating position.
Heat function is not working.	Heat not activated or insufficient time.	Ensure the 'Heat' button is pressed. Allow 5-10 minutes for the heat to fully develop.
Neck massage is not at the correct height.	Neck massage height needs adjustment.	Use the neck height adjustment buttons on the controller to reposition the neck massage nodes.

If the problem persists after attempting these solutions, please contact customer support.

7. SPECIFICATIONS

- **Model Number:** MCS-845H
- **Product Dimensions:** 30 x 7.75 x 19.63 inches
- **Item Weight:** 1 Pound
- **Power Source:** Corded Electric
- **Voltage:** 110 volts
- **Material:** Leather (referring to leatherette accents)
- **Use For:** Back, Neck, Shoulder

8. WARRANTY AND CUSTOMER SUPPORT

8.1 Limited Warranty

The Homedics Shiatsu Elite II Massage Cushion comes with a **2-Year Limited Warranty**. This warranty covers defects in materials and workmanship under normal use. Please refer to the Quick-Start Guide or contact Homedics customer support for full warranty details and terms.

8.2 Customer Support

For technical assistance, warranty claims, or general inquiries, please visit the official Homedics website or contact their customer service department. Contact information can typically be found in the Quick-Start Guide or on the Homedics website.
