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> Nutricost HMB Powder (Beta-Hydroxy Beta-Methylbutyrate) 250 Grams User Manual

## Nutricost NTC224109

# Nutricost HMB Powder (Beta-Hydroxy Beta-Methylbutyrate) 250 Grams User Manual

Model: NTC224109

## INTRODUCTION

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This manual provides essential information for the safe and effective use of Nutricost HMB Powder. Please read all instructions carefully before use and retain this manual for future reference.



# HMB

## β-HYDROXY β-METHYLBUTYRATE

**1,000MG**

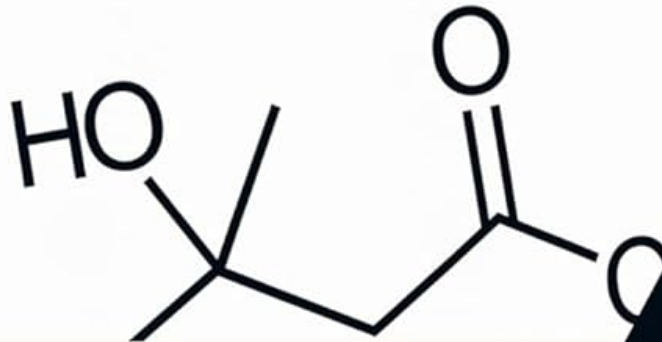
CALCIUM HMB  
PER SERVING

**250**

SERVINGS

**250G**

PER CONTAINER



**UNFLAVORED**

NET WT. 8.9 OZ (250 G)  
DIETARY SUPPLEMENT



*Image: Front view of the Nutricost HMB Powder container.*

## SAFETY INFORMATION

For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing. Some side effects may include bloating and nausea. Discontinue use if you experience unwanted side effects. Store in a cool, dry place. Contents are sold by weight, not volume. Some settling may occur.

## INGREDIENTS

The Nutricost HMB Powder contains the following ingredients:

- Calcium
- HMB (Beta-Hydroxy Beta-Methylbutyrate)

# Supplement Facts

Serving Size: 1 Scoop (1g)  
Servings Per Container: 250

Amount Per Serving		% DV
Calcium	140mg	10%
Calcium $\beta$ -hydroxy $\beta$ -methylbutyrate monohydrate	1,000mg	*

\* Daily Value (DV) not established.

Other ingredients: None.

**1,000MG**  
CALCIUM HMB  
PER SERVING

**250**  
SERVINGS

**250G**  
PER CONTAINER

*Image: Supplement Facts panel detailing ingredients and nutritional information.*

## OPERATING INSTRUCTIONS

### Preparation and Dosage

As a dietary supplement, mix 1 scoop with 8-12 ounces of water, or as directed by your physician. A 1000mg scoop is included within the container. Locate the scoop before first use.



**SUGGESTED USE:**

As a dietary supplement, mix 1 scoop daily with 6-10 oz of water or as directed by your healthcare professional.

- **THIRD PARTY TESTED<sup>†</sup>**
- **NON-GMO<sup>†</sup>**
- **GLUTEN-FREE<sup>†</sup>**

**WARNING:** For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

**NOTICE:** Store in a cool, dry place. Contents are sold by weight, not volume. Some settling may occur.

**PACKAGED AND QUALITY TESTED IN THE USA  
WITH GLOBALLY SOURCED INGREDIENTS.**

Manufactured for: **nutricost**  
351 E 1750 N, Vineyard, UT 84059  
(866) 438-3694 | support@nutricost.com

**nutricost.com**

403057  
NTC:05.25



Image: Back label of the product container with suggested use and warnings.

Store the product in a cool, dry place. Ensure the safety seal is intact before first use and keep the container tightly closed after each use to maintain product quality.

**Note:** Contents are sold by weight, not volume. Some settling may occur during shipping and handling.

## TROUBLESHOOTING

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- **Bloating or Nausea:** If you experience bloating, nausea, or any other unwanted side effects, discontinue use immediately and consult a healthcare professional.
- **Scoop Location:** The included scoop may be buried within the powder. Use a long spoon or utensil to locate it if not immediately visible upon opening.
- **Mixing Issues:** If the powder does not dissolve well, ensure adequate stirring or shaking in a shaker cup.

## PRODUCT SPECIFICATIONS

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Feature	Detail
Brand	Nutricost
Model Number	NTC224109
Item Form	Powder
Flavor	Unflavored
Unit Count	8.8185 Ounce (250 Grams)
Servings Per Container	250
HMB Per Serving	1000mg
Diet Type	Gluten Free
Special Ingredients	Amino Acid
Manufacturer	Nutricost
Date First Available	December 19, 2018

# nutricost<sup>®</sup> QUALITY



*Image: Nutricost Quality seals indicating product standards.*

## LEGAL DISCLAIMER

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## SUPPORT AND CONTACT INFORMATION

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For further assistance or inquiries, please contact Nutricost directly:

**Website:** [nutricost.com](http://nutricost.com)

**Email:** [support@nutricost.com](mailto:support@nutricost.com)

**Phone:** (866) 438-3694



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