

FLEXISPOT EF1B

FLEXISPOT EF1B Electric Height Adjustable Standing Desk (Legs Only, Black) Instruction Manual

Model: EF1B

1. PRODUCT OVERVIEW

The FLEXISPOT EF1B Electric Height Adjustable Standing Desk offers a versatile and ergonomic solution for your workspace. This model includes the desk legs only, allowing you to pair it with your preferred tabletop. It features a smooth electric lifting mechanism and a memory function for convenient height adjustments, promoting a healthier work posture by allowing you to switch between sitting and standing throughout the day.

Key Features:

- Electric height adjustment for seamless transitions.
- Memory function to save preferred sitting and standing heights.
- Ergonomic design to support a healthier work environment.
- Robust SPCC steel frame for stability and durability.

2. SPECIFICATIONS

Specification	Detail
Brand	FLEXISPOT
Model	EF1B
Color	Black (Legs Only)
Lifting Range	71-121 cm (excluding tabletop thickness)

Specification	Detail
Lifting Speed	25mm/s
Load Capacity	70 kg
Input Voltage	100-240V
Noise Level	Below 50dB
Base Material	Metal (SPCC Steel)
Design Feature	Ergonomic, Height Adjustable

Note: The height specifications refer to the leg frame only. The overall desk height will vary depending on the thickness of your chosen tabletop.

仕様

動作:	耐荷重:	昇降範囲:
50dB以下	70kg	69.5-112cm

フレームの幅を調整すれば色々な天板に適応できます。

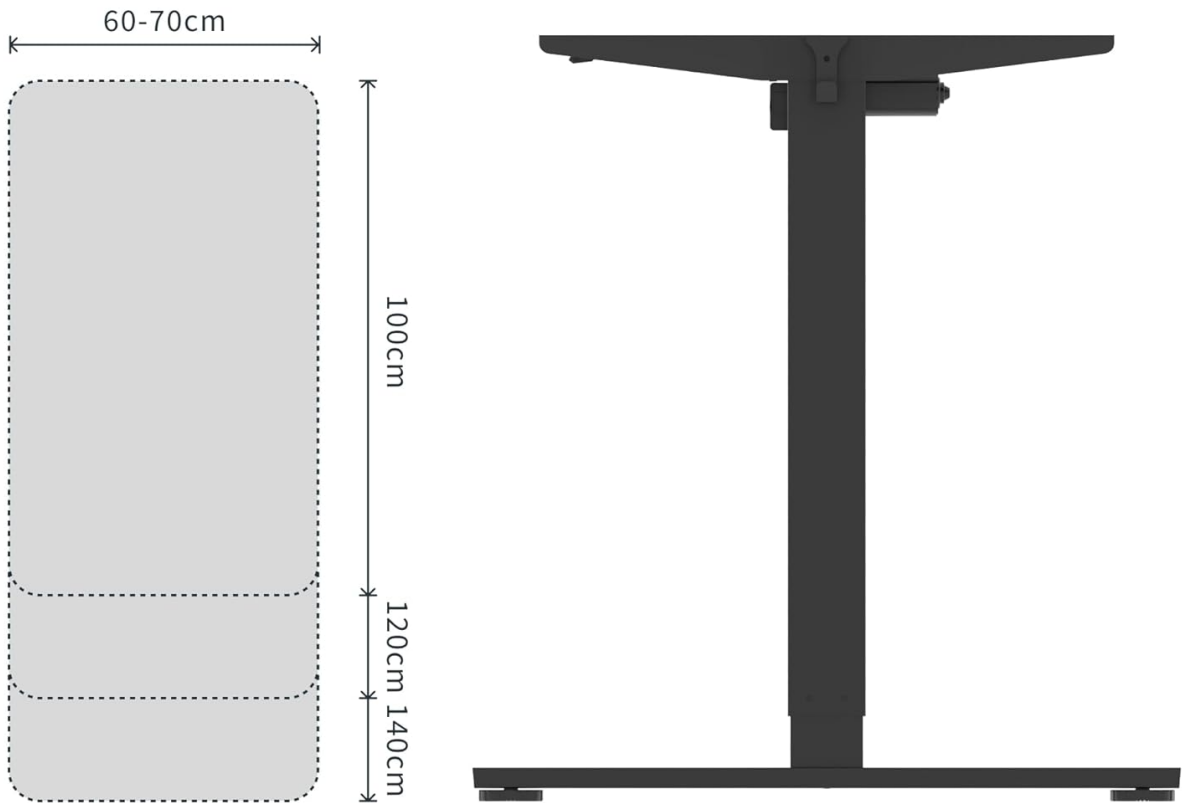


Image: Detailed specifications including lifting range, load capacity, and noise level.

3. SETUP AND ASSEMBLY

This section provides step-by-step instructions for assembling your FLEXISPOT EF1B desk frame. Please ensure all parts are present before beginning assembly.

3.1 Assembly Video Guide

Your browser does not support the video tag. Please refer to the assembly video on YouTube [FLEXISPOT EF1B Assembly Guide](#)

Video: Detailed assembly instructions for the FLEXISPOT EF1B desk frame.

3.2 Step-by-Step Assembly

1. **Attach the Desk Legs:** Secure the leg components using the provided screws and tools. Ensure they are firmly attached to the main frame.


組立ご注意！

ポイント1

支柱の高低差

組立前、左右支柱に高低差があるかどうかをご確認ください。

高低差がある場合



モーター付く脚部はリモコンで高さを調節致します。

モーターついてない脚部であれば、プロペラシャフトを支柱に差し込んで高さを調節致します。

緩む

挿し込む

※工場出荷時、支柱昇降機能をテストする必要がありますので、脚部の高さが異なる場合があります。

Image: Illustration showing the attachment of the desk legs and checking for height differences.

2. **Install the Beam:** Connect the central beam to the leg assemblies. Extend the beam to the desired width for your tabletop and tighten the screws.
3. **Mount the Control Box and Handset:** Attach the control box and handset to the underside of your tabletop. For optimal stability, an electric drill is recommended for creating pilot holes if your tabletop does not have pre-drilled holes. Note that the controller is typically located on the left side of the desk.

組立ご注意！

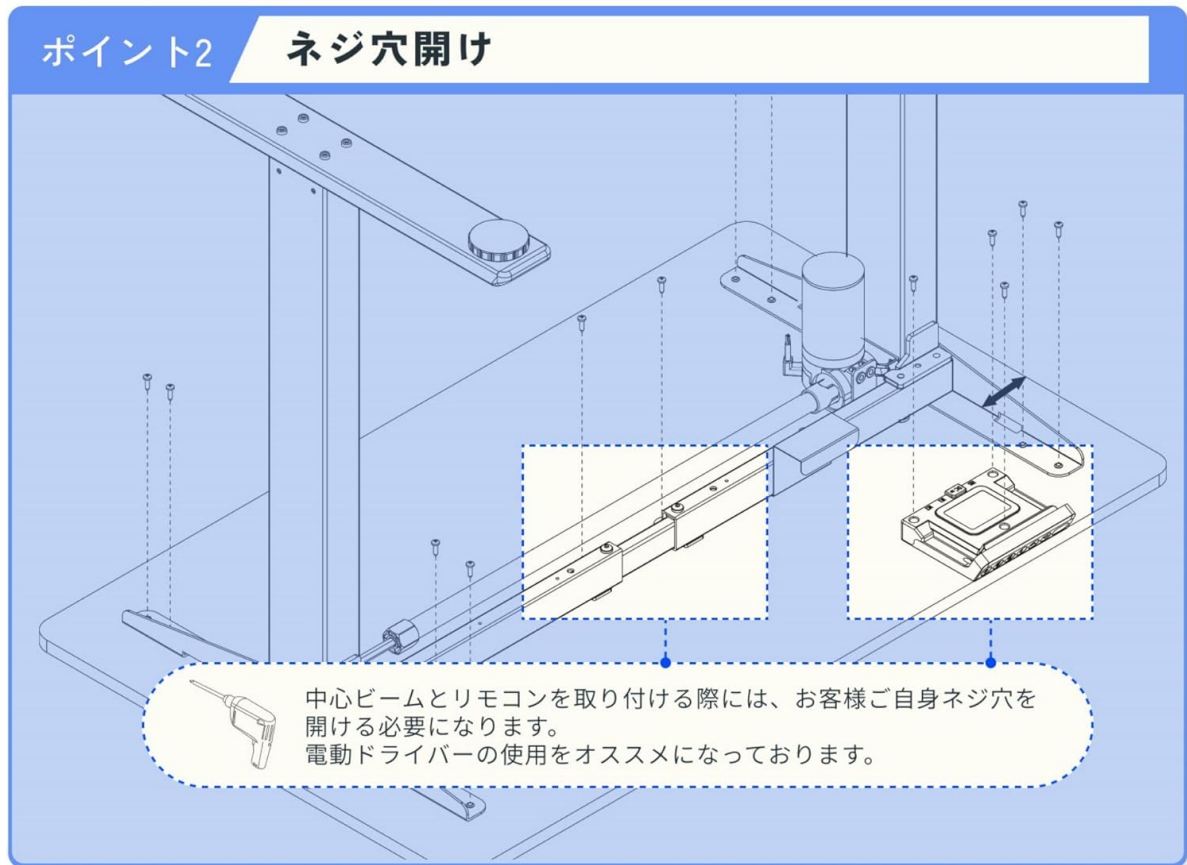


Image: Illustration showing the attachment of the central beam and the control panel to the tabletop.

4. **Connect Cables:** Plug all necessary cables into the control box and motor. Use the provided cable ties to manage and secure the cables neatly to the underside of the tabletop.
5. **Attach Tabletop (if purchased separately):** If you are using a FLEXISPOT tabletop, some screw holes on the leg plates are designed for alignment. Use these as a guide for positioning your tabletop.

4. OPERATING INSTRUCTIONS

The FLEXISPOT EF1B desk is designed for easy and intuitive operation.

4.1 Basic Height Adjustment

- To raise the desk, press and hold the **Up Arrow** button on the control panel.
- To lower the desk, press and hold the **Down Arrow** button on the control panel.
- Release the button when the desk reaches your desired height.

4.2 Memory Presets

The desk features a memory function to store up to four preferred height settings.

1. Adjust the desk to your desired height using the Up/Down arrow buttons.
2. Press the **M** button (or similar memory set button) once. The display will show 'S-'.
3. Immediately press one of the numbered preset buttons (**1**, **2**, **3**, or **4**). The current height is now saved to that preset.

4. To recall a saved height, simply press the corresponding numbered preset button **1, 2, 3, or 4**. The desk will automatically move to the memorized height.

4.3 Anti-Collision Feature

The desk is equipped with an anti-collision system. If the desk encounters an obstacle during height adjustment, it will automatically stop and reverse slightly to prevent damage.

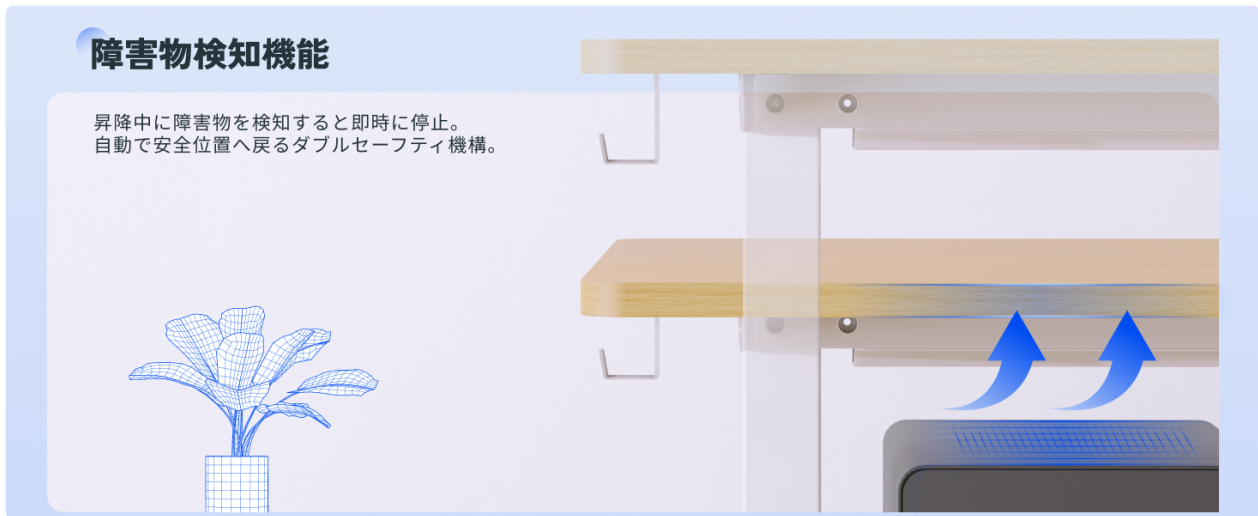


Image: Visual representation of the anti-collision function, showing the desk stopping and reversing upon detecting an obstacle.

Your browser does not support the video tag.

Video: Demonstration of the desk's smooth height adjustment and memory function.

5. MAINTENANCE

To ensure the longevity and optimal performance of your FLEXISPOT EF1B desk, follow these maintenance guidelines:

- **Regular Cleaning:** Wipe down the desk frame with a soft, damp cloth. Avoid abrasive cleaners or solvents that could damage the finish.
- **Check Connections:** Periodically inspect all electrical connections and screws to ensure they are secure. Tighten any loose screws.
- **Avoid Overloading:** Do not exceed the maximum load capacity of 70 kg to prevent damage to the motor and frame.
- **Cable Management:** Keep cables organized and secured to prevent them from getting caught in the moving parts of the desk.

6. TROUBLESHOOTING

If you encounter any issues with your FLEXISPOT EF1B desk, refer to the following common troubleshooting steps:

- **Desk Not Moving:** Check if all power cables are securely connected. Ensure the power outlet is functioning.
- **Uneven Movement:** If the desk moves unevenly, check that all leg components are properly installed

and tightened. Perform a reset if necessary (refer to the full manual or contact support for specific reset procedures).

- **Error Codes:** If the control panel displays an error code, consult the full product manual or contact customer support for assistance.
- **Unusual Noises:** While the desk operates quietly (below 50dB), any new or loud noises should be investigated. Ensure no objects are obstructing the lifting mechanism.

7. WARRANTY AND SUPPORT

FLEXISPOT provides a comprehensive **5-year manufacturer's warranty** for this product. This warranty covers unlimited support responses during the warranty period, ensuring peace of mind.

For any inquiries, technical assistance, or warranty claims, please contact FLEXISPOT customer support. A dedicated call center is available to provide better after-sales service, with support available in Japanese.

Contact Information: Please refer to the official FLEXISPOT website or your purchase documentation for the most up-to-date contact details.



Image: Visual representation of FLEXISPOT's 5-year warranty and support system.