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› Mizuno Women's TC-02 Athletic Shoe User Manual

Mizuno TC-02

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Model: TC-02

INTRODUCTION

The Mizuno Women's TC-02 Athletic Shoe is engineered to enhance balance and body awareness during training. Featuring Mizuno's proprietary C.O.B technology, this shoe is designed to provide improved feedback from your feet, contributing to better athletic performance. Its construction prioritizes stability and comfort, making it suitable for various training activities.

PRODUCT OVERVIEW

The TC-02 features a durable 100% synthetic construction with a 2-layered upper mesh for breathability and support. The sole is made of rubber, providing traction, while the interior boasts a comfortable booty construction for a soft fit.



Image 1: Side view of the Mizuno Women's TC-02 Athletic Shoe in black-grey, showcasing its mesh upper and sole design.

C.O.B Technology: This innovative feature incorporates patented sensor pod clusters to maximize feedback from the ground to your feet, aiming to improve balance and overall athletic performance.

SETUP AND WEARING INSTRUCTIONS

- Lacing:** Ensure laces are securely tied to provide a snug, yet comfortable fit. Adjust tension evenly across the foot.
- Fit:** The shoe's booty construction is designed for a soft, comfortable fit. Your toes should have room to move, but your heel should not slip.
- Initial Wear:** Wear the shoes for short periods initially to allow them to conform to your foot shape before engaging in intensive training.

OPERATING AND INTENDED USE

The Mizuno TC-02 Athletic Shoe is specifically designed for **exercise, training, and athletic activities**. Its construction supports dynamic movements and provides a stable platform for various workouts.

- Recommended Activities:** Cross-training, gym workouts, agility drills, and other indoor athletic pursuits.
- Balance Enhancement:** Utilize the C.O.B technology by focusing on the ground feedback during exercises to improve balance and body control.
- Limitations:** This shoe is *not water resistant* and is primarily intended for indoor or dry outdoor conditions. It is a low-top design.



Video 1: An official product video demonstrating the Mizuno Women's TC-02 Athletic Shoe from various angles, highlighting its design and features for training.

MAINTENANCE AND CARE

Proper care will extend the life of your Mizuno TC-02 Athletic Shoes:

- **Cleaning:** Gently wipe the mesh upper with a damp cloth and mild soap. For the rubber sole, a brush can be used to remove dirt. Avoid harsh chemicals.
- **Drying:** Allow shoes to air dry naturally at room temperature. Do not use direct heat sources like radiators or dryers, as this can damage materials.
- **Storage:** Store shoes in a cool, dry place away from direct sunlight when not in use.

TROUBLESHOOTING

If you encounter issues with your TC-02 Athletic Shoes, consider the following:

- **Discomfort or Poor Fit:** Ensure you have selected the correct size. Footwear fit can vary, and an incorrect size can lead to discomfort. Refer to Mizuno's size guide if available.
- **Lack of Expected Support:** While designed for training, individual support needs vary. If additional arch support is required, consider consulting a podiatrist for suitable inserts, keeping in mind the shoe's built-in insole cannot be removed.
- **Slippage:** The rubber sole is designed for grip on typical training surfaces. If slippage occurs on specific surfaces, assess the environment and ensure the sole is clean and free of debris.

SPECIFICATIONS

Feature	Detail
Brand	Mizuno
Model Name	TC-02
Color	Black-grey
Material	100% Synthetic (Blend)
Outer Material	Mesh
Sole Material	Rubber
Lining Description	Fabric
Closure Type	Lace-Up
Sport Type	Exercise, Training, Athletic
Item Weight	10 Ounces
Heel Type	No Heel
Toe Style	Closed Toe, Round Toe
Water Resistance Level	Not Water Resistant
Shoe Height Map	Low Top

WARRANTY AND SUPPORT

For detailed warranty information, product registration, or further support, please visit the official Mizuno website. Keep your purchase receipt as proof of purchase.

Online Resources: www.mizunousa.com

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question