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AUVON AS8012

AUVON Dual Channel TENS Unit Muscle Stimulator (Family Pack)

Model: AS8012

Introduction

The AUVON Dual Channel TENS Unit is a versatile and effective device designed to provide pain relief and muscle stimulation. Utilizing Transcutaneous Electrical Nerve Stimulation (TENS) technology, it helps to stimulate sensory nerves and muscles, activating the body's natural pain gate mechanism. This manual provides essential information for safe and effective use of your new TENS unit.

Important Safety Information

Please read the following points carefully before using this product. Consult your physician or qualified health care provider regarding your condition and appropriate medical treatment.

- Do not use this product if you have an implanted defibrillator, cardiac pacemaker, or any other implanted metallic or electronic device.
- Do not use this product if you have heart rhythm problems, epilepsy, brain diseases, or neurological disorders.
- Do not use this product if you have undiagnosed chronic pain.
- Do not use this product if you are pregnant or in labor.
- Do not use this product if you have cancer.
- Do not use this product if you are sensitive to electrotherapy.
- Do not use this product excessively.
- Do not use this product above the neck, especially on the head or neck area.
- Do not use this product if you are under 22 years of age.

Individual symptoms, situations, circumstances, and results may vary. The information provided is not intended to be used for medical diagnosis or treatment or as a substitute for professional medical advice.

Package Contents

Your AUVON Dual Channel TENS Unit package includes:

- 1 x Dual Channel TENS Machine
- 16 x Square 2" Electrode Pads
- 8 x Rectangle 2"x4" Pads

- 2 x Lead Wires
- 1 x USB cable
- 1 x Adapter
- 1 x User Manual
- 1 x Pad Holder
- 1 x Belt Clip
- 1 x Pouch

Product Overview

The AUVON TENS unit is a compact and user-friendly device designed for effective pain relief. It features a clear display and intuitive controls for easy operation.



Figure 1: AUVON Dual Channel TENS Unit and included accessories.

The device features independent A/B channels, allowing you to apply different modes and intensities to two separate areas simultaneously. The large, easy-to-read screen displays mode, intensity, and remaining time.



Figure 2: Medical-grade electrode pads with 2mm pin connector and layered construction for optimal conductivity.

Setup

Follow these steps to set up your AUVON TENS Unit:

1. Take out the TENS unit pads from their sealed packaging.
2. Connect a pair of electrode pads to one lead wire by inserting the pin connectors firmly into the pad's receptacles.
3. Connect the lead wire to either the A or B port at the bottom of your TENS device.
4. Ensure the skin where you will place the electrodes is clean and dry.
5. Carefully peel the protective film from the electrode pads and place them firmly on the desired massage area.

▶ **Watch video online**
Auvon Health Care Products

Video 1: General overview of AUVON Health Care Products, including setup and usage demonstrations.

Operating Instructions

Operating your AUVON TENS Unit is straightforward:

1. Turn on the device using the power switch located at the top. The screen will illuminate.
2. Select your desired channel (A or B) using the corresponding button on the front panel. The selected channel will blink.
3. Press the 'M' button to cycle through the 20 available massage modes. Each mode offers a unique sensation.
4. Use the '+' and '-' buttons to increase or decrease the intensity level (20 levels available) for the selected channel. Adjust until you feel a comfortable, strong sensation without muscle tightening or discomfort.
5. Press the 'T' button to select the desired treatment time. Options typically range from 10 to 60 minutes. The device has an auto shut-off feature after the set time.
6. To lock or unlock the screen, press and hold the center button for 3 seconds.



Figure 3: The built-in rechargeable lithium battery supports 20 hours of continuous use and can be charged via USB cable.

Pad Placement Guidelines

Proper pad placement is crucial for effective and comfortable treatment. The included electrode pads come in two sizes for different body areas:

- **16pcs 2"x2" TENS electrodes:** Recommended for more compact pain areas like the knees or elbows.
- **8pcs 2"x4" reusable patches:** Perfect for larger areas such as the back for TENS pain relief.

Refer to the user manual for detailed diagrams on specific body part placements. Generally, place pads on clean, dry skin over or around the painful area, ensuring they do not overlap.



Figure 4: Examples of common areas for TENS unit application, including shoulders, arms, ankles, neck, elbows, and back.

Maintenance

To ensure the longevity of your AUVON TENS Unit and electrode pads:

- After each use, place the electrode pads back onto the provided pad holder to maintain their self-stick performance. The pads can provide excellent self-stick performance for up to 45 uses.
- Store the device and accessories in the provided pouch when not in use to protect them from dust and damage.
- Keep the unit clean by wiping it with a soft, dry cloth. Avoid using harsh chemicals or abrasive cleaners.

Troubleshooting

If you experience discomfort or muscle tightening during use, the intensity level may be set too high. Reduce the intensity using the '-' button until the sensation is comfortable. Ensure pads are properly adhered to clean, dry skin. If issues persist, consult the user manual or contact customer support.

Specifications

Feature	Detail
Model Number	AS8012
Product Dimensions	1.97 x 0.79 x 2.76 inches
Item Weight	15.52 ounces
Batteries	1 Lithium Ion batteries required (included)
Manufacturer	AUVON

Warranty & Support

AUVON stands behind its products. Your TENS unit comes with 24-month Worry-free Services and Lifetime Technical Support. For any questions or assistance, please refer to your User Manual or contact AUVON customer service directly.

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Details

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