

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

› [NOERDEN](#) /

› [NOERDEN LIFE2 Hybrid Smartwatch User Manual](#)

NOERDEN LIFE2 (Model: 6970754370572)

NOERDEN LIFE2 Hybrid Smartwatch User Manual

Model: LIFE2 (6970754370572)

INTRODUCTION

Welcome to the user manual for your NOERDEN LIFE2 Hybrid Smartwatch. This manual provides detailed instructions on how to set up, operate, maintain, and troubleshoot your device. The NOERDEN LIFE2 combines the classic elegance of an analog watch with smart features, allowing you to track your activity, monitor sleep, receive notifications, and control music, all while enjoying a long battery life.



Figure 1: Front view of the NOERDEN LIFE2 Hybrid Smartwatch.

PRODUCT OVERVIEW

The NOERDEN LIFE2 is designed for users seeking a blend of traditional watch aesthetics and modern smart functionalities. Key components include:

- **Watch Case:** Durable stainless steel, 38x13 mm.
- **Watch Glass:** Mineral glass for enhanced durability.
- **Strap:** Interchangeable 20 mm silicone strap, suitable for wrists 140-210 mm.

- **Movement:** Ronda movement with mechanical hands.
- **Crown/Button:** Used for various functions and interactions.



Figure 2: Angled view of the NOERDEN LIFE2 Hybrid Smartwatch, showing the crown.

SETUP

1. Unboxing and Initial Inspection

Upon receiving your NOERDEN LIFE2, carefully open the packaging and ensure all components are present. The package typically includes the smartwatch, a quick start guide, and a tool for battery replacement.



Figure 3: Contents of the NOERDEN LIFE2 package, including the watch, quick start guide, and battery tool.

2. App Installation

To unlock the full potential of your NOERDEN LIFE2, you need to install the official NOERDEN app on your smartphone.

1. Search for "NOERDEN" in your smartphone's app store (compatible with Android and iOS).
2. Download and install the official NOERDEN app.
3. Open the app and follow the on-screen instructions to create an account or log in.

3. Pairing Your Smartwatch

Ensure your smartphone's Bluetooth is enabled before proceeding.

1. Open the NOERDEN app.
2. Navigate to the "Devices" or "Add Device" section.
3. Select "NOERDEN LIFE2" from the list of available devices.
4. The app will guide you through the pairing process. You may need to press the watch's crown/button to activate pairing mode.
5. Once paired, the watch will automatically synchronize time and settings with your phone.

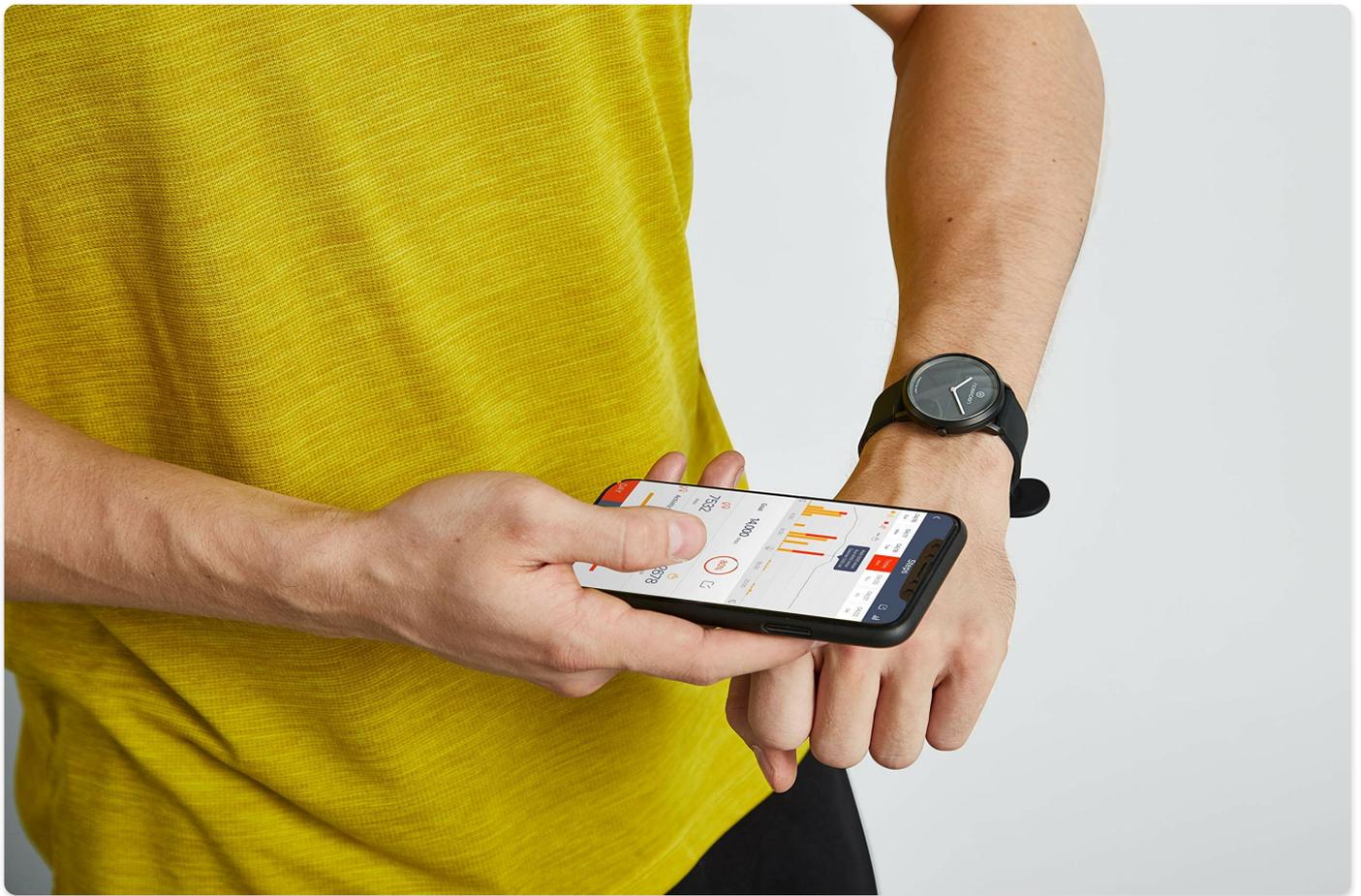


Figure 4: User interacting with the NOERDEN LIFE2 and its companion smartphone application.

OPERATING YOUR SMARTWATCH

Activity Tracking

Your NOERDEN LIFE2 automatically tracks your daily activity, including steps, distance, and calories burned. It also features automatic run detection.

- **Steps, Distance, Calories:** Data is continuously collected throughout the day.
- **Automatic Run Detection:** The watch can automatically identify when you start running.
- **Data Sync:** Open the NOERDEN app to synchronize your activity data and view detailed statistics, trends, and history.

Sleep Analysis

Wear your watch to bed to monitor your sleep patterns. The watch analyzes light and deep sleep cycles, duration, and awakenings.

- **Sleep Stages:** Understand your sleep quality by reviewing light and deep sleep periods.
- **Awakenings:** Track interruptions during your sleep.
- **Sleep Score:** The app provides insights into your overall sleep health.

Notifications and Alerts

Receive discreet alerts for incoming calls, messages, and app notifications directly on your wrist.

- **Vibration Alerts:** The watch vibrates to notify you of incoming alerts.
- **Call Rejection:** You can reject incoming calls directly from the watch.

- **Customization:** Configure which app notifications you wish to receive through the NOERDEN app.

Music Control

Control music playback on your connected smartphone directly from your watch.

- **Play/Pause:** Start or stop music playback.
- **Skip Tracks:** Move to the next or previous song.
- **Volume Control:** Adjust the volume (functionality may vary by phone OS).

Additional Features

- **Camera Remote:** Use your watch as a remote shutter for your smartphone camera.
- **Find My Smartphone:** Trigger an alarm on your phone to locate it.
- **Silent Alarm:** Set vibrating alarms that only you will notice.
- **Automatic Time Update:** The watch automatically updates its time when connected to your smartphone.
- **Personal Profile & Goal Tracking:** Set personal fitness goals and track your progress within the app.
- **Data Sharing:** Share your activity data via email, SMS, and social networks.
- **Sync with Apple & WeChat Sport:** Integrate your data with other fitness platforms.
- **Power Saving Mode:** Extend battery life by activating power-saving features in the app.
- **Bluetooth Deactivation:** Manually deactivate Bluetooth from the app to conserve power.

MAINTENANCE

Cleaning Your Smartwatch

Regular cleaning helps maintain the appearance and functionality of your watch.

- Wipe the watch case and strap with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials.
- Ensure the watch is dry before wearing it again.

Battery Replacement

The NOERDEN LIFE2 uses a standard CR2 battery, offering 6 months to 1 year of battery life depending on usage.

1. Using the provided tool, carefully open the back cover of the watch.
2. Remove the old CR2 battery.
3. Insert a new CR2 battery, ensuring correct polarity.
4. Securely close the back cover.
5. After battery replacement, re-sync the watch with the app to ensure correct time and data synchronization.

Water Resistance

The NOERDEN LIFE2 is 5ATM waterproof, meaning it is suitable for everyday use, including showering and swimming in shallow water.

- Do not press any buttons while the watch is submerged.
- Avoid exposing the watch to hot water, steam, or sudden temperature changes.
- Not suitable for diving or high-pressure water activities.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch not connecting to app.	Bluetooth off, app not running, watch out of range, low watch battery.	Ensure Bluetooth is on. Restart app. Move watch closer to phone. Check and replace watch battery if needed.
Activity data not syncing.	App not open, watch not connected, data backlog.	Open the NOERDEN app regularly to sync data. Ensure a stable Bluetooth connection.
Time is incorrect.	Watch not synced, battery recently replaced.	Connect the watch to the app; time will automatically update.
Notifications not received.	App notification settings, phone's notification settings, Bluetooth connection.	Check notification settings in the NOERDEN app and your phone's system settings. Ensure watch is connected.

SPECIFICATIONS

Feature	Detail
Brand	NOERDEN
Model Name	LIFE2
Model Number	6970754370572
ASIN	B07KSWQ7XL
Color	Black
Case Dimensions	38mm diameter, 13mm thickness
Screen Size	38 Millimeters (watch face diameter)
Glass Type	Mineral Glass
Strap Material	Silicone (interchangeable 20mm)
Wrist Size Compatibility	140-210 mm
Movement	Ronda, Mechanical Hands
Battery Type	CR2 (1 required)
Battery Life	6 months to 1 year
Water Resistance	5 ATM
Connectivity	Bluetooth 4.0
Operating System Compatibility	Android, iOS

Feature	Detail
Special Features	Activity Tracking (steps, distance, calories), Automatic Run Detection, Sleep Analysis (light/deep, duration, awakenings), Alerts (calls, notifications), Call Rejection, Camera Remote, Find My Smartphone, Silent Alarm, Music Control, Automatic Time Update, Personal Profile & Goal Tracking, Data Sharing, Apple & WeChat Sport Sync, Power Saving Mode, Bluetooth Deactivation.
GPS	Integrated GPS

WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the official NOERDEN website or contact their customer service directly. Keep your proof of purchase for warranty claims.

For the most up-to-date information, software updates, and frequently asked questions, visit the NOERDEN support page.

