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Fila 38-826-004

User Manual

Fila Unisex Adult Digital Quartz Watch

Model: **FILA38-826-004** | Brand: **Fila**

Introduction

This manual provides comprehensive instructions for the operation, setup, and maintenance of your Fila Unisex Adult Digital Quartz Watch, model FILA38-826-004. Please read this manual carefully to ensure proper use and longevity of your timepiece.

Product Overview

The Fila FILA38-826-004 is a robust digital quartz watch designed for unisex adult use, featuring a durable PU strap and a clear digital display. It includes various functions such as time display, date, and stopwatch capabilities.



Figure 1: Front view of the Fila digital watch, showing the digital display with time, day, and seconds, along with various buttons and markings on the bezel. The watch has a grey case and strap with blue accents on the dial.



Figure 2: Another front view of the Fila digital watch, displaying a different time and day. This image highlights the

textured bezel and the arrangement of the control buttons around the watch face.



Figure 3: Rear view of the Fila digital watch, focusing on the stainless steel case back which is engraved with the Fila logo and other product information. The grey PU strap is also visible, showing its texture and attachment to the watch case.



Figure 4: Side profile view of the Fila digital watch, illustrating the thickness of the watch case and the design of the buttons. The textured grey PU strap extends from the watch, showing its flexibility and buckle mechanism.

Setup

Your Fila watch comes with a pre-installed battery. Before first use, ensure any protective films are removed from the watch face and case back.

Initial Time Setting

1. Press the **MODE** button (typically bottom-left) repeatedly until the time setting mode is displayed. This is usually indicated by flashing digits.
2. Use the **RESET** button (typically top-left) to select the digit or setting you wish to adjust (e.g., hours, minutes, 12/24-hour format).
3. Use the **ST/STP** button (typically top-right) to increase the value of the flashing digit. Hold to rapidly advance.
4. Once all settings are correct, press the**MODE** button again to exit the setting mode and return to the normal time display.

Operating Instructions

Navigating Modes

Press the **MODE** button to cycle through the different functions of the watch. Typical modes include:

- Time Display (Hour, Minute, Second, Day, Date)
- Alarm Setting
- Stopwatch
- Timer (if applicable)

Using the Stopwatch

1. Press **MODE** until the stopwatch display appears (usually 00:00:00).
2. Press **ST/STP** to start the stopwatch.
3. Press **ST/STP** again to pause/resume the stopwatch.
4. Press **RESET** while the stopwatch is paused to reset it to zero.

Setting the Alarm

1. Press **MODE** until the alarm setting mode is displayed.
2. Use **RESET** to select the hour or minute digit to adjust.
3. Use **ST/STP** to change the value.
4. Press **MODE** to confirm and exit.
5. To turn the alarm on/off, typically press **RESET** while in the alarm display mode. An alarm icon will appear/disappear.

Using the Backlight

Press the **LIGHT** button (typically bottom-right) to illuminate the display for a few seconds, allowing visibility in low-light conditions.

Water Resistance

This watch is water resistant to 100 meters (10 ATM). This means it is suitable for swimming and snorkeling, but not for high-impact water sports or diving. Do not operate buttons while the watch is submerged in water.

Maintenance

- **Cleaning:** Wipe the watch case and strap regularly with a soft, damp cloth. Avoid using chemical cleaners or abrasive materials.
- **Battery Replacement:** The watch uses 1 Lithium Metal battery (included). When the display dims or functions become erratic, it's time to replace the battery. It is recommended to have battery replacement performed by a qualified watch technician to ensure water resistance is maintained.
- **Storage:** When not in use for extended periods, store the watch in a cool, dry place away from direct sunlight and extreme temperatures.
- **Avoid Shocks:** While durable, avoid strong impacts or dropping the watch, as this can damage internal components.

Troubleshooting

Problem	Possible Cause	Solution

Problem	Possible Cause	Solution
Display is blank or dim.	Low or dead battery.	Replace the battery.
Time is incorrect.	Time not set correctly or accidental button press.	Refer to "Initial Time Setting" section to reset the time.
Buttons are unresponsive.	Watch may be in a locked mode (if applicable) or internal issue.	Try pressing all buttons to see if any respond. If not, a battery replacement might resolve it. If problem persists, seek professional service.
Condensation inside display.	Water ingress due to seal compromise or extreme temperature change.	Stop using the watch immediately. Take it to a qualified watch technician for inspection and repair.

Specifications

Model Number: FILA38-826-004

Movement: Quartz

Case Material: Plastic

Strap Material: PU (Polyurethane)

Case Diameter: 53mm

Water Resistance: 100m (10 ATM)

Battery Type: 1 Lithium Metal battery (included)

Product Dimensions: 25 x 4 x 2 cm

Weight: 150 g

Warranty and Support

For information regarding warranty coverage and customer support, please refer to the warranty card included with your purchase or visit the official Fila website. You can also visit the Fila Store on Amazon for additional product information and contact options.
Please retain your proof of purchase for any warranty claims.

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