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Model: ATH-SPORT7TW

1. INTRODUCTION

The Audio-Technica ATH-SPORT7TW SonicSport Wireless In-Ear Headphones are designed for active lifestyles, offering a secure fit, high-quality audio, and water-resistant durability. This manual provides essential information for setting up, operating, and maintaining your headphones.

2. WHAT'S IN THE BOX

Carefully unpack your new headphones and ensure all items are present:

- ATH-SPORT7TW Headphones (Left and Right)
- Charging Case
- Standard Eartips (XS, S, M, L)
- Comply Foam Eartips (M) with SweatGuard Technology
- Ear Fins (XS, S, M, L)
- USB Charging Cable (30 cm / 1.0')



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Image: The product packaging displaying the headphones, charging case, and included accessories such as different sized eartips and ear fins.

3. PRODUCT OVERVIEW

The ATH-SPORT7TW headphones feature 5.8 mm drivers for clear sound reproduction. They are designed with ergonomic Freebit ear fins for maximum stability and comfort during physical activity. The headphones are rated IPX5 waterproof, allowing them to be washed under running water after use. Touch sensors on the earpieces provide control over calls, music playback, and volume.



Image: A pair of gray Audio-Technica ATH-SPORT7TW wireless in-ear headphones resting in their open black charging case, showing the L and R indicators.

4. SETUP

4.1 Charging the Headphones and Case

Before first use, fully charge the headphones and charging case. The headphones provide approximately 3.5 hours of continuous use per charge, and the charging case extends total usage to 17.5 hours. A 10-minute quick charge provides 45 minutes of playback.

1. Place the headphones into the charging case. Ensure they are seated correctly.
2. Connect the USB charging cable to the charging case and a USB power source.
3. The indicator lights on the case will show charging status.



Image: Close-up of the gray wireless earbuds inside the black charging case, highlighting the charging contacts and LED indicators.

4.2 Pairing with a Bluetooth Device

The ATH-SPORT7TW headphones use Bluetooth 5.0 for wireless connectivity.

1. Remove the headphones from the charging case. They will automatically enter pairing mode.
2. On your device (e.g., smartphone), enable Bluetooth and search for available devices.
3. Select "ATH-SPORT7TW" from the list of devices to pair.
4. Once paired, the headphones will connect automatically to your device when removed from the case.

4.3 Using the Audio-Technica Connect App

For enhanced features and settings, download the Audio-Technica Connect app on your smartphone. The app allows you to customize headphone settings, including the hear-through function.



Image: An overhead view of a person holding a smartphone with the Audio-Technica Connect app open, next to the open charging case of the ATH-SPORT7TW headphones.

5. OPERATING INSTRUCTIONS

5.1 Wearing the Headphones

Select the appropriate size of eartips and ear fins for a secure and comfortable fit. The ergonomic Freebit ear fins are designed to keep the headphones in place during physical activity.



Image: A person jogging outdoors, wearing the gray Audio-Technica ATH-SPORT7TW wireless headphones, demonstrating their secure fit during exercise.

5.2 Touch Sensor Controls

The earpieces feature touch sensors for various functions:

- **Play/Pause:** Tap the touch sensor once.
- **Next Track:** Double-tap the right touch sensor.
- **Previous Track:** Double-tap the left touch sensor.
- **Answer/End Call:** Tap the touch sensor once during an incoming call or active call.
- **Reject Call:** Press and hold the touch sensor for 2 seconds during an incoming call.
- **Volume Adjustment:** Swipe up or down on the touch sensor.

5.3 Hear-Through Function

The hear-through function allows you to hear ambient noise for increased safety, especially when using the headphones outdoors. This function can be activated or adjusted via the touch sensors or the Audio-Technica Connect app.

6. MAINTENANCE

6.1 Cleaning

Due to their IPX5 waterproof rating, the headphones can be washed under running water. Ensure the charging contacts are dry before placing them back in the charging case.

- Remove eartips and ear fins before washing.
- Rinse the headphones gently under running water. Do not submerge.
- Allow the headphones to air dry completely before reattaching accessories or charging.

Clean the charging case with a soft, dry cloth. Do not expose the charging case to water.

6.2 Storage

When not in use, store the headphones in their charging case to protect them and keep them charged.

7. TROUBLESHOOTING

If you encounter issues with your ATH-SPORT7TW headphones, refer to the following common solutions:

Problem	Solution
Headphones not charging	<ul style="list-style-type: none"> • Ensure the charging case itself is charged. If the case is completely drained, charge the case separately first, then insert the headphones. • Verify the headphones are correctly seated in the charging case and making proper contact with the charging pins. • Check the USB cable and power source for proper function.
Cannot pair with device	<ul style="list-style-type: none"> • Ensure Bluetooth is enabled on your device. • Make sure the headphones are in pairing mode (indicator lights flashing). • Forget the device from your phone's Bluetooth settings and try pairing again. • Ensure the headphones are sufficiently charged.
Sound is low or unbalanced	<ul style="list-style-type: none"> • Adjust the volume on both your headphones and your connected device. • Ensure both headphones are properly seated in your ears and that the eartips create a good seal. • Check for debris in the eartip or speaker mesh that might be obstructing sound.
Touch controls are unresponsive or laggy	<ul style="list-style-type: none"> • Ensure your fingers are clean and dry when using the touch sensors. • Try restarting the headphones by placing them in the case and then removing them. • Check for firmware updates via the Audio-Technica Connect app.

8. SPECIFICATIONS

- **Model Number:** ATH-SPORT7TWGY
- **Color:** Gray
- **Ear Placement:** In Ear
- **Form Factor:** In Ear
- **Impedance:** 14 Ohms
- **Item Weight:** 6.4 Grams
- **Noise Control:** Sound Isolation
- **Frequency Range:** 20 Hz - 20,000 Hz
- **Audio Driver Type:** Dynamic Driver
- **Water Resistance Level:** IPX5 (Waterproof)
- **Connectivity Technology:** Bluetooth
- **Wireless Technology:** Bluetooth
- **Bluetooth Version:** 5.0
- **Control Method:** Touch

- **Battery Average Life:** 3.5 Hours (headphones), 17.5 Hours (with charging case)
- **Battery Charge Time:** Approximately 3.5 Hours

9. OFFICIAL PRODUCT VIDEO

Your browser does not support the video tag.

Video: An official product video showcasing the Audio-Technica ATH-SPORT7TW Wireless Earphones, highlighting their features and design.

10. WARRANTY AND SUPPORT

The Audio-Technica ATH-SPORT7TW headphones come with a 1-Year Warranty. For detailed warranty information, product support, or to explore other Audio-Technica products, please visit the official Audio-Technica store or contact customer service.

Official Store: Visit the Audio-Technica Store