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› Apple Watch Series 4 (GPS, 44mm) - Space Gray Aluminum Case with Black Sport Band User Manual

Apple MU6D2LL/A

Apple Watch Series 4 (GPS, 44mm) User Manual

Model: MU6D2LL/A

INTRODUCTION

This manual provides essential instructions for setting up, operating, maintaining, and troubleshooting your Apple Watch Series 4 (GPS, 44mm) with Space Gray Aluminum Case and Black Sport Band. Please read this guide thoroughly to ensure proper use and to maximize your device's capabilities.



Image: Apple Watch Series 4, 44mm, Space Gray Aluminum Case with Black Sport Band, displaying a watch face with time, activity rings, music, heart rate, weather, and world clock complications.

WHAT'S IN THE BOX

Upon unboxing your Apple Watch Series 4, verify that all the following components are present:

- Apple Watch
- Charging Cable
- Charger

SETUP

1. Initial Charge

Before first use, fully charge your Apple Watch. Connect the magnetic charging cable to the back of your watch and plug the charger into a power outlet. The watch will display a charging indicator.

2. Power On

Press and hold the side button until the Apple logo appears.

3. Pairing with iPhone

1. Ensure your iPhone is running the latest iOS version and has Bluetooth enabled.
2. Open the Apple Watch app on your iPhone.
3. Bring your iPhone near your Apple Watch. A pairing animation will appear on the watch screen.
4. Follow the on-screen instructions on both devices to complete the pairing process. You may be prompted to position your iPhone camera over the watch's animation.
5. Choose to set up as a new Apple Watch or restore from a backup.
6. Agree to the terms and conditions, create a passcode, and configure settings like Activity, Siri, and Apple Pay.

OPERATING INSTRUCTIONS

The Apple Watch Series 4 offers a range of features designed to enhance your daily life and health monitoring.

Navigation and Interface

- **Digital Crown:** Rotate to scroll, zoom, or adjust values. Press once to go to the watch face or app list. Double-press to switch between your last two apps. Press and hold for Siri.
- **Side Button:** Press once to open the Dock (recent apps). Press and hold to access power options, Medical ID, and Emergency SOS. Double-press for Apple Pay.
- **Touch Display:** Tap to select, swipe to navigate, and force touch (press firmly) for additional options within apps.

Key Features

- **GPS:** Track your workouts and location accurately without needing your iPhone nearby.
- **Larger Display:** The Series 4 features a display over 30% larger than previous models, providing more screen real estate for information and interaction.
- **Electrical and Optical Heart Sensors:** Monitor your heart rate throughout the day and during workouts.
- **ECG App:** Take an electrocardiogram directly from your wrist to check for signs of atrial fibrillation (AFib). Consult a medical professional for interpretation of results.
- **Digital Crown with Haptic Feedback:** Provides a click-like sensation as you scroll, offering a more tactile experience.
- **50% Louder Speaker:** Improved audio for calls, Siri, and notifications.
- **S4 SiP with Faster 64-bit Dual-Core Processor:** Delivers significantly faster performance for apps and overall responsiveness.
- **Improved Accelerometer and Gyroscope for Fall Detection:** Automatically detects hard falls and can initiate an Emergency SOS call if you are unresponsive.
- **Swim Proof:** Designed for shallow-water activities like swimming in a pool or ocean. Not recommended for scuba diving, waterskiing, or other high-velocity water activities.

- **watchOS 5:** The operating system provides features such as Activity Competitions, Walkie-Talkie, Podcasts, and enhanced notifications.

MAINTENANCE

Cleaning Your Apple Watch

- Turn off your Apple Watch and remove it from the charger.
- Wipe the watch clean with a non-abrasive, lint-free cloth. If necessary, lightly dampen the cloth with fresh water.
- Do not use soaps, cleaning products, abrasive materials, compressed air, ultrasonic cleaning, or external heat sources.
- Dry the watch thoroughly with a lint-free cloth.

Battery Care

To prolong battery life, avoid exposing your Apple Watch to extreme temperatures. Charge your device regularly, but it is not necessary to fully discharge the battery before recharging.

TROUBLESHOOTING

Common Issues and Solutions

- **Watch not turning on:** Ensure the watch is charged. Connect it to the charger for at least 30 minutes. If it still doesn't turn on, force restart by holding both the side button and Digital Crown for at least 10 seconds until the Apple logo appears.
- **Poor battery life:**
 - Check for apps running in the background.
 - Reduce screen brightness.
 - Limit notifications from less important apps.
 - Ensure watchOS is up to date.
- **Connectivity issues (Bluetooth/Wi-Fi):**
 - Ensure Bluetooth is enabled on your iPhone.
 - Keep your iPhone and Apple Watch in close proximity.
 - Restart both your Apple Watch and iPhone.
 - Unpair and re-pair your Apple Watch from the Apple Watch app on your iPhone.
- **Apps not responding:** Force quit the app by pressing the side button, then swipe left on the app and tap the 'X' button. Reopen the app. If the issue persists, restart the watch.

SPECIFICATIONS

Feature	Detail
Model Number	MU6D2LL/A
Brand	Apple
Product Dimensions	11.58 x 3 x 2.22 inches

Feature	Detail
Item Weight	1.28 ounces
Batteries	1 Lithium Ion battery (included)
Operating System	watchOS 5
Memory Storage Capacity	16 GB
Special Feature	Accelerometer
Connectivity Technology	GPS
Wireless Communication Standard	802.11n
GPS	True
Screen Size	1.78 Inches
Date First Available	October 30, 2018

WARRANTY AND SUPPORT

Your Apple Watch Series 4 is covered by a limited manufacturer's warranty. For detailed warranty information, please refer to the documentation included with your product or visit the official Apple support website.

For technical support, service, or additional resources, please visit support.apple.com/watch.