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> Apple Watch Series 3 (GPS + Cellular, 42mm) Instruction Manual

**Apple MTGT2LL/A**

# Apple Watch Series 3 (GPS + Cellular, 42mm) Instruction Manual

## INTRODUCTION

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This manual provides essential information for the setup, operation, and maintenance of your Apple Watch Series 3 (GPS + Cellular, 42mm). Please read this guide thoroughly to ensure proper use and to maximize the features of your device.



The Apple Watch Series 3 features a Space Gray Aluminum Case and a Black Sport Band, offering advanced connectivity and health tracking capabilities.

## WHAT'S IN THE BOX

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Verify that all items are present in your product packaging:

- Apple Watch Series 3 (GPS + Cellular, 42mm)
- Black Sport Band (either S/M or M/L length)
- 1m Magnetic Charging Cable
- USB Power Adapter



Included components: Apple Watch, Sport Band, Magnetic Charging Cable, and USB Power Adapter.

## SETUP

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1. **Charge Your Apple Watch:** Connect the magnetic charging cable to the back of your Apple Watch and plug the USB power adapter into a power outlet. Allow the watch to charge until it powers on.
2. **Pair with iPhone:** Ensure your iPhone is updated to the latest iOS version and has Bluetooth enabled. Open the Apple Watch app on your iPhone and follow the on-screen instructions to pair your watch.
3. **Cellular Setup (GPS + Cellular models only):** During the pairing process, you will be prompted to set up cellular service. This requires an active cellular plan with a compatible carrier. Follow the steps provided by your carrier through the Apple Watch app.
4. **Customize Settings:** After pairing, customize your watch face, notifications, and app preferences

through the Apple Watch app on your iPhone.

## OPERATING YOUR APPLE WATCH SERIES 3

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### Basic Navigation

- **Digital Crown:** Rotate to scroll, zoom, or adjust values. Press once to go to the watch face or app launcher. Double-press to switch between your last two apps. Press and hold for Siri.
- **Side Button:** Press once to open the Dock (recent apps). Double-press for Apple Pay. Press and hold for Emergency SOS or to power off.
- **Touch Screen:** Tap to select, swipe to navigate, force touch for additional options.

### Key Features

- **GPS + Cellular:** Make calls, send messages, and stream music directly from your watch, even without your iPhone nearby. Requires a cellular plan.



The cellular feature allows you to receive calls directly on your Apple Watch.

- **Activity Tracking:** Monitor your daily movement, exercise, and standing goals with the Activity rings.



Track your fitness progress with detailed activity metrics displayed on the watch face.

- **Heart Rate Monitoring:** The optical heart sensor continuously measures your heart rate throughout the day and during workouts.



Monitor your heart rate with the built-in optical heart sensor.

- **Swimproof:** Designed for shallow water activities like swimming in pools or the ocean. Not recommended for scuba diving, waterskiing, or other high-velocity water activities.
- **Emergency SOS:** Press and hold the side button to quickly call emergency services.
- **Music, Podcasts, and Audiobooks:** Store and play media directly from your watch, or stream with a cellular connection.

## MAINTENANCE

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To ensure the longevity and optimal performance of your Apple Watch Series 3, follow these maintenance guidelines:

- **Cleaning:** Regularly clean your Apple Watch and band with a soft, lint-free cloth. If necessary, lightly dampen the cloth with fresh water. Avoid using harsh chemicals or abrasive materials.
- **Water Resistance:** The Apple Watch Series 3 is swimproof. After exposure to chlorinated or salt water, rinse the watch with fresh water and dry it thoroughly. Avoid exposing the watch to soaps, shampoos, conditioners, lotions, and perfumes, as these can negatively affect water seals and acoustic membranes.

- **Band Care:** Clean your band according to its material. Sport Bands can be wiped clean with a damp cloth.
- **Storage:** Store your Apple Watch in a cool, dry place when not in use.

## TROUBLESHOOTING

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### Common Issues and Solutions

- **Watch Not Powering On:** Ensure the watch is sufficiently charged. Connect it to the magnetic charging cable and a power adapter for at least 30 minutes.
- **Pairing Issues:** Make sure your iPhone's Bluetooth is on and both devices are close to each other. Restart both your iPhone and Apple Watch. If issues persist, unpair the watch from your iPhone (if previously paired) and attempt to pair again.
- **Cellular Connectivity Problems:** Verify that your cellular plan is active and correctly provisioned for your Apple Watch. Ensure the watch is not in Airplane Mode. Contact your carrier if the issue persists after restarting both devices and checking settings in the Apple Watch app.
- **Inaccurate Heart Rate Readings:** Ensure the back of the watch is clean and making good contact with your wrist. Tighten the band slightly if it's too loose.
- **Battery Draining Quickly:** Review your notification settings and background app refresh in the Apple Watch app on your iPhone. Reduce screen brightness.

## SPECIFICATIONS

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Feature	Detail
Model Name	Series 3
Item Model Number	MTGT2LL/A
Brand	Apple
Connectivity Technology	Bluetooth, Cellular, GPS, Wi-Fi
Wireless Communication Standard	802.11b, 802.11g
Operating System	watchOS
Screen Size	42 Millimeters
Case Size	42mm
Case Weight	34.9g
Dimensions (Product)	12.95 x 2.93 x 2.26 inches

Item Weight	1.92 ounces
Battery Life	Up to 18 hours
Special Features	GPS, GLONASS, Galileo, QZSS, Barometric altimeter, Optical heart sensor, Accelerometer, Gyroscope, Ion-X strengthened glass, Ceramic and sapphire crystal back
Water Resistance	Swimproof (up to 50 meters)
Date First Available	October 30, 2018

## WARRANTY AND SUPPORT

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Your Apple Watch Series 3 is covered by a limited warranty. For detailed warranty information, please refer to the documentation included with your product or visit the official Apple support website.

For technical assistance, troubleshooting, or service, please contact Apple Support:

- **Online Support:** Visit [support.apple.com/watch](https://support.apple.com/watch)
- **Phone Support:** Refer to Apple's regional support numbers available on their website.

Always ensure you are consulting official Apple resources for the most accurate and up-to-date support information.