Saved from manuals.plus.
Open the live page for links to other documents and user manuals.

Apple MTGG2LL/A

Apple Watch Series 3 (GPS + Cellular, 38mm) Instruction Manual

Model: MTGG2LL/A

Introduction What's in the Box Setup Operating Instructions Maintenance Troubleshooting Specifications Warranty & Support

Introduction

This manual provides essential information for the setup, operation, and maintenance of your Apple Watch Series 3 (GPS + Cellular, 38mm). This device features GPS + Cellular connectivity, a Retina display, swimproof design, and an optical heart sensor. It is designed to enhance your daily activities, communication, and fitness tracking.



Image: Apple Watch Series 3 with a white sport band, showing the watch face with time (10:09), weather (68° Partly Cloudy), and activity rings.

What's in the Box

Verify that all items are present in the packaging:

- Apple Watch Series 3 (GPS + Cellular, 38mm)
- Sport Band (includes S/M and M/L lengths)
- 1m Magnetic Charging Cable
- USB Power Adapter



Image: The Apple Watch Series 3, a white sport band, a magnetic charging cable, and a USB power adapter, laid out on a white background.

Setup

1. Charging the Device

Before initial use, fully charge your Apple Watch. Connect the magnetic charging cable to the back of the watch and plug the USB power adapter into a power outlet. The watch will display a charging indicator.

2. Attaching the Band

Slide the band pieces into the slots on the Apple Watch until you feel and hear a click. Ensure the band is securely attached before wearing.

3. Pairing with iPhone

1. Turn on your Apple Watch by pressing and holding the side button until the Apple logo appears.
2. Bring your iPhone close to your Apple Watch. A pairing screen will appear on your iPhone. Tap "Continue".
3. Position your iPhone so that your Apple Watch appears in the viewfinder on your iPhone.
4. Follow the on-screen instructions on both devices to complete the pairing process.

4. Activating Cellular Service (GPS + Cellular Models)

During the pairing process, you will be prompted to set up cellular service. You can also set this up later through the Apple Watch app on your iPhone. Contact your mobile carrier for details on activating cellular service for your Apple Watch. Ensure your iPhone is not paired to the watch during initial cellular setup, and that cellular toggles are enabled in your iPhone settings for the Apple Watch.

Operating Instructions

Basic Navigation

- **Digital Crown:** Rotate to scroll, zoom, or adjust values. Press once to go to the watch face or app launcher. Double-press to switch between your last two apps. Press and hold for Siri.
- **Side Button:** Press once to open the Dock (recently used apps). Press twice for Apple Pay. Press and hold for Emergency SOS or to power off the watch.
- **Touch Screen:** Tap to select, swipe to navigate, force touch for additional options.

Key Features

- **GPS + Cellular:** Make calls, send messages, and stream music without your iPhone nearby.
- **Retina Display:** Provides clear and vibrant visuals.
- **Swimproof:** Suitable for shallow-water activities like swimming in a pool or ocean. Not recommended for scuba diving, waterskiing, or other high-velocity water activities.
- **Optical Heart Sensor:** Monitors your heart rate throughout the day and during workouts.
- **Music, Podcasts, and Audiobooks:** Store and play media directly from your watch.
- **Elevation:** Track changes in elevation during outdoor activities.
- **Emergency SOS:** Quickly call emergency services by pressing and holding the side button.
- **watchOS:** Access features like Activity trends, cycle tracking, hearing health innovations, and the App Store directly on your wrist.

Making Calls and Sending Messages

With cellular activated, you can make and receive calls directly from your watch. Use the Phone app or Siri. Messages can be sent and received using dictation, Scribble, or pre-set replies.





Image: Apple Watch Series 3 displaying an incoming call from "Yuma Naito" with options to accept or decline the call.

Fitness Tracking

The Activity app tracks your daily movement, exercise, and stand hours. The Workout app allows you to track specific exercises with detailed metrics.



Image: Apple Watch Series 3 showing fitness data including active calories (279), total calories (306), heart rate (141 BPM), distance (2.53 MI), and duration (23:07.14).

Monitor your heart rate using the Heart Rate app. It provides current and historical heart rate data.



Image: Apple Watch Series 3 displaying heart rate data, showing a current heart rate of 68 BPM and a graph of heart rate over time.

Maintenance

Cleaning Your Apple Watch

- Turn off your Apple Watch and remove it from the charger.
- Wipe the watch clean with a non-abrasive, lint-free cloth. If necessary, lightly dampen the cloth with fresh water.
- Do not use soaps, cleaning products, abrasive materials, compressed air, ultrasonic cleaning, or external heat sources.
- Dry the Apple Watch thoroughly with a lint-free cloth.

Band Care

Clean the sport band with a non-abrasive, lint-free cloth. If needed, lightly dampen the cloth with fresh water. Allow the band to air dry completely before reattaching it to your watch.

Water Resistance

The Apple Watch Series 3 is swimproof and has a water resistance rating of 50 meters under ISO standard 22810:2010. This means it can be used for shallow-water activities like swimming in a pool or ocean. However, it should not be used for scuba diving, waterskiing, or other activities involving high-velocity water or submersion below shallow depths. Water resistance is not a permanent condition and may diminish over time.

Troubleshooting

Common Issues and Solutions

- **Watch Not Turning On:** Ensure the watch is fully charged. Connect it to the magnetic charging cable and power adapter for at least 30 minutes.
- **Pairing Issues:**
  - Ensure Bluetooth is enabled on your iPhone.
  - Restart both your Apple Watch and iPhone.
  - If issues persist, unpair the watch from your iPhone (if previously paired) and attempt to pair again.
- **Cellular Connectivity Problems:**
  - Confirm your cellular plan supports Apple Watch and is active.
  - Ensure the watch is not paired to your phone during the initial cellular setup process.
  - Verify that cellular data toggles for Apple Watch are enabled in your iPhone's settings.
  - Contact your mobile carrier for assistance if the issue persists after checking settings and restarting devices.
- **Short Battery Life:**
  - Reduce screen brightness.
  - Limit background app refresh.
  - Turn off "Raise to Wake" if not frequently used.
  - Disable unnecessary notifications.
  - Ensure watchOS is up to date.
- **Apps Not Responding:** Force quit the app by pressing and holding the side button until the power off slider appears, then release and press and hold the side button again until the app closes.

Specifications

Model Number	MTGG2LL/A
Case Size	38mm
Case Material	Silver Aluminum
Band Material	White Sport Band
Connectivity	GPS, Cellular (LTE and UMTS), Wi-Fi (802.11b/g/n 2.4GHz), Bluetooth 4.2

Operating System	watchOS
Processor	S3 chip with dual-core processor
Memory Storage	16 GB
Display	Retina display, Ion-X strengthened glass
Sensors	Optical heart sensor, Accelerometer, Gyroscope, Barometric altimeter
Water Resistance	50 meters (Swimproof)
Battery Life	Up to 18 hours
Dimensions (H x W x D)	38.6mm x 33.3mm x 11.4mm
Case Weight	32.3g

Warranty and Support

Manufacturer's Warranty

Your Apple Watch Series 3 is covered by a limited manufacturer's warranty. For specific terms and conditions, including coverage duration and service options, please refer to the warranty documentation included with your product or visit the official Apple support website.

Return Policy

This product may be eligible for a refund or replacement within 15 days of purchase, as per the seller's return policy. Please consult the retailer's return policy for detailed information.

Customer Support

For further assistance, technical support, or service inquiries, please visit the official Apple Support website or contact Apple Customer Service directly. You can find contact information and support resources at support.apple.com.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

https://manuals.plus/asin/B07K3BJRDQ

More documents and user manuals: **https://manuals.plus/**