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## Niagara Sleep Solution 190

# Niagara Sleep Solution Ultra Soft Mattress Topper Instruction Manual

Model: 190

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## 1. INTRODUCTION

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Thank you for choosing the Niagara Sleep Solution Ultra Soft Full Size Mattress Topper. This topper is designed to enhance your sleep experience by providing cloud-like softness, natural cooling properties, and support for back pain relief. Made from viscose derived from bamboo fiber, it offers a comfortable and breathable surface for a restful night's sleep.



Image: The Niagara Sleep Solution Ultra Soft Full Size Mattress Topper, showcasing its quilted surface and green bamboo leaf pattern, laid out on a bed.

## 2. SETUP

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Follow these steps to properly set up your new mattress topper:

1. **Unpack the Topper:** Carefully remove the mattress topper from its packaging. Due to vacuum packing, it may appear flat initially.
2. **Allow to Decompress:** Lay the topper flat on a clean surface, such as your bed or floor. Allow it to decompress and fluff up for a few hours, or ideally, up to 24-48 hours. Gently shake or fluff it by hand to help accelerate the process.
3. **Position on Mattress:** Once fully decompressed, place the topper on top of your mattress.
4. **Secure with Deep Pockets:** The topper features a full elastic skirt with deep pockets (8-20 inches) designed to fit snugly around your mattress. Pull the elasticized edges over the corners and sides of your mattress, similar to a fitted sheet, to ensure a secure fit that prevents sliding.

# Perfect for active sleepers

Deep pockets stay tight, no matter how much you move



Full elastic skirt  
deep pockets  
(8-20")

Image: A person's hands demonstrating how the deep elastic pockets of the mattress topper stretch to fit securely around the mattress, ensuring it stays in place.

## 3. USAGE

The Niagara Sleep Solution Mattress Topper is designed to provide optimal comfort and support:

- **Enhanced Softness:** Experience a cloud-like sleeping surface that adds an extra layer of plush comfort to your existing mattress.
- **Natural Cooling:** The viscose made from bamboo fiber naturally adapts to your body temperature, providing a cooling effect for hot sleepers and ensuring breathability throughout the night.
- **Back Pain Relief:** The topper's design helps to evenly distribute your body weight, providing support for your spine, neck, hips, and ankles, which can help alleviate back and joint pain.
- **Secure Fit:** The deep pocket design ensures the topper stays in place, even for active sleepers, preventing shifting or bunching.

# Sleep comfortably on cloud-like softness

✔ Breathable

✔ Retains shape - no sagging

Image: A hand pressing into the soft, quilted surface of the mattress topper, illustrating its cloud-like softness and highlighting its breathable and shape-retaining qualities.

# Naturally cooling

Viscose made from bamboo stays cool by adapting to body temperature, making it ideal for hot sleepers



Image: A close-up of the mattress topper with arrows indicating airflow, emphasizing its natural cooling properties and noiseless material, along with an OEKO-TEX certification logo.

# Full back support

Sleep comfortably while this mattress topper evenly distributes your weight

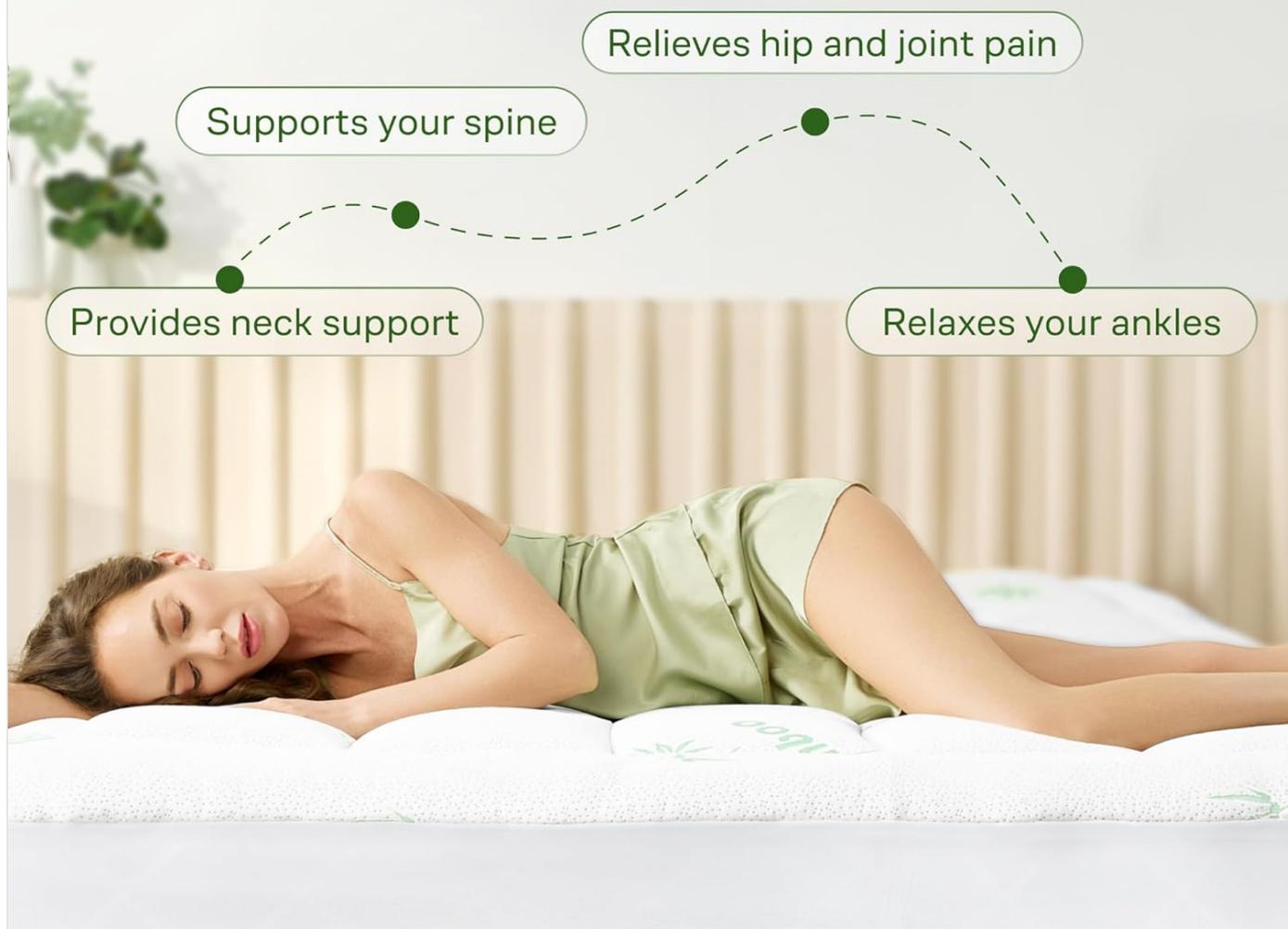


Image: An illustration showing a person sleeping comfortably on the mattress topper, with dotted lines and labels indicating how it provides full back support, relieves hip and joint pain, supports the spine, provides neck support, and relaxes ankles.

## 4. MAINTENANCE

Proper care will extend the life and performance of your mattress topper:

- **Washing Instructions:** The mattress topper is machine washable. Use cold water on a delicate cycle.
- **Drying Instructions:** Tumble dry on a low heat setting. Ensure the topper is completely dry before placing it back on the bed to prevent mildew. It dries fluffy and retains its shape.
- **Avoid Harsh Chemicals:** Do not use bleach or harsh detergents, as these can damage the fabric.
- **Longevity:** Designed for durability, the topper is tested to withstand over 50 washes without peeling or shrinkage.

# Machine washable

Easy to use and maintain



Wash in  
cold water &  
tumble dry

✔ No peeling

✔ No shrinkage

✔ No damage for 50+ washes

Image: A washing machine with laundry inside, accompanied by icons and text indicating that the mattress topper is machine washable in cold water and can be tumble dried, with assurances of no peeling, no shrinkage, and no damage after 50+ washes.

## 5. TROUBLESHOOTING

Here are solutions to common concerns:

| Problem                              | Solution  |
|--------------------------------------|---|
| Topper appears flat after unpacking. | This is normal due to vacuum packing. Allow 24-48 hours for full decompression. Gently fluff by hand to help restore its loft.                              |
| Topper has a slight factory smell.   | This is common with new products. Air out the topper in a well-ventilated area for a few hours or days. Washing it according to instructions can also help. |
| Topper slides on the mattress.       | Ensure the deep elastic pockets are fully stretched and secured around all corners and sides of your mattress. The snug fit should prevent movement.        |

## 6. SPECIFICATIONS

| Feature                   | Detail  |
|---------------------------|---|
| Brand                     | Niagara Sleep Solution                          |
| Model Number              | 190   |
| Size                      | Full (54 x 75 x 0.5 inches)                     |
| Color                     | Green   |
| Material                  | 60% Polyester / 40% Viscose Derived from Bamboo |
| Special Feature           | Cooling   |
| Item Firmness Description | Soft  |
| Product Care Instructions | Machine Wash                                    |
| Item Weight               | 5.3 pounds                                      |

## 7. WARRANTY & SUPPORT

Your satisfaction is important to Niagara Sleep Solution. This product comes with a money-back guarantee. For any questions, concerns, or support needs, please contact Niagara Sleep Solution directly through their official channels or the retailer where the product was purchased. Refer to your purchase documentation for specific contact information. You can also visit the [Niagara Sleep Solution Store on Amazon](#) for more information and support resources.