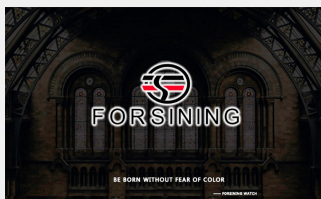


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› FORSINING FSG8164M4T1 Automatic Mechanical Watch User Manual

FORSINING FSG8164M4T1



FORSINING FSG8164M4T1 Automatic Mechanical Watch User Manual

Model: FSG8164M4T1 | Brand: FORSINING

INTRODUCTION

This manual provides instructions for the proper use and care of your FORSINING FSG8164M4T1 Automatic Mechanical Watch. This timepiece features a 17-jewel automatic movement with a skeleton dial, designed to operate without a battery. Its power is generated by the natural motion of your arm.



Image: Front view of the FORSINING FSG8164M4T1 Automatic Mechanical Watch, showcasing its gold-tone finish and skeleton dial.

SETUP AND INITIAL WINDING

Your automatic watch requires initial winding to start its movement if it has stopped.

1. **Manual Winding:** To fully wind the mainspring, rotate the crown clockwise approximately 15 times. This provides the initial power reserve.
2. **Setting the Time:** Pull the crown out to the time-setting position. Rotate the crown to adjust the hour and minute hands to the correct time. Once set, push the crown back into its original position.



Image: Side view of the watch, highlighting the crown used for winding and setting the time.

After initial winding, the watch will continue to power itself through the natural motion of your arm while worn. If worn for more than 10 hours daily, additional manual winding should not be necessary.

OPERATING YOUR WATCH

The FORSINING FSG8164M4T1 is an automatic mechanical watch. Its movement is powered by the kinetic energy generated by your arm's motion.

- **Automatic Winding:** Wear the watch regularly to ensure continuous operation. The rotor inside the watch moves with your arm, winding the mainspring.
- **Power Reserve:** If the watch is not worn for an extended period, it may stop. Simply re-wind it manually as described in the "Setup" section or wear it for a few hours to restart the movement.
- **Water Resistance:** This watch features a water-resistant structure. However, it is **not suitable for swimming, diving, showering, or any activities involving prolonged water immersion or high-pressure water exposure**. Avoid contact with hot water or steam.



Image: The FORSINING watch displayed on a wrist, demonstrating its wearability.

MAINTENANCE AND CARE

Proper care will ensure the longevity and performance of your FORSINING watch.

- **Cleaning:** Wipe the watch case and bracelet regularly with a soft, dry cloth to remove dust and smudges. For stubborn dirt, a slightly damp cloth can be used, followed by immediate drying.
- **Avoid Chemicals:** Do not expose the watch to harsh chemicals, solvents, or detergents, as these can damage the case, crystal, or bracelet finish.
- **Temperature Extremes:** Avoid exposing the watch to extreme temperatures (hot or cold) or sudden temperature changes, which can affect the movement's accuracy and seals.
- **Magnetic Fields:** Keep the watch away from strong magnetic fields (e.g., speakers, refrigerators, certain electronic devices), as magnetism can affect the accuracy of mechanical movements.
- **Impact:** Protect the watch from strong impacts or drops, which can damage the internal components or the crystal.



Image: Back view of the watch, showing the stainless steel case back and the open foldover clasp of the bracelet.

TROUBLESHOOTING

If you encounter issues with your watch, refer to the following common solutions:

- **Watch Has Stopped:**

This is common for automatic watches that have not been worn for a period. Manually wind the watch by rotating the crown clockwise about 15 times, then wear it for several hours. If the watch still does not start, ensure the crown is fully pushed in.

• **Inaccurate Timekeeping:**

Mechanical watches can be affected by magnetism or strong impacts. If the watch is consistently fast or slow, try demagnetizing it (a watch repair shop can do this) or consult a professional watchmaker. Ensure it is fully wound.

• **Moisture Inside the Watch:**

If you notice condensation or moisture inside the watch, stop using it immediately and seek professional service. This indicates a breach in the water resistance, and prolonged moisture exposure can damage the movement.

SPECIFICATIONS

Brand	FORSINING
Model Number	FSG8164M4T1
Movement Type	Automatic Mechanical (17-Jewels)
Display Type	Analog
Case Material	Alloy
Band Material	Stainless Steel
Crystal Type	Mineral Hardlex
Case Diameter	42.8 Millimeters
Case Thickness	14.70 Millimeters
Band Width	22 Millimeters
Clasp Type	Foldover Clasp
Water Resistance	Water Resistant (Not for swimming/diving)
Item Weight	0.2 Kilograms



Image: Detailed view of the automatic mechanical movement visible through the transparent case back.

WARRANTY INFORMATION

Your FORSINING FSG8164M4T1 watch comes with a **1-year manufacturer's warranty** from the date of purchase. This warranty

covers manufacturing defects under normal use. Additionally, the manufacturer offers a 90-day promise for returns. The warranty does not cover damage resulting from improper handling, accidents, unauthorized repairs, normal wear and tear, or water damage due to exceeding the specified water resistance limits. Please retain your proof of purchase for warranty claims.

CUSTOMER SUPPORT

For further assistance, technical support, or warranty claims, please contact FORSINING customer service through the retailer where the watch was purchased or visit the official FORSINING brand store online.

Online Brand Store: [FORSINING Store on Amazon](#)

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