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› [TOORX SRX 3500 HRC Linea Chrono Pro Line Indoor Speed Cycle User Manual](#)

Toorx SRX 3500

TOORX SRX 3500 HRC Linea Chrono Pro Line Indoor Speed Cycle User Manual

INTRODUCTION

Thank you for choosing the TOORX SRX 3500 HRC Linea Chrono Pro Line Indoor Speed Cycle. This manual provides essential information for the safe and effective assembly, operation, maintenance, and troubleshooting of your new fitness equipment. Please read this manual thoroughly before using the product and retain it for future reference.

SAFETY INFORMATION

- Consult a physician before starting any exercise program.
- Keep children and pets away from the equipment during use.
- Place the speed cycle on a flat, stable surface with adequate clearance around it.
- Inspect the equipment for loose or worn parts before each use. Do not use if damaged.
- Wear appropriate athletic clothing and footwear.
- Do not exceed the maximum user weight of 150 kg.
- Adjust the saddle and handlebars to a comfortable and safe position before starting your workout.
- Stop exercising immediately if you feel faint, dizzy, or experience pain.

SETUP

Unpacking and Placement

Carefully remove all components from the packaging. Ensure all parts are present according to the packing list (not provided in this manual, refer to product packaging). Place the speed cycle in a suitable location, ensuring sufficient space for safe operation and access.



Figure 1: Front view of the TOORX SRX 3500 Indoor Speed Cycle, showing the handlebars, console, frame, and pedals.

Assembly (General Guidance)

While specific assembly steps are not detailed here, typically, assembly involves attaching the stabilizer bars, pedals, saddle, and handlebars to the main frame. Use the provided tools and hardware, ensuring all bolts are

securely tightened.



Figure 2: Close-up of the front stabilizer bar with transport wheel, which needs to be securely attached to the main frame.

Leveling the Speed Cycle

The speed cycle is equipped with levelers on the stabilizer bars. After placing the unit, adjust these levelers by rotating them until the cycle is stable and does not rock on uneven surfaces. This ensures safety and optimal performance.



Figure 3: An adjustable leveling foot, used to stabilize the speed cycle on uneven floors.

OPERATING INSTRUCTIONS

Adjusting Saddle and Handlebars

The saddle and handlebars feature micrometric vertical and horizontal adjustments. Loosen the adjustment knobs, move the saddle/handlebars to your desired position, and then securely tighten the knobs. Ensure a comfortable and ergonomic riding posture.



Figure 4: Handlebar adjustment mechanism, allowing for vertical and horizontal positioning.

Console Functions

The speed cycle is equipped with a multi-color backlit LCD console. It displays key workout data including **Time, Speed, Heart Rate, Distance, Calories burned, and Odometer Laps**. The console's tilt is micrometrically adjustable for optimal viewing.



Figure 5: The multi-color backlit LCD console, showing various workout metrics and control buttons.

Resistance Adjustment and Programs

The magnetic brake system allows for electronic resistance adjustment. Use the console controls to increase or decrease the intensity of your workout. The console offers **12 pre-programmed workouts**, **4 Heart Rate Control (HRC) programs**, and a **Watt program** (max 500 watts) for varied training.



Figure 6: Angled view of the console, highlighting the electronic resistance control interface.

Heart Rate Monitoring

The speed cycle features a wireless receiver for an integrated chest belt (chest belt not included). When a compatible chest belt is worn, your heart rate will be displayed on the console, allowing for heart rate-based training.

App Connectivity (APP READY)

The integrated intelligent Bluetooth system allows synchronization with various fitness applications. The cycle includes the **iConsole+ app**, offering maps, routes, fitness plans, and training data. It is also compatible with the **Kinomap fitness app** (subscription not included).

Pedals

The speed cycle is equipped with quick-release SPD pedals. Ensure your cycling shoes are compatible or use appropriate footwear for the pedal type.



Figure 7: Close-up of the quick-release SPD pedals and crank arm.

MAINTENANCE

Cleaning

Regularly wipe down the speed cycle with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners or solvents that could damage the high-strength powder paint finish or electronic components.

Inspections

Periodically check all bolts and nuts to ensure they are tight. Inspect the belt drive system for any signs of wear or damage. Ensure the pedals are securely attached and functioning correctly. The frame is constructed from high-thickness steel for durability, but regular visual inspection is recommended.

TROUBLESHOOTING

- **Console not displaying data:** Check if batteries are installed correctly (if applicable, though product specifications state batteries are not included, implying external power or self-powering). Ensure all connections to the console are secure.
- **Resistance not changing:** Verify that the electronic resistance adjustment is functioning. Check for any loose cables connected to the magnetic brake system.
- **Unstable cycle:** Re-adjust the levelers on the stabilizer bars to ensure the cycle is stable on the floor.
- **Unusual noises during operation:** Inspect for any loose parts or friction points. Ensure all assembly bolts are tightened.
- **Heart rate not displayed:** Ensure a compatible chest belt is worn correctly and that the console's wireless

receiver is active.

If you encounter issues not covered here, please contact customer support.

SPECIFICATIONS

Model	TOORX SRX 3500 HRC Linea Chrono Pro Line
Drive System	Belt
Brake System	Magnetic with electronic resistance adjustment
Flywheel Weight	24 kg
Crank	51 cm
Console	Multi-color backlit LCD, micrometric adjustable tilt
Displayed Information	Time, Speed, Heart Rate, Distance, Calories, Odometer Laps
Programs	12 pre-programmed, 4 HRC, Watt (max 500W)
Connectivity	Bluetooth (APP READY), iConsole+ app included, Kinomap compatible
Heart Rate Monitoring	Wireless receiver for chest belt (chest belt not included)
Saddle	Racing saddle with vertical and horizontal micrometric adjustment
Handlebars	Vertical and horizontal micrometric adjustment
Pedals	Quick-release SPD pedals
Transport Wheels	Yes
Levelers	Yes
Frame	High thickness steel frame with high-strength powder paint
Maximum User Weight	150 kg
Product Weight	58 kg
Total Weight (Packaged)	64 kg
Dimensions (L x W x H)	127 x 56 x 124 cm
Package Dimensions	120 x 24.5 x 92.5 cm
Standards	CE-ROHS-EN957

WARRANTY

This TOORX SRX 3500 HRC Linea Chrono Pro Line Indoor Speed Cycle comes with **2-year warranty**. Please retain your proof of purchase for any warranty claims. The warranty covers manufacturing defects under normal use conditions. It does not cover damage due to misuse, accidents, or unauthorized modifications.

SUPPORT

For technical assistance, spare parts, or warranty inquiries, please contact your retailer or the TOORX customer service department. Refer to your purchase documentation for specific contact details.