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- › [Grown in Idaho](#) /
- › [Grown in Idaho Hand Cut Style Fries User Manual](#)

## Grown in Idaho 36800

# Grown in Idaho Hand Cut Style Fries User Manual

Model: 36800

## PRODUCT OVERVIEW

Grown in Idaho Hand Cut Style Fries are designed to deliver a crispy exterior and a fluffy, soft-baked interior. These fries are made from 100% certified Idaho potatoes, ensuring a rich potato flavor. They are par-fried before freezing, which means they are partially prepared and require cooking before consumption.



Image: Front view of the Grown in Idaho Hand Cut Style Fries 28 oz bag, showcasing the product name, brand logo, and a visual of cooked fries with potatoes.

## Key Features:

- Includes one 28 oz. bag of Grown in Idaho Hand Cut Style Fries.
- Made from 100% real Idaho potatoes with 0g Trans Fats per Serving.
- Features a super crispy, skin-on, golden brown, home style-cut.
- Crispy on the outside, with a fluffy, soft-baked texture inside, loaded with real potato flavor.
- Quick and easy to prepare.

## INGREDIENTS AND NUTRITION

The following table provides a summary of the ingredients and key nutritional information for Grown in Idaho Hand Cut Style Fries.



Image: Side view of the product bag displaying the nutrition facts label.

## Ingredients:

Idaho Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum, Color (Annatto).

## Nutrition Facts (per serving):

Nutrient	Amount
Calories	140
Total Fat	5g
Saturated Fat	1.5g
Trans Fat	0g
Sodium	330mg
Total Carbohydrate	22g
Dietary Fiber	2g
Total Sugars	1g
Protein	2g

## STORAGE INSTRUCTIONS

To maintain product quality and safety, always keep Grown in Idaho Hand Cut Style Fries frozen. Do not thaw before cooking.

- Store in a freezer at 0°F (-18°C) or colder.
- Ensure the bag is sealed properly to prevent freezer burn.

## COOKING INSTRUCTIONS

For best results, follow these cooking guidelines. Cooking times may vary depending on your appliance.



Image: Back view of the product bag detailing cooking instructions and potato quality information.

### Oven Preparation:

1. Preheat your oven to **425°F (218°C)**.
2. Arrange frozen potatoes in a single layer on an 11" x 17" baking sheet. For easier cleanup and to prevent sticking, line the baking sheet with parchment paper.
3. Bake according to the following times, stirring halfway through cooking to ensure even crispness:
  - **Full Bag:** 30 - 35 minutes
  - **Half Bag:** 23 - 25 minutes
4. Cook to desired color and crispness.

### Air Fryer Preparation:

While specific air fryer instructions are not on the package, many users find success with air frying for extra crispness. General guidance for air frying frozen fries often includes:

- Preheat air fryer to **375°F (190°C)**.
- Place a single layer of frozen fries in the air fryer basket. Do not overcrowd.
- Cook for 12-18 minutes, shaking the basket every 5-7 minutes, until golden brown and crispy.



Air Fryer



Oven

## SAFETY INFORMATION

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For food safety, ensure the product is cooked thoroughly. An internal temperature of **165°F (74°C)** must be reached as measured by a food thermometer in several spots.

- Do not consume raw or undercooked product.
- Always handle frozen product with clean hands and utensils.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## PRODUCT SPECIFICATIONS

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Specification	Detail
Brand	Grown in Idaho
Model Number	36800
UPC	<a href="#">043301611643</a>
ASIN	B07HK3TLGC
Product Dimensions	3 x 7 x 9.75 inches
Item Weight	1.75 Pounds (28 Ounce)
Manufacturer	Lamb Weston
Flavor	Potato

## SUPPORT INFORMATION

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For questions or comments regarding Grown in Idaho Hand Cut Style Fries, please contact customer support.

- **Customer Service Phone:** 1-866-518-0137 (except national holidays)
- When calling, please have your product package available for reference.
- You can also visit the official Grown in Idaho website for more information [www.growninidaho.com](http://www.growninidaho.com)



Image: Cooked Grown in Idaho Hand Cut Style Fries served on a wooden board with a side of ketchup.

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