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Up & Up B07HDHDVQX

Up & Up Standard Sized Heating Pad Instruction Manual

INTRODUCTION

This manual provides instructions for the safe and effective use of your Up & Up Standard Sized Heating Pad. Please read all instructions carefully before use and retain this manual for future reference. This heating pad is designed to provide soothing heat therapy for temporary relief of minor aches and pains.

IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances, basic precautions should always be followed to reduce the risk of fire, electric shock, and personal injury.

- **DO NOT** use while sleeping.
- **DO NOT** use on an infant, incapacitated person, or any person insensitive to heat.
- **DO NOT** use on open wounds, irritated skin, or areas of poor circulation. Consult a physician before use if you have any medical conditions.
- **DO NOT** use pins or other metallic objects to fasten the pad. This may damage the electrical wiring.
- **DO NOT** sit on, crush, or fold the pad tightly during use. This can cause overheating.
- Inspect the pad before each use. Discard if the pad shows any signs of deterioration, such as cracking, blistering, or damage to the cord.
- Unplug the heating pad from the electrical outlet when not in use.
- Keep the heating pad and its cord away from pets.
- **DO NOT** immerse the control unit or cord in water or any other liquid.
- Use this heating pad only for its intended use as described in this manual.

PRODUCT FEATURES

The Up & Up Standard Sized Heating Pad offers several features designed for user comfort and convenience:

- **Standard Size:** Measures approximately 12 inches by 15 inches, suitable for various body areas.

- **Flexible Design:** Conforms to the body for targeted heat application.
- **LED Controller:** Easy-to-use controller with clear indicators.
- **Four Heat Settings:** Allows for personalized heat intensity.
- **Two-Hour Auto-Off Function:** Automatically shuts off after two hours for safety and energy conservation.
- **Soft Micro Plush Cover:** Provides a comfortable feel against the skin.
- **Machine Washable Cover:** Ensures easy maintenance and hygiene.



This image shows a woman using the Up & Up Standard Sized Heating Pad. The blue pad is positioned on her upper back and shoulder, demonstrating its flexible design and suitability for targeted heat therapy on various body parts.

SETUP

1. **Unpack:** Carefully remove the heating pad and controller from its packaging.
2. **Inspect:** Examine the heating pad and power cord for any signs of damage. Do not use if damaged.

3. **Connect:** Ensure the connector on the heating pad is securely plugged into the connector on the control unit.
4. **Placement:** Place the heating pad on the desired area of your body. Ensure the pad is not folded or crushed.
5. **Plug In:** Insert the power cord into a standard 120V AC electrical outlet.

OPERATING INSTRUCTIONS

1. **Turn On:** Press the power button on the LED controller to turn on the heating pad. The indicator light will illuminate.
2. **Select Heat Setting:** Press the heat setting button to cycle through the four available heat levels (e.g., Low, Medium-Low, Medium-High, High). The corresponding LED indicator will light up.
3. **Adjust as Needed:** Adjust the heat setting to your comfort level. Begin with the lowest setting and increase gradually.
4. **Auto-Off Feature:** The heating pad is equipped with a 2-hour auto-off function. It will automatically power down after two hours of continuous use. You can restart it by pressing the power button again.
5. **Turn Off:** When finished, press the power button to turn off the heating pad and unplug it from the electrical outlet.

CARE AND MAINTENANCE

Cleaning the Cover

The micro plush cover is machine washable for easy cleaning.

1. **Disconnect:** Always unplug the heating pad from the electrical outlet before cleaning.
2. **Detach:** Disconnect the control unit from the heating pad.
3. **Wash:** Machine wash the fabric cover in cold water on a gentle cycle.
4. **Dry:** Tumble dry on low heat or air dry. Ensure the cover is completely dry before reattaching to the heating pad.
5. **Do Not:** Do not bleach, iron, or dry clean the cover.

Storage

When not in use, store the heating pad in a cool, dry place. Avoid folding the pad tightly or placing heavy objects on it, which could damage the internal wiring.

TROUBLESHOOTING

| Problem | Possible Cause | Solution |
|--|---|---|
| Heating pad does not turn on or heat up. | Not plugged in; loose connection; power outage; damaged unit. | Ensure power cord is securely plugged into a working outlet. Check connection between pad and controller. If still not working, discontinue use and contact customer support. |
| Pad heats unevenly. | Pad is folded or bunched during use. | Ensure the pad is laid flat and not folded or crushed during operation. |

| Problem | Possible Cause | Solution |
|--|-----------------------------|--|
| Controller lights are off after 2 hours. | Auto-off feature activated. | This is normal operation. Press the power button to restart the heating pad if further use is desired. |

SPECIFICATIONS

- **Model:** B07HDHDVQX
- **Brand:** Up & Up
- **Dimensions:** Approximately 12 inches x 15 inches
- **Heat Settings:** 4
- **Auto-Off:** 2 hours
- **UPC:** 027045801416
- **Power:** 120V AC (Standard Household Outlet)

WARRANTY AND SUPPORT

For information regarding warranty coverage or customer support, please refer to the packaging or contact the retailer where the product was purchased. Keep your purchase receipt as proof of purchase.