Rommelsbacher MD 1000

Rommelsbacher MD 1000 Multi-Cooker User Manual

Model: MD 1000

Introduction

The Rommelsbacher MD 1000 "MeinHans" is a versatile digital steam cooker and multi-cooker designed to simplify your cooking experience. This appliance combines up to nine kitchen utensils into one compact unit, making it ideal for various cooking methods including pressure cooking, steaming, roasting, braising, preparing creamy milk dishes and yogurt, and even baking bread. It also supports modern cooking techniques like Sous Vide and Slow Cooking.
With 14 automatic cooking programs, both with and without steam pressure, the MD 1000 offers fully automatic and safe cooking processes. All programs are customizable, and manual settings are also available. This multi-cooker is engineered for nutrient-friendly preparation, saving up to 70% of cooking time and 50% of energy compared to traditional methods. It features automatic shut-off and a one-hour keep-warm function. Its high-quality materials and thoughtful design ensure ease of use and cleaning.



Figure 1: Front view of the Rommelsbacher MD 1000 Multi-Cooker, showcasing its control panel and sleek design.

Safety Instructions

Your safety is paramount. Please read and understand all safety instructions before operating the Rommelsbacher MD 1000 Multi-Cooker.

- The appliance is GS / TÜV Süd certified, ensuring high safety standards.

- Features 12 integrated safety functions for maximum protection during operation.
- The Cool Touch plastic housing remains cool to the touch during cooking, reducing burn risks.
- An automatic lid lock engages when pressure builds, preventing accidental opening.
- Always use the separate button for safe manual steam release to avoid direct contact with hot steam.
- Ensure the appliance is placed on a stable, heat-resistant surface away from walls and cabinets.
- Do not immerse the main unit in water or any other liquid.
- Keep out of reach of children and pets.



Figure 2: TÜV SÜD and GS certification logos, indicating the product meets recognized safety standards.

Product Components

Familiarize yourself with the main components of your Rommelsbacher MD 1000 Multi-Cooker:

- **Main Unit:** Houses the heating element, control panel, and safety mechanisms.
- **Lid:** Features a pressure release valve and automatic locking mechanism.
- **Removable Inner Pot:** 5.5-liter capacity (4 liters usable volume), robust, pressure-resistant, and non-stick coated for easy cleaning.
- **Control Panel:** German LCD screen with intuitive touch controls for program selection, time, and temperature adjustments.
- **Accessories:**
  - Steam Basket
  - Measuring Cup
  - 2 Serving Spoons
  - Removable Power Cable



Figure 3: The Rommelsbacher MD 1000 Multi-Cooker displayed with various fresh ingredients, highlighting its role in meal preparation.

Setup

1. **Unpacking:** Carefully remove all components from the packaging. Retain packaging for future storage or transport.
2. **Initial Cleaning:** Before first use, wash the removable inner pot, steam basket, measuring cup, and serving spoons with warm soapy water. Rinse thoroughly and dry completely. Wipe the exterior of the main unit with a damp cloth.
3. **Placement:** Place the multi-cooker on a flat, stable, and heat-resistant surface. Ensure there is adequate space around the appliance for ventilation, especially above the lid for steam release.
4. **Power Connection:** Connect the removable power cable to the appliance and then plug it into a grounded electrical outlet (230V).
5. **Insert Inner Pot:** Place the clean, dry inner pot into the main unit. Ensure it is seated correctly.

Operating Instructions

Basic Operation

- **Power On:** Once plugged in, the LCD screen will illuminate.
- **Lid Operation:** To open, twist the lid handle counter-clockwise and lift. To close, align the lid with the main unit, press down, and twist clockwise until it locks securely. The automatic lid lock will engage when pressure builds.

Using Automatic Programs

The MD 1000 offers 14 pre-set programs for various dishes:

1. Add your ingredients to the inner pot according to your recipe.
2. Close and lock the lid.
3. Press the "Program" button on the control panel to cycle through the available programs. The German LCD screen will display the selected program.
4. Once your desired program is selected, press "Start / Pause" to begin cooking.
5. The appliance will automatically adjust pressure, temperature, and cooking time.
6. Upon completion, the appliance will automatically switch to the "Keep Warm" function for up to one hour.



Figure 4: The Rommelsbacher MD 1000 Multi-Cooker in operation, with a prepared dish ready to be served.

Manual Cooking & Customization

- To set cooking parameters manually, select the "MAN" option on the control panel.
- Use the "+" and "-" buttons to adjust cooking time and temperature as needed.
- Press "Start / Pause" to begin.
- You can also customize the settings of automatic programs before starting them.

Pressure Cooking

- For pressure cooking, ensure the lid is securely locked and the pressure release valve is in the sealed position (if applicable, refer to specific lid markings).

- The appliance offers two steam pressure levels for quick cooking.
- **Releasing Pressure:** After pressure cooking, allow natural pressure release or use the dedicated "Steam Release" button for a quick and safe manual release. **Always keep hands and face clear of the steam vent during release.**

Delayed Start & Keep Warm

- **Delayed Start:** Use the "Startzeit" (Start Time) function to program a delayed start for your cooking. This allows you to prepare ingredients in advance and have your meal ready at a specific time.
- **Keep Warm:** After cooking, the appliance automatically enters "Warmhalten" (Keep Warm) mode, maintaining the food's temperature for up to one hour. Press "Stopp" to cancel this function.

Care and Maintenance

Proper care ensures the longevity and optimal performance of your multi-cooker.

- **Cleaning the Inner Pot:** The non-stick inner pot is removable and easy to clean. Wash with warm soapy water and a soft sponge. Avoid abrasive cleaners or scouring pads that could damage the non-stick coating. Rinse thoroughly and dry completely before storing or next use.
- **Cleaning the Lid:** Wash the lid, including the sealing ring and pressure release valve components, with warm soapy water. Ensure all food residues are removed from the valve. Rinse and dry thoroughly.
- **Cleaning the Main Unit:** Wipe the exterior of the main unit with a damp cloth. Never immerse the main unit in water.
- **Storage:** Ensure all parts are clean and dry before storing. Store the multi-cooker in a cool, dry place. Its compact design allows for space-saving storage.

Troubleshooting

Problem	Possible Cause	Solution
Appliance does not power on.	Not plugged in; power outlet issue; power cable not connected properly.	Ensure power cable is securely plugged into both the appliance and a working electrical outlet. Check circuit breaker.
Lid will not close/lock.	Inner pot not seated correctly; lid not aligned; food obstructing lid.	Ensure inner pot is fully seated. Align lid properly and twist clockwise until it clicks. Check for any obstructions.
Steam leaking from lid during pressure cooking.	Lid not sealed properly; sealing ring damaged or dirty; food debris on rim.	Ensure lid is securely locked. Check sealing ring for damage or proper placement. Clean lid and rim thoroughly.
Food not cooking properly.	Incorrect program/settings; insufficient liquid; lid not sealed.	Verify selected program and settings. Ensure adequate liquid for pressure cooking. Check lid seal.

Specifications

Feature	Detail
Brand	Rommelsbacher
Model Number	MD 1000
Color	White/Black

Feature	Detail
Product Dimensions (L x W x H)	29.5 x 32 x 31.5 cm
Item Weight	6.53 Kilograms
Capacity	6 Liters (4 Liters usable volume)
Power	1000 Watts
Voltage	230V
Material	Md, Plastic
Control Method	Touch
Automatic Shut-off	Yes
Programs	14 automatic cooking programs

Warranty and Support

For warranty information and customer support, please refer to the official Rommelsbacher website or contact their customer service directly. Keep your purchase receipt as proof of purchase for any warranty claims.
For further assistance or to purchase replacement parts, please visit theRommelsbacher official website or contact their authorized service centers.

© 2024 Rommelsbacher. All rights reserved.