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## Sony WH-1000XM3

# Sony WH-1000XM3 Wireless Noise Canceling Stereo Headset Instruction Manual

Brand: Sony | Model: WH-1000XM3

## INTRODUCTION

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Welcome to your Sony WH-1000XM3 Wireless Noise Canceling Stereo Headset. This manual provides essential information for setting up, operating, and maintaining your headphones.



The Sony WH-1000XM3 headphones are designed for superior audio and noise cancellation, ideal for travel and daily use.

## WHAT'S IN THE BOX

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- Headphone
- Protective Case
- Cable (USB-C charging cable and audio cable for wired connection)



The included protective case ensures safe storage and transport of your headphones and accessories.

## PRODUCT OVERVIEW

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### Key Features

- Smart listening by Sense Engine.
- Quick Attention Mode for effortless conversations without removing headphones.
- Industry-leading noise canceling for immersive audio.
- Premium sound quality from 40mm Liquid Crystal Polymer drivers.
- Volume Control Touch Sensor.

### Components



The headphones feature a sleek, over-ear design with comfortable earcups.



The left earcup houses the power button, noise canceling/ambient sound mode button, and USB-C charging port.



The right earcup features a touch control panel for managing playback, volume, and calls.

## SETUP

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### Charging the Headphones

Connect the supplied USB-C cable to the USB-C port on the left earcup and to a USB power adapter (not supplied) or a computer. The indicator light will show charging status. A full charge provides approximately 30 hours of playback.

### Powering On/Off

To power on, press and hold the power button on the left earcup until the indicator light flashes. To power off, press and hold the power button again until the indicator light turns off.

### Bluetooth Pairing

1. Ensure the headphones are powered off.
2. Press and hold the power button for about 7 seconds until the indicator light flashes blue rapidly. This indicates pairing mode.
3. On your device, enable Bluetooth and select "WH-1000XM3" from the list of available devices.
4. Once connected, the indicator light will flash blue slowly.

## OPERATING INSTRUCTIONS

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### Noise Canceling and Ambient Sound Mode

Press the NC/AMBIENT button on the left earcup to cycle through Noise Canceling, Ambient Sound Mode, and Off.

## Quick Attention Mode

To activate Quick Attention Mode, place your hand over the entire touch control panel on the right earcup. The volume will lower, and ambient sound will be heard, allowing you to hear announcements or conversations without removing your headphones. Remove your hand to resume normal playback.

## Touch Controls

The right earcup features a touch control panel for various functions:

- **Play/Pause:** Double-tap the center.
- **Volume Up/Down:** Swipe up/down.
- **Next Track/Previous Track:** Swipe forward/backward.
- **Answer/End Call:** Double-tap the center during an incoming call.

## Wired Connection

Use the supplied audio cable to connect the headphones to a device with a 3.5mm audio jack. This allows for audio playback even if the battery is depleted.

## MAINTENANCE

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- Keep the headphones clean by wiping them with a soft, dry cloth.
- Avoid exposing the headphones to extreme temperatures, humidity, or direct sunlight.
- Store the headphones in their protective case when not in use to prevent damage.
- Do not attempt to disassemble or modify the headphones.

## TROUBLESHOOTING

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### No Power

- Ensure the headphones are fully charged.
- Check the USB-C charging cable and power source.

### No Bluetooth Connection

- Ensure the headphones are in pairing mode (rapidly flashing blue indicator).
- Check that Bluetooth is enabled on your device and the headphones are selected.
- Move the headphones closer to your device.

### Noise Canceling Not Effective

- Ensure the earcups fit snugly over your ears.
- Adjust the noise canceling settings using the NC/AMBIENT button.

## SPECIFICATIONS

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Feature	Detail
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Feature	Detail
Brand	Sony
Model Name	WH-1000XM3
Color	Black
Ear Placement	Over Ear
Form Factor	Over Ear
Impedance	47 Ohms
Connectivity Technology	Wired, Wireless (Bluetooth, NFC)
Bluetooth Version	5
Bluetooth Range	10 Meters
Noise Control	Active Noise Cancellation
Frequency Response	4Hz-40,000Hz
Battery Average Life	30 Hours
Control Method	Touch
Item Weight	0.56 Pounds
Material	Plastic
Manufacturer	Blu

## WARRANTY AND SUPPORT

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This product comes with a seller warranty. For detailed warranty information and support, please refer to your purchase documentation or contact the seller directly.

For additional product information and support resources, visit the [Official Sony Store on Amazon](#).