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› FIT KING Calf Massager FT-008A Instruction Manual

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FIT KING Calf Massager FT-008A Instruction Manual

MODEL: FT-008A

Introduction

The FIT KING Calf Massager FT-008A is an air compression device designed to provide relief and relaxation for your legs, calves, feet, and arms. It utilizes air bags to deliver a soothing massage, promoting circulation and aiding in muscle recovery. This manual provides essential information for safe and effective use of your massager.

Air Compression Calf Massager

Give your legs a deep level relaxation



Image: A woman relaxing on a couch with the FIT KING Calf Massager wraps applied to her calves, illustrating the product in use for relaxation.

Safety Information

- Consult your doctor before use if you have any medical conditions.
- Do not use on injured or inflamed areas.
- Discontinue use if you experience discomfort or pain.
- Keep away from water.
- Not for use by children without adult supervision.

Package Contents

Verify that all items are present in your package:

- Calf Massager Wraps (2)
- Handheld Controller
- Air Hoses (pre-attached to wraps and controller)
- DC12V/1A Power Adapter

- Mesh Storage Bag
- User Manual

Setup

1. **Charge the Device:** Connect the provided power adapter to the handheld controller and plug it into a power outlet.
2. **Attach Wraps:** Ensure the air hoses are securely connected to both the calf massager wraps and the handheld controller. The hoses are typically color-coded or labeled for correct attachment (L for left, R for right).
3. **Apply Wraps:** Place the massager wraps around your calves, feet, or arms. Use the Velcro fasteners to adjust the wraps for a comfortable and secure fit. Ensure they are not too tight to allow for proper air inflation.

One Size Fits Most

Size can be adjusted by velcro



Image: A user demonstrating how to apply the massager wraps to the calves, securing them with Velcro.

Video Guide: How to Use FIT KING Leg Air Compression Massager?

Your browser does not support the video tag.

Video: A detailed demonstration on how to set up and use the FIT KING Leg Air Compression Massager, including connecting components and applying the wraps.

Operating Instructions

The handheld controller allows for easy operation:



Image: The handheld controller with clearly labeled buttons for power, mode selection (1 and 2), and air pressure intensity adjustment.

1. **Power On/Off:** Press the **ON/OFF** button to start or stop the massager.
2. **Select Mode:** Choose between 2 massage modes using the **Mode** button (labeled 1 and 2).
 - **Mode 1 (Sequence Mode):** Provides a sequential compression massage.
 - **Mode 2 (Whole Mode):** Offers a whole compression massage experience.
3. **Adjust Intensity:** Select from 3 intensity levels (Low, Medium, High) using the **Air Pressure** button.
4. **Automatic Shut-off:** The massager will automatically turn off after 20 minutes of continuous use for safety and convenience.

Adjustable Size and Versatility

The calf massager wraps feature an adjustable design, allowing them to be easily customized to fit various sizes and body parts. The Velcro fasteners provide flexibility to loosen or tighten the wraps as needed.

- Can be used on calves, feet, or arms.
- One size fits most users due to the adjustable Velcro.



One Massager Suitable for Different Areas

It provides comfortable massage for your calves, feet or arms

Wraps Size Adjustable Design

Flexible to loosen or tighten to the comfortable size by adjusting the velcro



Image: A man using the massager wraps on his arms, highlighting the product's versatility for different body parts.

Intended Use and Benefits

The FIT KING Calf Massager is designed to provide multiple therapeutic benefits:

- **Relieve Fatigue & Relax Muscles:** Helps relax muscles from lower to upper, relieving daily fatigue.
- **Improve Circulation:** Enhances blood flow, which is beneficial for overall leg health.
- **Relieve Edema and Pain:** Aids in reducing leg edema, swelling, varicose veins, and muscle soreness.
- **Helpful for Restless Leg Syndrome (RLS):** Can provide comfort and relief for individuals experiencing RLS.



For sedentary office workers



For sports enthusiasts or gym goers



For those experiencing leg pain

Care and Maintenance

- Wipe the massager wraps with a soft, damp cloth. Do not immerse in water.
- Store the device in a cool, dry place, preferably in the provided mesh storage bag, when not in use.
- Keep the air hoses free from kinks or damage.

Troubleshooting

If you encounter any issues with your FIT KING Calf Massager, please refer to the following common solutions:

- **Device not turning on:** Ensure the power adapter is securely plugged into both the controller and a working power outlet.
- **No air compression:** Check that all air hoses are firmly connected to the wraps and the controller. Ensure the wraps are properly sealed around your limbs.
- **Weak compression:** Increase the intensity level using the Air Pressure button on the controller. Ensure the wraps are snug but comfortable.
- **Unusual noise:** Discontinue use and check for any obstructions in the air hoses or wraps. If the issue

persists, contact customer support.

Specifications

Feature	Detail
Model Name	FT-008A
Brand	FIT KING
Power Source	Corded Electric (DC12V/1A adapter)
Massage Therapy Technique	Compression
Massage Modes	2 (Sequential, Whole)
Intensity Levels	3 (Low, Medium, High)
Automatic Shut-off	20 minutes
Target Use Body Part	Calf, Feet, Arms
Material Type	Polyester mesh fabric
Product Dimensions	7.5 x 3 x 2 inches; 3.09 Pounds

Warranty and Support

FIT KING offers various protection plans for your product. Please refer to your purchase documentation or contact FIT KING customer support for details regarding warranty coverage and service options.

For further assistance, please visit the official FIT KING store or contact their customer service department.