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Snailax SL-363ME

Snailax Memory Foam Full Body Massage Mat with Heat

MODEL: SL-363ME

Introduction

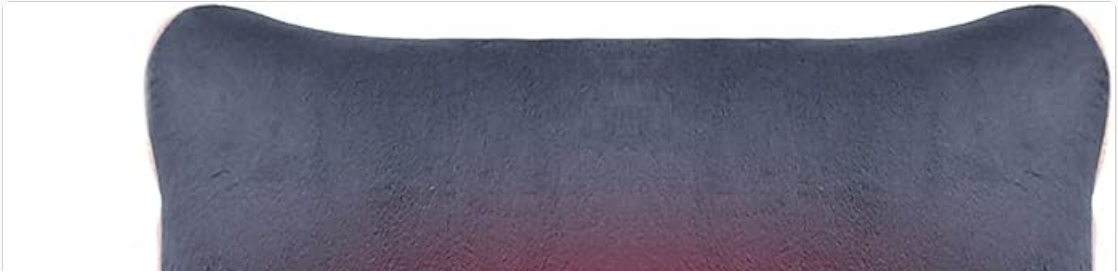
The Snailax Memory Foam Full Body Massage Mat with Heat is designed to provide comfort and relaxation through invigorating vibration massage and soothing heat therapy. This mat features 10 vibration motors and 6 heating pads, targeting various body areas including the neck, shoulders, back, thighs, and legs. Constructed with high-density memory foam and a soft plush fabric, it offers superior comfort and can be used on various surfaces such as beds, couches, recliners, or floors. Its flexible and foldable design allows for easy transport and storage.

Important Safety Information

Use the massager properly and handle with care to avoid any risk of injury. Always refer to this user manual for detailed safety instructions and precautions before use. This product is a vibration massager only and does not feature shiatsu kneading with roller balls. The electric motors may produce a slight noise during operation, which is normal.

Product Features

- **10 Vibration Motors:** Provides invigorating massage for the entire body.
- **6 Heating Pads:** Targets heat zones in the neck, upper back, lower back, lumbar, thighs, and legs.
- **Memory Foam Padding:** High-density polyurethane memory foam for superior comfort and pressure relief.
- **Soft Plush Fabric:** 100% ultra-plush polyester for a comfortable surface.
- **Flexible and Foldable Design:** Easily adapts to various surfaces and folds for storage.
- **Customizable Settings:** 5 massage modes, 4 selective massage zones, and 3 intensity options.
- **Overheat Protection:** Ensures stable temperature and safety with an auto shut-off function.







An overhead view of the Snailax full body massage mat, highlighting its plush grey fabric and integrated heating elements.

Note: This is not a shiatsu kneading massager with rolling balls, this is a **VIBRATION** massager only. DON'T BUY, if you are looking for a shiatsu massager.



A woman lies relaxed on the Snailax massage mat, with dotted lines indicating the targeted massage zones for neck, shoulder, mid-back, lower back/lumbar, leg/thigh, and feet.



A woman rests on the Snailax massage mat, holding the remote control. The image highlights the soothing heat function, indicating warmth in 5 minutes and reaching 140°F in about 15 minutes, along with overheating protection.



An exploded view illustrating the layers of the Snailax massage mat: 100% ultra-plush polyester exterior, 0.8-inch memory foam, 0.4-inch high-density base support foam, and knitted polyester cloth.

Components and Package Contents

The following items are included in your Snailax Memory Foam Full Body Massage Mat package:

- Massage Mat
- UL Home Adapter
- User Manual
- Packing Box

An image displaying the contents included in the Snailax massage mat package: the massage mat, a UL home adapter, a user manual, and the packing box.

Setup Instructions

1. Unpack the massage mat and all accessories from the packaging.
2. Unroll the mat and place it on a flat, comfortable surface such as a bed, couch, or floor.
3. Connect the UL home adapter to the mat's power input.
4. Plug the adapter into a suitable electrical outlet.
5. Ensure the remote control is easily accessible. The mat includes a small pocket to store the remote when not in use.

Operating Instructions

The massage mat is controlled via a wired remote. Familiarize yourself with the remote's functions:



A detailed diagram of the Snailax massage mat remote control, showing buttons for neck heat, massage regions (neck, upper back, lower back, leg, feet), mode indicators (M1-M5), intensity indicators (Low, Med, High), On/Off, Intensity, Heat (full body), and Mode selection.

- **Power On/Off:** Press the **ON/OFF** button to turn the massage mat on or off.
- **Heat Function:**
  - Press the **HEAT (NECK)** button to activate heat specifically for the neck area.
  - Press the **HEAT (BACK)** button to activate heat for the entire body. The heat function can be used independently of massage.
- **Massage Regions:** Use the individual buttons for **NECK**, **UPPER BACK**, **LOWER BACK**, **LEG**, and **FEET** to select specific areas for massage. These can be turned on or off as desired, even while a massage mode is active.
- **Massage Modes:** Press the **MODE** button to cycle through 5 preprogrammed massage modes (M1 to M5). The corresponding indicator light will illuminate.
- **Intensity Levels:** Press the **INTENSITY** button to choose between Low, Medium, and High vibration intensities. The indicator lights (LO, MED, HI) will show the current setting.

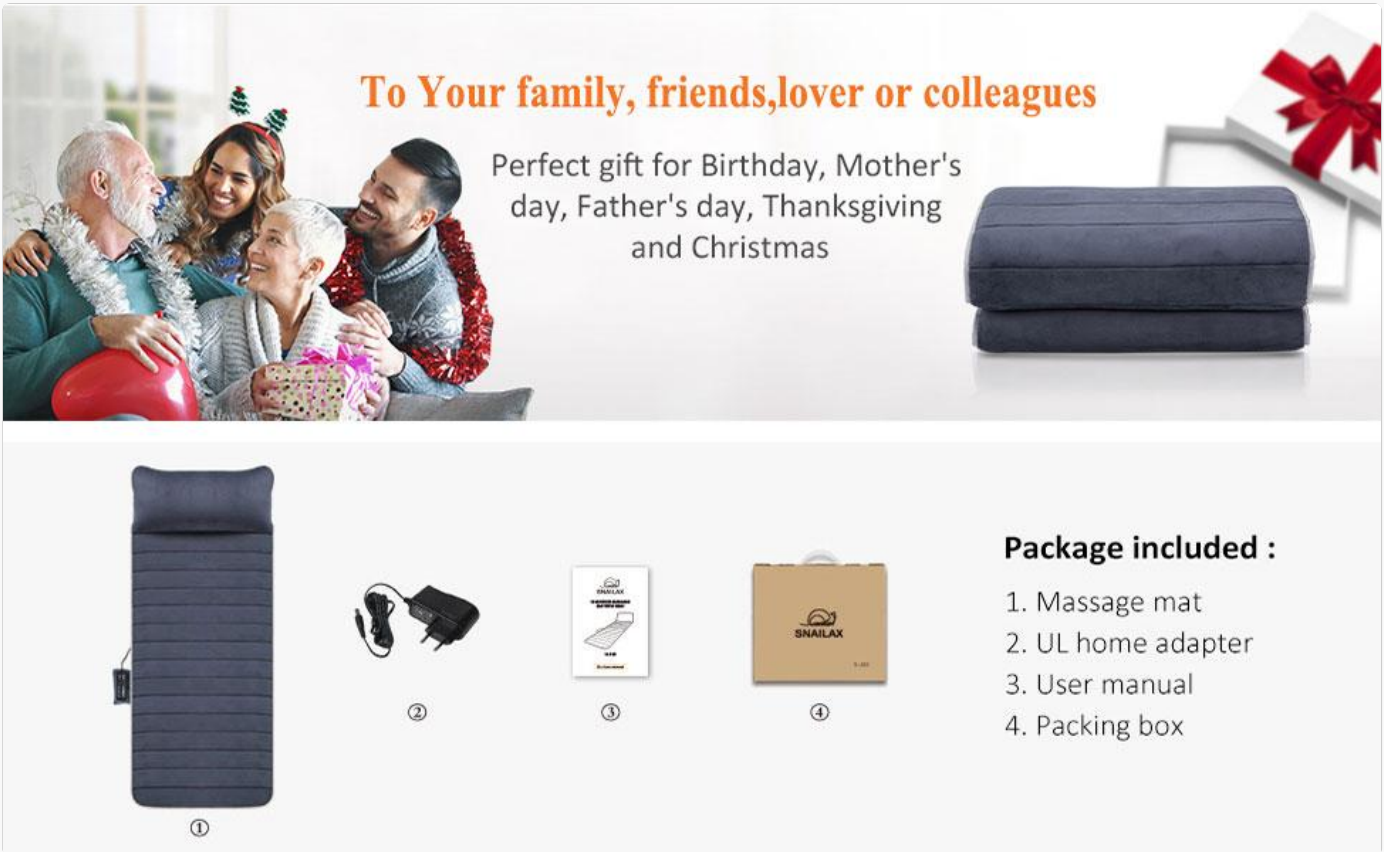
An official video demonstrating the Snailax Massage Mat with Heat, Model SL-363M, showcasing its features and how it functions.

Care and Maintenance

- **Cleaning:** Disconnect the mat from the power source before cleaning. Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or harsh chemicals.
- **Storage:** When not in use, fold the mat and store it in a cool, dry place away from direct sunlight. Avoid placing heavy objects on the mat.
- **Handling:** Do not pull the mat by the power cord or remote control.

Troubleshooting Guide

If you encounter any issues with your Snailax massage mat, please refer to the table below or contact customer support.



A table addressing common questions about the Snailax massage mat, including reasons for noise (slight motor noise), estimated heating temperature (110°F and 140°F, 15 mins to reach max), sudden shut-off (overheat protection, rest for 15-30 mins), and device not starting (check usage time, rest for 15 mins, check adapter).

Common Issues and Solutions

Fault	Solution
Device produces noise	The electric motor may produce slight noise during operation, which is a normal condition.
Device switches off suddenly	Over-heat protection function activated. Device is switched off for your safety. Please rest device for 15-30 minutes before restarting.

Fault	Solution
Device fails to start	Check if device has been used for more than 30 minutes. If so, let device rest for 15 minutes before continuing. Check if adapter output is connected to the device power input.

Specifications

- **Brand:** Snailax
- **Model Number:** SL-363ME
- **Product Dimensions:** 24.41 x 16.54 x 8.27 inches; 6.61 Pounds (folded) / 57 x 24 x 1.57 inches (unfolded)
- **Item Weight:** 3 Kilograms
- **Material:** Exterior material: Soft plush fabric 100% Polyester
- **Power Source:** Corded Electric
- **Use for:** Whole Body
- **Date First Available:** September 15, 2018
- **Manufacturer:** SNAILAX



The Snailax massage mat laid out, showing its dimensions: 57 inches long, 24 inches wide, and 1.57 inches thick when flat. The headrest

section is 12 inches high when raised, and the folded dimensions are 24 inches by 18.5 inches by 8.3 inches.

Warranty and Support

A 2-year protection plan is available for this product. For any questions, concerns, or support needs, please refer to the contact information provided in your product packaging or visit the official Snailax website.

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