Fibra Kania B07G2DMBCX

Fibra Kania Natural Fiber Powder User Manual

Model: B07G2DMBCX

Product Overview

Fibra Kania Natural Fiber is a dietary supplement designed to support digestive health and regularity. It is formulated with a blend of four natural fibers and has been used in Mexico for many years.

Image: Front view of the Fibra Kania Natural Fiber Powder jar, showing the brand logo and "Natural Fiber" text.

Key Benefits:

- Helps control chronic or occasional constipation.
- Assists in maintaining regularity in bowel movements.
- Promotes healthier cholesterol levels when combined with diet and exercise.
- Supports healthy weight management without common side effects like diarrhea.
- Natural flavor with no added sugars or artificial flavors.

Ingredients

Fibra Kania Natural Fiber is made from a blend of four natural fibers:

- Fenugreek
- Cactus Root (Opuntia ficus-indica)

- Maguey Fibers (Fibras de Maguey)
- Seaweed (Fucus vesiculosus)

Image: Side view of the product jar displaying the Supplement Facts label, including ingredients and nutritional information.

Directions for Use

Preparation and Dosage:

To use Fibra Kania Natural Fiber, dissolve **1 tablespoon** of the powder into a cup of your preferred liquid or food. This can include:

- Milk
- Yogurt
- Water
- Juice
- Your desired drink

Alternatively, you can sprinkle the powder over your fruit. For best results, it is preferably taken before bedtime.

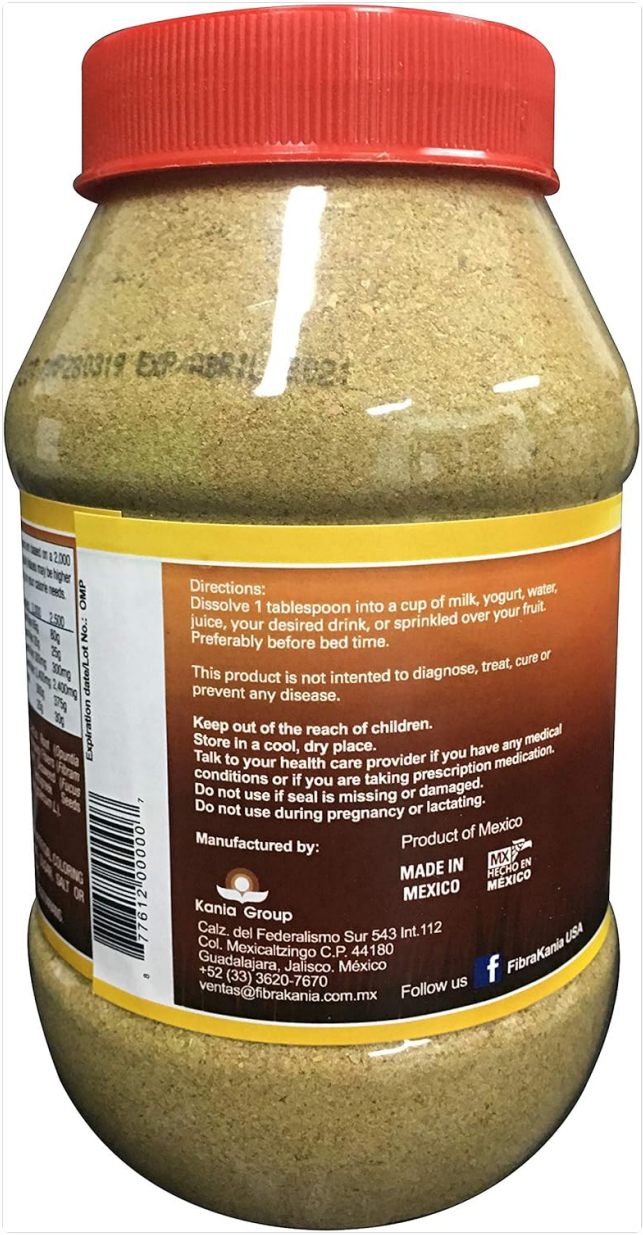

Image: Side view of the product jar showing the "Directions" label, including usage instructions and important disclaimers.

Storage and Handling

To maintain the quality and efficacy of Fibra Kania Natural Fiber, store the product in a cool, dry place. Ensure the lid is tightly sealed after each use to prevent moisture absorption and maintain freshness.

Image: Top view of the Fibra Kania Natural Fiber Powder jar, highlighting the red screw-top lid for secure storage.

Important Considerations and Warnings

Please read the following important information before using this product:

- This product is not intended to diagnose, treat, cure, or prevent any disease.
- Keep out of the reach of children.
- Consult your healthcare provider if you have any medical conditions or are taking prescription medication.
- Do not use if the seal is missing or damaged upon purchase.
- Do not use during pregnancy or lactation.

Some users may experience initial discomfort or changes in bowel habits as their body adjusts to increased fiber intake. If discomfort persists, reduce dosage or consult a healthcare professional.

Product Specifications

Attribute	Detail
Brand	Fibra Kania

Item Form	Powder
Package Information	Jar
Item Package Quantity	1
Product Dimensions	3.75 x 3.75 x 6.75 inches
Item Weight	1.39 Pounds (23 Ounce / 650g)
ASIN	B07G2DMBCX
Date First Available	July 30, 2018
Manufacturer	KANIA GROUP

Warranty and Support

Information regarding a specific product warranty is not provided in the available documentation. For any inquiries or support related to Fibra Kania Natural Fiber, please contact the manufacturer directly.

Manufacturer Contact Information:

Manufacturer: KANIA GROUP

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You can also find more information and connect with the brand on Facebook by searching for "FibraKania USA".

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This manual is for informational purposes only. Always consult with a healthcare professional before starting any new supplement regimen.