

DGYAO B07FTKBHPX

DGYAO Red & Infrared Light Therapy Belt User Manual

Model: B07FTKBHPX

Brand: DGYAO

1. INTRODUCTION

Welcome to the DGYAO Red & Infrared Light Therapy Belt user manual. This guide provides essential information for the safe and effective use of your light therapy device. Please read this manual thoroughly before operation.

The DGYAO Red & Infrared Light Therapy Belt is designed to provide targeted red and near-infrared light therapy for temporary relief of minor muscle and joint pain, stiffness, and to promote muscle relaxation.

2. IMPORTANT SAFETY INFORMATION

Please observe the following safety precautions to prevent injury or damage to the device.

- Consult with a healthcare professional before using this device if you have any medical conditions, are pregnant, or are taking medications that may increase light sensitivity.
- Do not use over open wounds, broken skin, or areas with active infections.
- Avoid direct eye exposure to the light.
- Do not use if the device or power cord is damaged.
- Keep out of reach of children.
- This device is not intended to diagnose, treat, cure, or prevent any disease.
- Discontinue use if you experience any discomfort or adverse reactions.

3. PACKAGE CONTENTS

Verify that all items are present in your package:

- DGYAO Red & Infrared Light Therapy Pad
- Power Adapter
- Controller with Timer Function

- Connection Cables
- Adjustable Straps (long and short)

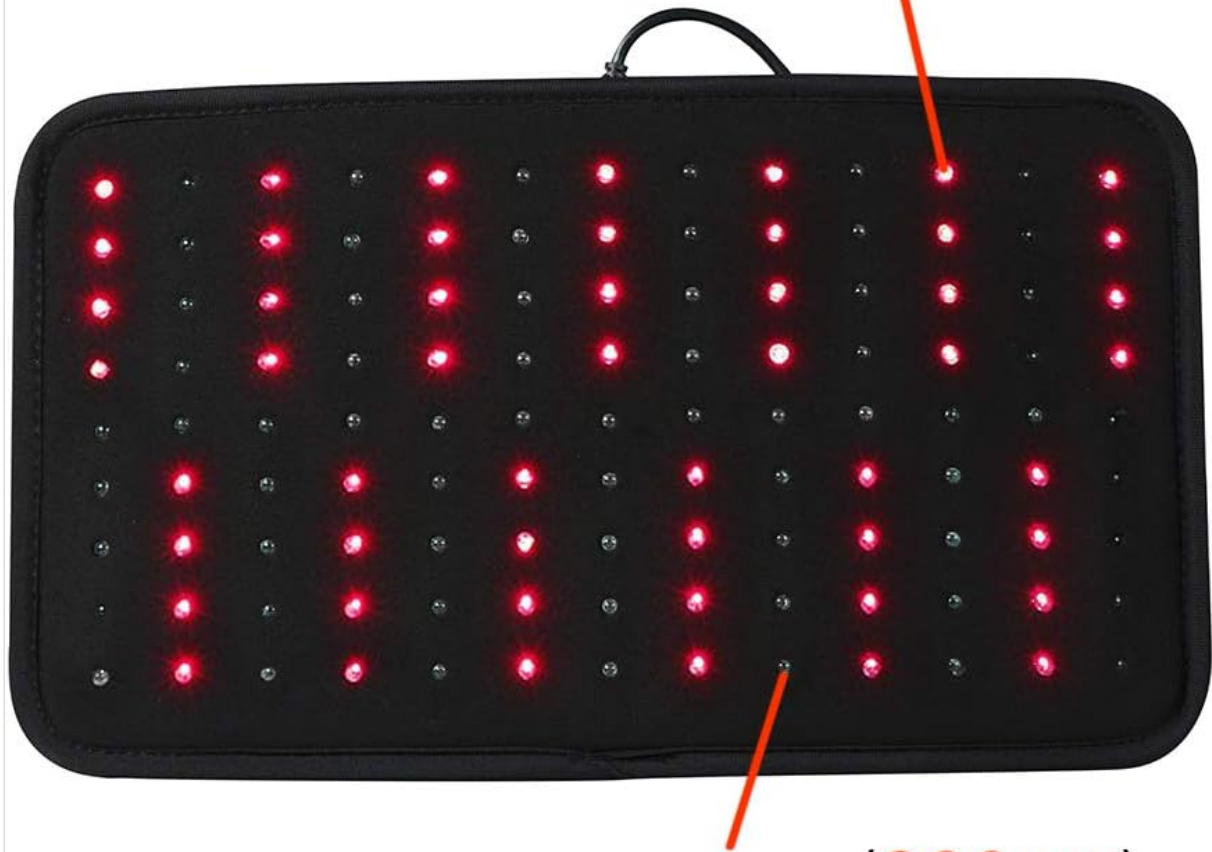


Image Description: A flat lay of the DGYAO Red & Infrared Light Therapy Belt components, including the therapy pad, power adapter, controller, connection cables, and two adjustable straps.

4. PRODUCT OVERVIEW

The DGYAO Red & Infrared Light Therapy Belt utilizes a combination of visible red light (660 nm) and invisible near-infrared light (880 nm) to penetrate tissues.

52 visible red light(660 nm)



65 invisible near infrared light(880nm)

Image Description: Close-up of the therapy pad showing individual red LED lights and indicating the presence of invisible near-infrared lights (880nm) alongside visible red lights (660nm).

Key Features:

- **Dual Light Therapy:** Combines 660nm red light and 880nm near-infrared light.
- **Flexible Design:** Conforms to various body parts.
- **Timer Function:** Allows for controlled session durations.
- **Adjustable Straps:** For secure and comfortable placement.

5. SETUP INSTRUCTIONS

1. **Connect Power:** Plug the power adapter into a wall outlet.
2. **Connect Controller:** Attach the power adapter cable to the controller.
3. **Connect Therapy Pad:** Connect the therapy pad to the controller. Ensure all connections are secure.
4. **Attach Straps:** Use the provided adjustable straps to secure the therapy pad to the desired treatment area. The long strap is suitable for back and hip, while the short strap is for neck, arm, chest, shoulder, knee, and elbow.

COME WITH 2 VELCRO STRAPS.THE LONG ONE FOR YOUR BACK,HIP
AND THE SHORT ONE FOR NECK,ARM, CHEST, SHOULDER,KNEE AND ELBOW



Image Description: Diagram illustrating various application areas for the therapy belt, including the neck, knee, hip, shoulder, and back, demonstrating how the straps secure the pad.

6. OPERATING THE DEVICE

Powering On/Off

Press the power button on the controller to turn the device on or off.

Setting the Timer

The controller features a timer function. Select your desired treatment duration (e.g., 10, 20, 30 minutes). It is recommended to start with shorter sessions and gradually increase as tolerated.

Recommended Usage

- Place the therapy pad directly on the skin or over light clothing on the target area.
- Typical session duration is 10-20 minutes, 1-3 times per day.

- Maintain a consistent schedule for best results.
- Do not exceed 30 minutes per session on a single area.

LARGE 12" X 6" TREATMENT AREA

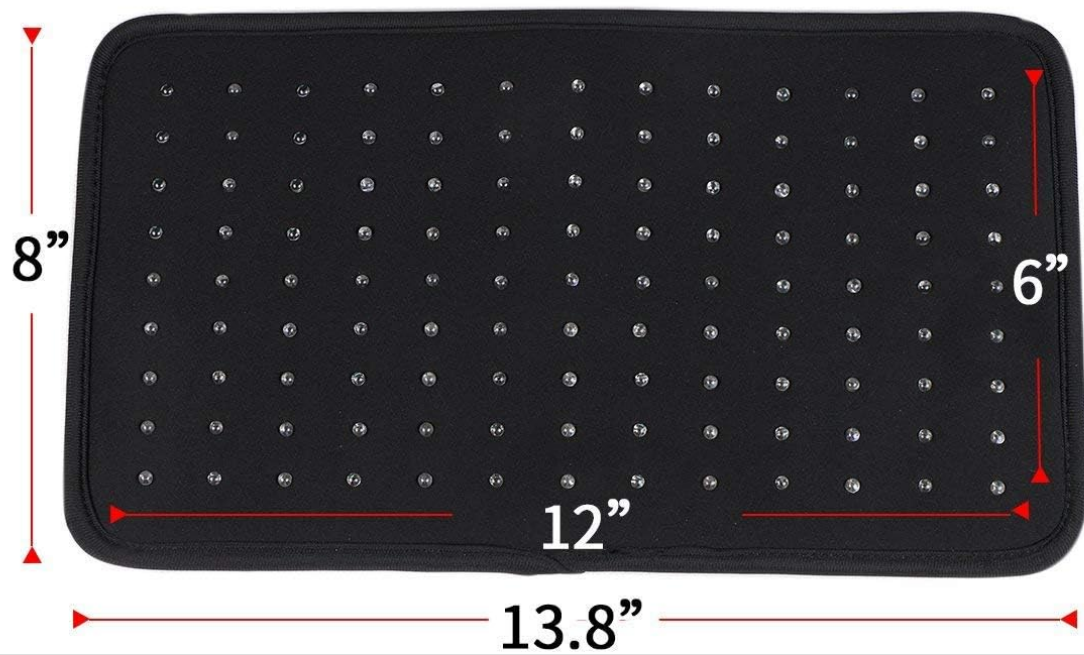


Image Description: A person wearing the DGYAO therapy belt on their lower back, demonstrating a typical application during use.



Image Description: A person comfortably using the DGYAO therapy belt around their waist while sitting and using a laptop, highlighting its wearable and flexible design for use during daily activities.

7. CARE AND MAINTENANCE

- **Cleaning:** Disconnect the device from power before cleaning. Wipe the therapy pad with a soft, damp cloth. Do not immerse in water.
- **Storage:** Store the device in a cool, dry place away from direct sunlight when not in use.
- **Handling:** Handle the device with care. Avoid bending the pad excessively or placing heavy objects on it.

8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Power adapter not connected, controller not connected, power outlet issue.	Ensure all cables are securely connected. Try a different power outlet.
Lights are dim or flickering.	Low power supply, faulty connection.	Check power connections. Ensure the power adapter is functioning correctly.
Device feels too hot.	Prolonged use, poor ventilation.	Discontinue use immediately. Allow the device to cool down. Ensure proper air circulation around the pad during use.

9. PRODUCT SPECIFICATIONS

- **Brand:** DGYAO
- **Model:** Red & Infrared Light Therapy Belt (B07FTKBHPX)
- **Light Wavelengths:** 660nm (Red Light), 880nm (Near-Infrared Light)
- **Pad Dimensions:** Approximately 12" x 8" (treatment area)
- **Power Source:** AC Adapter (Input: 100-240V, Output: 12V)
- **Timer Settings:** Multiple options (e.g., 10, 20, 30 minutes)
- **Weight:** Approximately 2.4 Pounds (Package Weight)









Image Description: An image detailing the dimensions of the therapy pad, showing a treatment area of 12 inches by 8 inches.

10. WARRANTY AND SUPPORT

DGYAO offers a lifetime replacement on the charger, controller, and connectors. For warranty claims or technical support, please contact DGYAO customer service.

Visit the official DGYAO store for more information: [DGYAO Store](#)

Related Documents - B07FTKBHPX

	<p>DGYAO RLT-WB01 Red & Infrared Light Therapy Device User Manual</p> <p>Comprehensive user manual for the DGYAO RLT-WB01 Red & Infrared Light Therapy Device. Learn about features, benefits, usage instructions, warranty, and FAQs for pain relief and recovery.</p>
	<p>DGYAO Red & Infrared Light Therapy Slipper User Manual and Benefits</p> <p>Comprehensive guide to the DGYAO Red Light Therapy Slipper (Model RLT-S21-FTP), covering package contents, usage instructions, benefits like pain relief and improved circulation, warranty, FAQs, and customer reviews.</p>
	<p>DGYAO RLT-S22-WT Red & Infrared Light Therapy Waist & Back User Manual</p> <p>User manual for the DGYAO RLT-S22-WT Red & Infrared Light Therapy Waist & Back device, detailing package contents, introduction, getting started, specifications, warranty, and FAQs for pain relief and circulation enhancement.</p>
	<p>DGYAO RLT-WB01 Red & Infrared Light Therapy Device User Manual</p> <p>Comprehensive user manual for the DGYAO RLT-WB01 Red & Infrared Light Therapy Device. Learn about features, benefits, usage instructions, warranty, and FAQs for pain relief and recovery.</p>
	<p>DGYAO Red & Infrared Light Therapy Slipper User Manual and Benefits</p> <p>Comprehensive guide to the DGYAO Red Light Therapy Slipper (Model RLT-S21-FTP), covering package contents, usage instructions, benefits like pain relief and improved circulation, warranty, FAQs, and customer reviews.</p>
	<p>DGYAO RLT-S22-WT Red & Infrared Light Therapy Waist & Back User Manual</p> <p>User manual for the DGYAO RLT-S22-WT Red & Infrared Light Therapy Waist & Back device, detailing package contents, introduction, getting started, specifications, warranty, and FAQs for pain relief and circulation enhancement.</p>