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Uten 8541791628

Uten Smart Scale User Manual

Brand: Uten | Model: 8541791628

1. INTRODUCTION

The Uten Smart Scale is an advanced digital bathroom scale designed to provide comprehensive insights into your body composition. Utilizing Bluetooth technology, it seamlessly connects with a dedicated smartphone application, allowing you to track 14 essential health measurements beyond just body weight. This manual provides detailed instructions for setting up, operating, and maintaining your Uten Smart Scale to ensure accurate and consistent health monitoring.



Figure 1: Uten Smart Scale and companion smartphone application.

2. WHAT'S IN THE BOX

Upon opening the package, please verify that all the following items are included:

- Uten Smart Scale
- User Manual (this document)

Note: Batteries are not included and must be purchased separately.

3. KEY FEATURES

The Uten Smart Scale offers a range of features designed to enhance your health tracking experience:

- **14 Essential Measurements:** Provides comprehensive data including body weight, BMI, body fat, skeletal muscle, bone mass, body water, protein, muscle mass, calorie, visceral fat, subcutaneous fat, body age, basic metabolism, and activity metabolism.
- **Smart App Connectivity:** Compatible with both iOS and Android devices, allowing for seamless data synchronization and tracking.

- **High Precision Sensors:** Equipped with four high-precision sensors for accurate and consistent readings up to 400 lbs (180 kg) with 0.2 lb (0.1 kg) graduation increments.
- **Durable Design:** Features a tempered glass LCD screen that is resistant to cracks and ensures safety.
- **Multi-User Support:** The companion app can connect to up to 8 accounts, enabling multiple family members to track their individual progress.



Figure 2: The scale accurately detects various physical indicators.

14 ESSENTIAL BODY COMPOSITION ANALYSIS

Monitor Your Health Anytime, Anywhere



Figure 3: Comprehensive body composition analysis provided by the scale.

4. SETUP

4.1 Battery Installation

1. Locate the battery compartment on the underside of the scale.
2. Open the battery compartment cover.
3. Insert 2 AAA batteries, ensuring correct polarity (+/-).
4. Close the battery compartment cover securely.

4.2 App Installation

1. Search for the Uten Smart Scale app on your device's app store (iOS App Store or Android Google Play Store).
2. Download and install the application.
3. Open the app and follow the on-screen instructions to create your user profile. You will need to input personal details such as height, gender, and age for accurate body composition analysis.

4.3 Initial Pairing and Unit Selection

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the Uten Smart Scale app.
3. Step onto the scale barefoot. The scale will automatically turn on and display your weight.
4. The app should detect the scale and prompt you to connect. Confirm the connection.
5. To change the unit of measurement (e.g., from kg to lbs), locate the unit switch button on the underside of the scale and press it to toggle between units. Ensure the scale is displaying the desired unit before taking measurements.

Download your favorite fitness app in the APP Store,
and turn on the Bluetooth connection of the body fat scale

WORKS WITH:



Figure 4: Connecting the scale to the app via Bluetooth.

5. OPERATING INSTRUCTIONS

5.1 Taking a Measurement

1. Place the scale on a hard, flat surface. Avoid carpets or uneven floors for accurate readings.
2. Step onto the scale barefoot, ensuring your feet are centered on the metal electrodes.
3. Stand still until your weight is displayed on the scale's LCD screen.
4. If the app is open and connected, all 14 body composition measurements will be automatically synchronized to your profile.

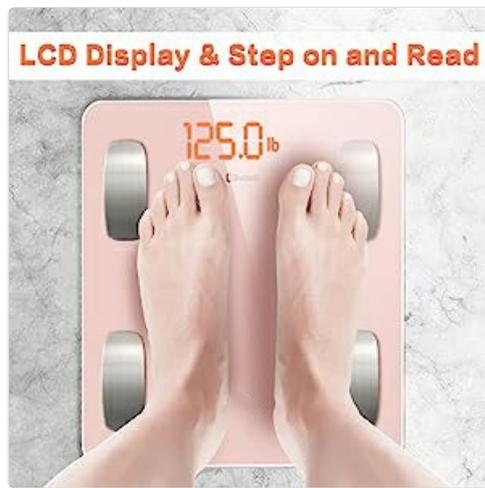


Figure 5: Step on the scale barefoot for accurate readings.

5.2 Understanding Your Data

The app provides detailed graphs and historical data for each of the 14 measurements. You can view your progress over time, set goals, and gain a deeper understanding of your body's health. Refer to the app's help section for detailed explanations of each metric.

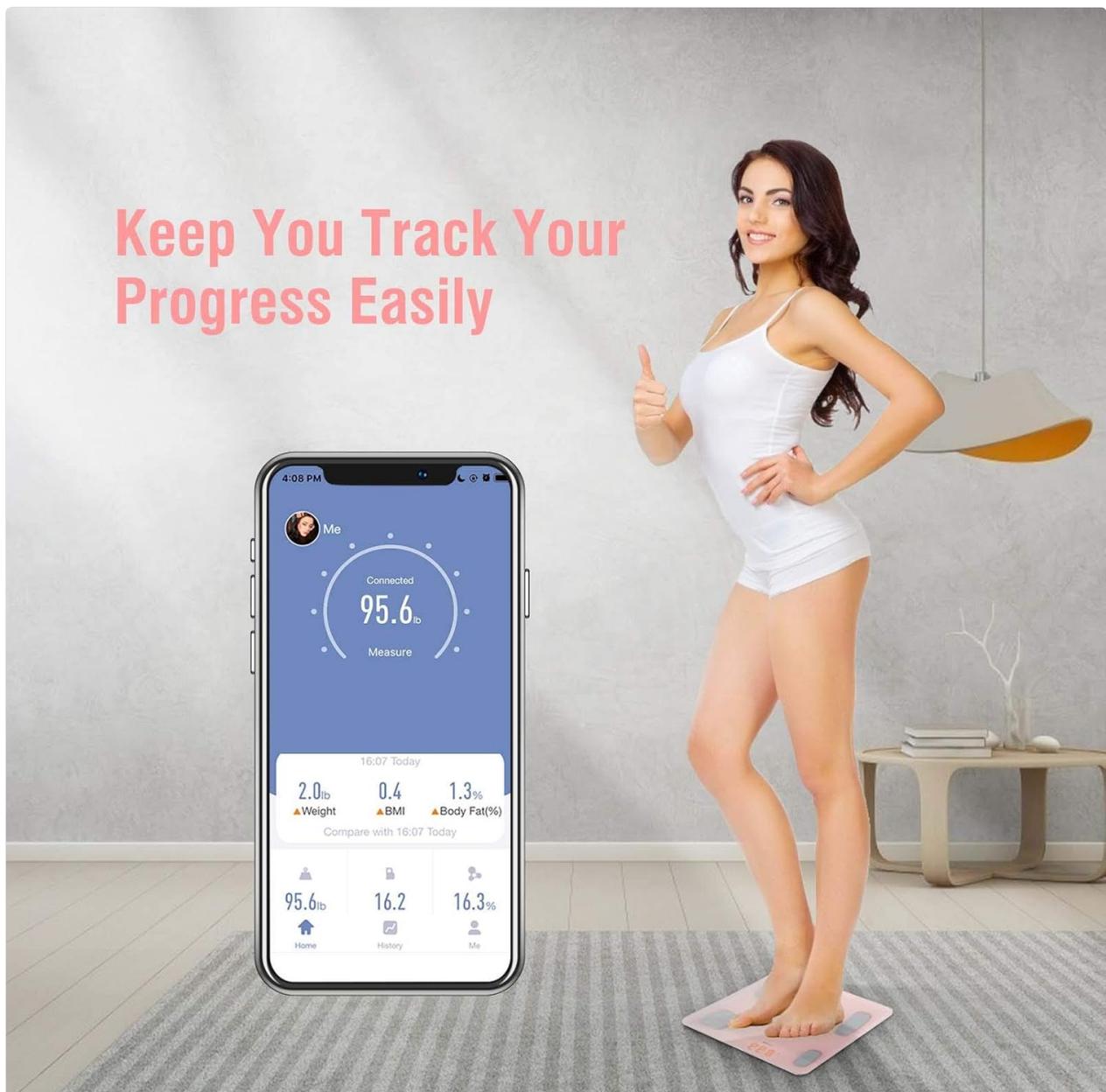


Figure 6: Track your progress easily through the app.

5.3 Multi-User Functionality

The Uten Smart Scale app supports up to 8 user profiles. Each user can create their own profile within the app, and the scale will automatically recognize the user based on their weight and previous measurements. This allows for personalized tracking for the entire family.



Figure 7: The scale supports multiple user profiles for family tracking.

6. MAINTENANCE

To ensure the longevity and accuracy of your Uten Smart Scale, follow these maintenance guidelines:

- **Cleaning:** Wipe the scale surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the scale in water.
- **Storage:** Store the scale in a cool, dry place. Avoid extreme temperatures or direct sunlight.
- **Battery Replacement:** Replace batteries when the low battery indicator appears on the display or in the app.
- **Avoid Impact:** Do not drop the scale or subject it to heavy impact, as this may damage the sensors.

7. TROUBLESHOOTING

If you encounter issues with your Uten Smart Scale, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Scale does not turn on	Dead batteries or incorrect battery installation.	Check battery polarity or replace with new AAA batteries.
Inaccurate weight readings	Scale on uneven surface; scale not calibrated; user not standing still.	Place scale on a hard, flat surface. Step on and off quickly to calibrate to 0.0, then weigh yourself. Stand still during measurement.
App not connecting to scale	Bluetooth is off; app not open; scale not active; interference.	Ensure Bluetooth is on. Open the app. Step on the scale to activate it. Move closer to the scale. Restart phone/app.
Body composition data not showing in app	Not standing barefoot; app not connected; user profile incomplete.	Ensure you are standing barefoot on the electrodes. Verify app connection. Complete all required fields in your user profile (height, gender, age).
Error code (e.g., high BMI message)	Certain body composition measurements may not be calculable if BMI is outside typical ranges for the scale's algorithm.	While the scale supports up to 400 lbs, some advanced metrics might have limitations. Ensure your profile data is accurate. Continue tracking weight and other available metrics.
Weight displayed in kilograms (kg) instead of pounds (lbs)	Incorrect unit setting.	Press the unit switch button on the underside of the scale to change the unit of measurement.

8. SPECIFICATIONS

Brand	Uten
Model Number	8541791628
Product Dimensions	12.2 x 11.5 x 1.8 inches
Item Weight	2.69 Pounds
Weight Limit	400 Pounds (180 kg)
Display Type	LCD
Connectivity	Bluetooth
Batteries Required	2 AAA batteries
Country of Origin	China

9. WARRANTY AND SUPPORT

Uten is committed to providing attentive service to its customers. If you have any questions, concerns, or

require technical assistance with your Uten Smart Scale, please do not hesitate to contact our customer support team. While specific warranty details are not provided in this manual, please refer to your purchase documentation or contact the manufacturer directly for warranty information.

For support, please visit the official Uten website or contact their customer service as indicated on the product packaging or purchase platform. A prompt reply is typically provided within 24 hours.