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- > [Omron](#) /
- > [OMRON Control+ HEM-7122 Arm Blood Pressure Monitor User Manual](#)

Omron HEM-7122

OMRON Control+ HEM-7122 Arm Blood Pressure Monitor

User Manual

INTRODUCTION

Welcome to the user manual for your OMRON Control+ HEM-7122 Arm Blood Pressure Monitor. This device is designed to provide accurate and reliable blood pressure measurements for home use. Please read this manual thoroughly before using the device to ensure proper operation and safety.



This image displays the OMRON Control+ HEM-7122 blood pressure monitor unit alongside its universal arm cuff. The monitor features a large digital display and a 'START/STOP' button. The cuff shows markings for proper placement and size range (22-42 cm).

IMPORTANT SAFETY INFORMATION

Always consult your physician. Self-diagnosis and treatment based on measured results can be dangerous.

- Do not use this device on infants, toddlers, or individuals who cannot express their consent.
- Do not use this device for any purpose other than measuring blood pressure.
- Keep the device out of reach of children and pets.
- Use only OMRON authorized parts and accessories.
- Do not disassemble or attempt to repair the device.
- Avoid strong shocks or vibrations.
- Do not use the device in a humid environment or near water.

PACKAGE CONTENTS

Verify that all components are present in the package:

- OMRON Control+ HEM-7122 Blood Pressure Monitor Unit
- Universal Arm Cuff (22-42 cm)
- 4 "AA" Alkaline Batteries
- Storage Bag
- Instruction Manual



The product box for the OMRON Control+ HEM-7122 blood pressure monitor, showing the device and cuff on the front, along with key features like 'Universal Cuff' and 'Intellisense Technology'.

SETUP

1. Battery Installation

1. Open the battery cover on the back of the monitor.
2. Insert four "AA" alkaline batteries according to the polarity indications (+/-).
3. Close the battery cover securely.

2. Connecting the Arm Cuff

1. Insert the air plug of the arm cuff firmly into the air jack on the left side of the monitor.
2. Ensure the connection is secure to prevent air leakage during measurement.



A close-up view of the OMRON universal arm cuff (model HEM-RML31N), showing the air tube and connector, along with instructions for proper placement on the arm and the size range of 22-42 cm.

OPERATING INSTRUCTIONS

1. Applying the Arm Cuff

1. Sit comfortably with your back supported and feet flat on the floor.
2. Place the cuff on your left upper arm, approximately 1-2 cm above your elbow. The air tube should run down the inside of your arm.
3. Ensure the cuff is wrapped snugly but not too tightly. The cuff guide on the LCD will indicate correct application.

2. Taking a Measurement

1. Press the **START/STOP** button. The cuff will begin to inflate automatically using Intellisense Technology.
2. Remain still and silent during the measurement.
3. The monitor will display your systolic pressure, diastolic pressure, and pulse rate upon completion.
4. Press the **START/STOP** button again to turn off the monitor.



A man is shown sitting comfortably, using the OMRON Control+ HEM-7122 blood pressure monitor on his left arm. The monitor is placed on a table next to him, and he is pressing the 'START/STOP' button.



A couple is seated on a sofa, looking at a smartphone, possibly reviewing blood pressure data. The OMRON Control+ HEM-7122 monitor and its cuff are visible on a side table, suggesting data synchronization or manual logging.

MAINTENANCE AND STORAGE

Cleaning

Wipe the monitor and cuff with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.

Storage

Store the device in the provided storage bag in a clean, dry place, away from direct sunlight, extreme temperatures, and humidity.

Remove batteries if the device will not be used for an extended period.

TROUBLESHOOTING

Problem	Possible Cause	Solution
No display	Batteries are dead or incorrectly inserted.	Replace batteries or reinsert them correctly.
Error message (E1, E2, etc.)	Cuff not applied correctly, movement during measurement, or irregular heartbeat detected.	Reapply cuff, remain still, or consult a physician if irregular heartbeat persists.
Inaccurate readings	Incorrect cuff placement, talking/moving during measurement, or improper posture.	Ensure proper cuff placement, remain still and silent, and sit correctly.

For further assistance, please contact OMRON customer support.

SPECIFICATIONS

Product Name: OMRON Control+ HEM-7122 Arm Blood Pressure Monitor

Model: HEM-7122

Display: Digital LCD

Measurement Method: Oscillometric method

Cuff Size: Universal (22-42 cm)

Power Source: 4 "AA" batteries

Memory: 30 readings

Dimensions: Approximately 12.9 x 10 x 8 cm

Weight: Approximately 250 g (excluding batteries)

Features: Intellisense Technology, Cuff Wrap Guide, Body Movement Detector, Irregular Heartbeat Detector.

Certification: ML 037 21/03/17

EAN: 7896436906367

WARRANTY AND SUPPORT

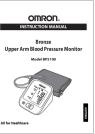
This OMRON product is covered by a manufacturer's warranty against defects in materials and workmanship. Please refer to the warranty card included in your package for specific terms and conditions.

For technical support, service, or warranty claims, please visit the official OMRON website or contact their customer service department.

Online Resources: www.omronhealthcare.com

Customer Service: Refer to your local OMRON contact information.

Related Documents - HEM-7122

	<p>OMRON BP5100 Bronze Upper Arm Blood Pressure Monitor Instruction Manual</p> <p>This instruction manual provides detailed information on the OMRON BP5100 Bronze Upper Arm Blood Pressure Monitor, including setup, operation, safety guidelines, troubleshooting, and specifications for accurate blood pressure measurement at home.</p>
	<p>OMRON BP5100 Bronze Upper Arm Blood Pressure Monitor Instruction Manual</p> <p>Comprehensive instruction manual for the OMRON BP5100 Bronze Upper Arm Blood Pressure Monitor. Learn about setup, usage, safety information, troubleshooting, and specifications for accurate blood pressure and pulse rate measurements.</p>
	<p>OMRON BP7360 7 Series Upper Arm Blood Pressure Monitor Instruction Manual</p> <p>Comprehensive instruction manual for the OMRON BP7360 7 Series Upper Arm Blood Pressure Monitor. Learn about setup, usage, safety, troubleshooting, and features like AFib detection for home health monitoring.</p>
	<p>OMRON X2 Smart Blood Pressure Monitor: Accurate Home Health Monitoring</p> <p>The OMRON X2 Smart Automatic Upper Arm Blood Pressure Monitor offers simple, accurate blood pressure and pulse rate measurement at home, featuring Bluetooth connectivity for easy health tracking.</p>
	<p>OMRON M7 Intelli IT & X7 Smart Blood Pressure Monitors: Features, Specifications, and Usage Guide</p> <p>Comprehensive information on OMRON's M7 Intelli IT and X7 Smart automatic upper arm blood pressure monitors, covering features, technical specifications, usage instructions, safety warnings, and maintenance.</p>



[OMRON BP5100 Upper Arm Blood Pressure Monitor Instruction Manual](#)

Comprehensive instruction manual for the OMRON BP5100 Upper Arm Blood Pressure Monitor, covering setup, usage, troubleshooting, and maintenance for accurate home blood pressure monitoring.