

## Mainstay LX-G-001

# Mainstays 13.75in Non-Stick Wok User Manual

MODEL: LX-G-001

## 1. INTRODUCTION

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Thank you for purchasing the Mainstays 13.75in Non-Stick Wok. This wok is designed for versatile cooking, including stir-frying, sautéing, and deep-frying. Its non-stick coating ensures easy food release and simplified cleaning. Please read this manual thoroughly before first use to ensure proper operation, maintenance, and safety.

## 2. SAFETY INSTRUCTIONS

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- **Heat Safety:** The wok is not oven safe. Do not place the wok in an oven.
- **Handle Care:** The handle is made of silicone or plastic. While designed for heat resistance, avoid direct flame contact with the handle to prevent damage.
- **Non-Stick Coating:** To preserve the non-stick coating, avoid using metal utensils. Always use wooden, silicone, or plastic utensils.
- **Overheating:** Do not allow the wok to overheat when empty. Excessive heat can damage the non-stick surface and potentially release fumes.
- **Cleaning:** Always allow the wok to cool completely before washing. Do not immerse a hot wok in cold water, as this can cause warping.
- **Children:** Keep out of reach of children when in use or cooling.

## 3. SETUP

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### Initial Cleaning

1. Remove all packaging materials, labels, and tags from the wok.
2. Wash the wok thoroughly with warm, soapy water using a soft sponge or cloth.
3. Rinse completely and dry immediately with a soft towel to prevent water spots.

## First Use Preparation

Before the first use, it is recommended to condition the non-stick surface:

1. Apply a small amount of cooking oil (e.g., vegetable oil, canola oil) to a paper towel.
2. Wipe the entire non-stick interior surface of the wok with the oiled paper towel.
3. Heat the wok over low heat for 30 seconds, then remove from heat and let it cool.
4. Wipe off any excess oil. This process helps to maintain the non-stick properties.

## 4. OPERATING INSTRUCTIONS

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### General Cooking Tips

- **Heat Settings:** Due to the efficient heat distribution of the wok, medium to medium-high heat is usually sufficient for most cooking tasks. High heat should be used sparingly and only for short periods, especially when stir-frying.
- **Oil Usage:** While the wok is non-stick, a small amount of cooking oil is recommended for flavor and to aid in browning.
- **Utensils:** Always use heat-resistant nylon, silicone, or wooden utensils to protect the non-stick surface.
- **Capacity:** The wok has a 5-liter capacity. Avoid overfilling to ensure even cooking and prevent spills.

### Recommended Uses

- **Stir-Frying:** Heat a small amount of oil over medium-high heat. Add ingredients in stages, starting with those that take longer to cook. Keep ingredients moving constantly for even cooking.
- **Sautéing:** Use medium heat with a small amount of oil or butter. Cook ingredients until tender and lightly browned.
- **Deep-Frying:** Fill the wok with oil to a safe level (no more than one-third full). Heat oil to the desired temperature. Carefully add food in small batches to avoid overcrowding and maintain oil temperature.



Image: Top-down view of the Mainstays 13.75in Non-Stick Wok, showcasing its wide cooking surface and non-stick interior.



Image: Side view of the Mainstays 13.75in Non-Stick Wok, highlighting its ergonomic handle and overall design.

## 5. CARE AND MAINTENANCE

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- **Washing:** Hand wash only. The wok is not dishwasher safe. Use warm, soapy water and a soft sponge or cloth. Avoid abrasive cleaners or scouring pads, as they can damage the non-stick coating.
- **Drying:** Dry the wok immediately after washing to prevent water spots and maintain its appearance.
- **Storage:** Store the wok in a dry place. If stacking with other cookware, place a soft cloth or paper towel between the wok and other items to protect the non-stick surface from scratches.
- **Coating Longevity:** Regular conditioning (as described in the Setup section) can help extend the life of the non-stick coating.

## 6. TROUBLESHOOTING

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### Common Issues and Solutions

- **Food Sticking:**
  - Ensure the wok is properly preheated before adding food.

- Use a small amount of cooking oil.
  - The non-stick coating may degrade over time with heavy use or improper care (e.g., overheating, metal utensils). Consider re-conditioning the surface.
- **Scratches on Non-Stick Surface:**
    - This is typically caused by using metal utensils or abrasive cleaning tools. Always use wooden, silicone, or plastic utensils and soft sponges for cleaning.
- **Wok Warping:**
    - Sudden temperature changes (e.g., placing a hot wok under cold water) can cause warping. Always allow the wok to cool gradually before washing.

## 7. SPECIFICATIONS

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Feature	Specification
Brand	Mainstay
Model Number	LX-G-001
Material	Non-Stick Coating
Special Feature	Non Stick
Color	Black
Capacity	5 Liters
Product Care Instructions	Hand Wash Only
Handle Material	Silicone or Plastic
Is Oven Safe	No
Has Nonstick Coating	Yes
Is Dishwasher Safe	No
Recommended Uses	Stir-frying, Sautéing, Deep-frying
UPC	886963000048
Product Dimensions	21.45 x 14.17 x 3.78 inches
Item Weight	4.34 pounds
ASIN	B07F8CXR56

## 8. WARRANTY AND SUPPORT

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Specific warranty information for this Mainstays product is not provided in this manual. For details regarding warranty coverage, returns, or product support, please refer to the product packaging or contact the retailer where the product was purchased. You may also visit the official Mainstays brand website for general support information.

