

[Manuals.plus](#) /

› [DonJoy](#) /

› DonJoy Drytex Sport Knee Brace (Medium) Instruction Manual

DonJoy Drytex Sport Knee Brace

DonJoy Drytex Sport Knee Brace (Medium) Instruction Manual

Comprehensive guide for proper use and care of your knee brace.

1. SETUP AND SIZING

Proper sizing is crucial for the effectiveness and comfort of your DonJoy Drytex Sport Knee Brace. Please follow these instructions carefully to determine the correct size and apply the brace.

1.1 How to Measure for Your Brace

To ensure an accurate fit, measure your leg at specific points as described below. It is recommended to have your leg muscles relaxed during measurement.



Description of Image: Measuring for Knee Brace

This image illustrates the four key steps for measuring your leg to find the correct knee brace size. It shows a person's legs and hands using a tape measure to find specific points and circumferences on the thigh and calf relative to the kneecap.

1. Stand with your legs shoulder-width apart, legs slightly bent, and leg muscles contracted.
2. Measure up six inches from the center of your knee with a tape measure.
3. Measure the circumference of your thigh at the 6-inch mark.
4. Measure down six inches from the center of your knee with a tape measure. Then measure the circumference of your calf at the 6-inch mark.

After taking your measurements, refer to the sizing chart provided by DonJoy to select the appropriate brace size. If your measurements fall between sizes, it is generally recommended to choose the smaller size for a snug, supportive fit, unless otherwise advised by a healthcare professional.

1.2 Video Guide: Measuring for Your DonJoy Knee Brace

Video: This official manufacturer video demonstrates the correct method for measuring your leg to determine the appropriate size for your DonJoy knee brace, including measurements at the knee center, thigh, and calf.

1.3 Applying the Knee Brace

The DonJoy Drytex Sport Knee Brace is a wraparound design for easy application. Follow these general steps:

1. Unfasten all straps and open the brace flat.
2. Position the brace around your knee, ensuring the patella opening (if present) is centered over your kneecap.
3. Wrap the brace around your leg, securing the main body of the brace first.
4. Fasten the upper and lower straps, adjusting them for a firm but comfortable fit. The straps should be snug enough to prevent slippage but not so tight as to restrict circulation or cause discomfort.
5. Ensure the bilateral hinges are aligned with the natural movement of your knee joint.

2. OPERATING INSTRUCTIONS

The DonJoy Drytex Sport Knee Brace is designed to provide stability and compressive support for individuals experiencing mild ligament (ACL, PCL, MCL) injuries, knee sprains, or meniscus injuries. It is suitable for daily activities and non-contact sports.

- **Stability:** The bilateral hinges help stabilize the knee and mimic the natural motion of the knee joint, offering support during movement.
- **Compression:** The Drytex material and thigh & calf straps provide comfortable compression, which can aid in reducing swelling and supporting the knee.
- **Comfort:** The breathable Drytex fabric is designed to keep you cool and comfortable during wear.

Wear the brace as directed by your healthcare professional. Adjust straps as needed throughout the day to maintain optimal comfort and support.

3. MAINTENANCE AND CARE

To prolong the life of your DonJoy Drytex Sport Knee Brace and maintain its hygienic condition, follow these care instructions:

- **Cleaning:** Hand wash the brace in cold water with mild soap. Do not use bleach or harsh detergents.
- **Drying:** Air dry thoroughly. Do not machine dry or expose to direct heat, as this can damage the material and elastic components.
- **Storage:** Store the brace in a clean, dry place away from direct sunlight when not in use.
- **Inspection:** Regularly inspect the brace for any signs of wear and tear, such as frayed straps, damaged hinges, or stretched fabric. Replace the brace if significant damage is observed to ensure continued effectiveness.

4. TROUBLESHOOTING

If you encounter issues while using your DonJoy Drytex Sport Knee Brace, consider the following:

- **Brace feels too tight or too loose:** Re-measure your thigh and calf circumference according to the sizing instructions. Ensure you have selected the correct size. Adjust the straps to achieve a snug but comfortable fit. If discomfort persists, you may need a different size.
- **Brace slips down:** Ensure the straps are fastened securely and the brace is positioned correctly on your leg. The Drytex material should provide good grip. If slipping continues, re-check your measurements and size.
- **Discomfort or skin irritation:** Ensure the brace is not overtightened. Wear the brace over a thin layer of clothing if skin sensitivity is an issue. If irritation persists, discontinue use and consult a healthcare professional.
- **Hinges feel stiff or noisy:** Ensure the hinges are clean and free of debris. If the issue persists, contact customer support.

If you experience persistent pain, swelling, or any other adverse reactions while wearing the brace, consult your healthcare provider immediately.

5. SPECIFICATIONS

Feature	Detail
Brand Name	DonJoy
Model	Drytex Sport Knee Brace
Size	Medium (Pack of 1)
Color	Black
Material	Neoprene
Item Weight	13.44 ounces
Product Dimensions	16.2 x 8.4 x 6.7 inches
Target Use Body Part	Knee
Specific Uses For Product	Sprain
Item Highlight	Bilateral hinges, adjustable fit
UPC	888912060073

6. WARRANTY AND SUPPORT

6.1 Warranty Information

DonJoy products are manufactured to high-quality standards. For specific warranty details regarding your Drytex Sport Knee Brace, please refer to the documentation included with your product or contact DonJoy customer service directly. Keep your proof of purchase for any warranty claims.

6.2 Customer Support

For further assistance, questions about sizing, application, or product information, please contact DonJoy customer support:

- **Phone:** 1-800-553-6019 (to speak with a Brace Coach)
- **Website:** [BetterBraces.com](https://www.betterbraces.com)

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

<https://manuals.plus/asin/B07DW717D6>

More documents and user manuals: <https://manuals.plus/>