

Precor TRM 833 (PHRCT8333011EN-cr)

Precor TRM 833 Commercial Series Treadmill with P30 Console User Manual

Model: TRM 833 (PHRCT8333011EN-cr)

1. PRODUCT OVERVIEW

The Precor TRM 833 Commercial Series Treadmill is a robust fitness machine designed for demanding environments. It features a powerful 3.0 CHP motor and the Ground Effects Impact Control System, engineered to reduce fatigue, minimize joint stress, and help prevent injury during workouts.

This Certified Refurbished product has undergone testing and certification to ensure it functions and appears like new. The refurbishing process includes comprehensive functionality testing, thorough cleaning, detailed inspection, and professional repackaging. The treadmill is shipped with all necessary accessories and includes a minimum 90-day warranty.



Image: Front view of the Precor TRM 833 Commercial Series Treadmill, showcasing its robust design and P30 console.

Key Features:

- **Ground Effects Impact Control System:** Designed to absorb impact and provide a smooth, comfortable running surface.
- **Heart Rate Monitoring:** Includes a built-in touch sensor for heart rate monitoring and is compatible with Polar 5 KHz wireless chest strap transmitters.
- **Workout Programs:** Equipped with 25 preset workout programs to vary training routines.
- **Speed Range:** Adjustable speed from 0.5 to 16 mph (0.5-25.5 kph).
- **Dimensions:** Measures 88 inches (L) x 35 inches (W) x 64 inches (H).
- **Running Surface:** Generous 20 inches x 60 inches running belt.
- **Weight:** The unit weighs approximately 456 pounds.

2. SETUP AND ASSEMBLY

The Precor TRM 833 Treadmill requires assembly upon delivery. It is shipped in a manner similar to factory packaging, with components placed on custom-built skids and loose parts carefully packaged. An exo-skeleton frame provides additional protection during transit.

Unpacking and Placement:

1. Ensure you are present for delivery at the scheduled time provided by the trucking company.
2. Thoroughly inspect the packaging and equipment for any signs of damage upon arrival. Document any damage with photographs before accepting delivery. You have the right to decline delivery of obviously damaged equipment.
3. Carefully unpack the components, referring to the assembly instructions provided separately with the unit.
4. Choose a suitable location for the treadmill. Ensure there is adequate space around the unit for safe operation and maintenance. The treadmill dimensions are 88"D x 35"W x 64"H.
5. The treadmill weighs 456 pounds; ensure you have sufficient assistance for moving and positioning the unit to prevent injury.



Image: Precor TRM 833 Treadmill with indicated dimensions (88\"L x 35\"W x 64\"H), illustrating its physical footprint.

Assembly:

Assembly is required. Follow the detailed instructions provided in the separate assembly guide that accompanies your treadmill. Typically, this involves attaching the console, uprights, and other major components to the main frame. Ensure all bolts and fasteners are securely tightened before use.

3. OPERATING INSTRUCTIONS

The Precor TRM 833 Treadmill features an intuitive P30 Console for easy control of your workout. Always ensure the safety clip is attached to your clothing before starting any exercise.



Image: Close-up view of the Precor TRM 833 P30 Console, showing the display, control buttons, and heart rate sensors.

Getting Started:

1. **Power On:** Connect the power cord to a grounded outlet. The console will illuminate.
2. **Attach Safety Clip:** Secure the safety clip to your clothing. If the clip detaches, the treadmill will stop.
3. **Start Workout:** Press the 'Quick Start' button to begin a manual workout, or select a preset program from the console menu.
4. **Adjust Speed and Incline:** Use the speed and incline control buttons on the console to adjust your workout intensity. Speed can be set from 0.5 to 16 mph, and incline up to 15%.
5. **Monitor Heart Rate:** Grip the touch sensors on the handlebars or wear a compatible Polar 5 KHz wireless chest strap to monitor your heart rate.
6. **End Workout:** Press the 'Stop' button to gradually bring the treadmill to a halt.

Workout Programs:

The P30 Console offers 25 preset workout programs. Navigate through the program options using the console buttons and select the program that best suits your fitness goals. Each program is designed with varying speed and incline profiles to provide a diverse workout experience.

4. MAINTENANCE

Regular maintenance is crucial for ensuring the longevity and optimal performance of your Precor TRM 833 Treadmill. Adhere to the following guidelines to keep your equipment in excellent condition.

General Cleaning:

- Wipe down the console and exterior surfaces with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners or solvents.
- Periodically vacuum underneath the treadmill to prevent dust and debris from accumulating, which can affect motor performance.

Belt and Deck Care:

- Inspect the running belt for signs of wear, fraying, or damage regularly.
- Ensure the running belt is properly centered and tensioned. Refer to the detailed maintenance section in your full product manual for specific adjustment procedures.
- The Ground Effects Impact Control System is designed for durability, but regular inspection of the deck and shock absorbers is recommended to ensure continued optimal performance.

Motor Area:

- Periodically remove the motor cover (if applicable and safe to do so, following manual instructions) and gently vacuum any dust or lint from the motor and control board area. Ensure the treadmill is unplugged before performing this task.

For detailed maintenance schedules and procedures, including lubrication requirements (if any), please consult the comprehensive maintenance section of your official Precor TRM 833 user manual.

5. TROUBLESHOOTING

This section provides general guidance for common issues you might encounter with your Precor TRM 833 Treadmill. For more complex problems or error codes, refer to the complete troubleshooting guide in your product manual.

Common Issues and Solutions:

- **Treadmill Not Powering On:**
 - Check if the power cord is securely plugged into a functional wall outlet and the treadmill.
 - Verify that the circuit breaker for the outlet has not tripped.
 - Ensure the main power switch on the treadmill (if present) is in the 'ON' position.
- **Belt Not Moving:**
 - Confirm the safety clip is properly attached to the console and your clothing.
 - Check for any obstructions under the belt.
 - If the motor runs but the belt does not move, the belt may be too loose or require professional service.
- **Unusual Noises:**
 - A squeaking or rubbing noise might indicate the belt needs adjustment or lubrication.
 - Loud thumping or grinding noises require immediate cessation of use and professional inspection.
- **Inaccurate Heart Rate Reading:**

- Ensure your hands are clean and firmly gripping the touch sensors.
- If using a chest strap, ensure it is properly positioned and has a fresh battery.

If you encounter an issue not listed here, or if the suggested solutions do not resolve the problem, please contact customer support or a qualified service technician.

6. SPECIFICATIONS

Detailed technical specifications for the Precor TRM 833 Commercial Series Treadmill with P30 Console:

Specification	Value
Brand	Precor
Model	TRM 833 (PHRCT8333011EN-cr)
Product Grade	Commercial
Product Dimensions (L x W x H)	88"D x 35"W x 64"H
Item Weight	456 Pounds
Material	Alloy Steel
Maximum Speed	16 Miles per Hour
Minimum Speed	0.5 Miles per Hour
Maximum Incline Percentage	15%
Running Surface (Deck Length x Width)	60 Inches x 20 Inches
Display Type	LCD
Number of Programs	25
Metrics Measured	Speed, Distance, Heart Rate, Incline, Calories Burned
Maximum Weight Recommendation	456 Kilograms
Assembly Required	Yes
Connectivity Technology	Power Cord
UPC	748926557740
Date First Available	June 19, 2018

7. WARRANTY INFORMATION

The Precor TRM 833 Commercial Series Treadmill (Renewed) comes with a limited warranty.

Warranty Details:

- **Duration:** A minimum 90-day limited warranty is provided with this Certified Refurbished product.
- **Coverage:** This warranty covers defects in materials and workmanship under normal use.
- **Exclusions:** This warranty is not available outside the United States. It does not cover damage resulting from improper use, accidents, unauthorized modifications, or normal wear and tear.

For specific terms and conditions of your warranty, please refer to the warranty documentation included with your purchase or contact the seller.

8. CUSTOMER SUPPORT

For assistance with your Precor TRM 833 Treadmill, including questions about setup, operation, maintenance, or warranty claims, please contact the seller or manufacturer.

Contact Information:

- **Seller:** Fitness Superstore Inc.
- **Manufacturer:** Precor Incorporated

When contacting support, please have your product model number (TRM 833 or PHRCT8333011EN-cr) and purchase details readily available to facilitate quicker service.

If you discover damage upon unpacking your machine, CFF (likely referring to the seller or their service partner) will arrange for replacement parts and/or a service technician. Please call them with any questions, no matter how small.

Legal Disclaimer

Please review the following User Agreement carefully before using the CFFFIT or affiliate sites. CFFFIT strongly recommends that you consult with your physician before beginning any exercise program. You should be in good physical condition and be able to participate in the exercise. CFFFIT is not a licensed medical care provider and represents that it has no expertise in diagnosing, examining, or treating medical conditions of any kind, or in determining the effect of any specific exercise on a medical condition. You should understand that when participating in any exercise or exercise program, there is the possibility of physical injury. If you engage in this exercise or exercise program, you agree that you do so at your own risk, are voluntarily participating in these activities, assume all risk of injury to yourself, and agree to release and discharge CFFFIT from any and all claims or causes of action, known or unknown, arising out of CFFFIT's negligence. CFF is NOT responsible for injury due to improper use of any equipment provided by CFF FIT.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question