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Snailax SL-233

Snailax Shiatsu Neck & Back Massager with Heat - Model SL-233

User Instruction Manual

1. Introduction

Thank you for choosing the Snailax Shiatsu Neck & Back Massager with Heat, Model SL-233. This product is designed to provide a relaxing and therapeutic massage experience for your neck, shoulders, and back. Please read this manual thoroughly before operation to ensure safe and effective use.

2. Important Safety Information

WARNING: To reduce the risk of electric shock, burns, fire, or injury to persons:

- Always unplug the appliance from the electrical outlet immediately after using and before cleaning.
- Do not use while bathing or in a shower.
- Do not place or store appliance where it can fall or be pulled into a tub or sink.
- Do not place in or drop into water or other liquid.
- Do not reach for an appliance that has fallen into water. Unplug immediately.
- An appliance should never be left unattended when plugged in.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.
- Do not carry this appliance by supply cord or use cord as a handle.
- Keep the cord away from heated surfaces.
- Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Never drop or insert any object into any opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the OFF position, then remove plug from outlet.
- Do not use the massager if you feel any discomfort or pain.
- Do not exceed a continuous massage of 15 minutes per session.

- Do not use the massager more than 3 times per day.
- Please stop to use your device once you feel the shiatsu too strong for you.

3. Product Overview

The Snailax SL-233 is a versatile massage chair pad designed for comprehensive neck and back relief. It features multiple massage modes and heat functions for a personalized experience.

3.1 Key Features

- **Flexible Neck Massager:** 4 unique neck massage nodes with 3 intensities, adjustable height (63-70.9 inches / 1.6m-1.8m).
- **Shiatsu Back Massager with Heat:** 4 shiatsu rotation balls for full back, upper back, or lower back massage. Integrated heating pad for soothing muscle tension.
- **Customizable Rolling Massage:** Rolling massage along the spine with adjustable ball width.
- **Vibration Seat Massager:** 2 levels of vibrating intensity for hips and thighs.
- **Timer:** 15-minute auto-shutoff for safety.
- **UL Approval:** Desktop home adapter included (100-240V).
- **Detachable Flap:** For adjusting massage intensity.

3.2 Package Contents

- Snailax Shiatsu Neck & Back Massager (SL-233)
- UL Approved Power Adapter (packaged separately in a white box)
- User Manual







Figure 1: Snailax Shiatsu Neck & Back Massager (Model SL-233) with its remote control.



Figure 2: Package contents including the massager, user manual, and UL adapter.

Important: The adapter is packaged separately in a white box. Please check.

4. Setup

Follow these steps to set up your Snailax massager:

1. **Unpack:** Carefully remove all components from the packaging.
2. **Position:** Place the massager on a sofa, recliner, office chair, or bed. Ensure it is securely in place using the integrated strapping system if applicable.

3. **Connect Power:** Locate the UL approved power adapter. Connect the adapter to the massager's power input.
4. **Plug In:** Plug the power adapter into a standard 100-240V electrical outlet.
5. **Remote Control:** The remote control is wired to the massager and ready for use.



Figure 3: Massager setup on a chair, ready for use.

5. Operating Instructions

Your Snailax massager offers various functions controlled by the wired remote. Familiarize yourself with the remote's layout and functions.

5.1 Remote Control Functions



Figure 4: Remote control overview with various function buttons.

- **Power Button:** Turns the massager ON/OFF.
- **Timer (5/10/15 min):** Sets the duration of the massage session. The unit will auto-shutoff after the selected time.
- **Heat Button:** Activates/deactivates the soothing heat function for the back.
- **Neck Massage (Up/Down Arrows):** Adjusts the height of the neck massage nodes to fit your specific user height (63-70.9 inches).
- **Neck Massage Intensity:** Cycles through 3 massage intensities for the neck.
- **Shiatsu/Rolling Mode:** Toggles between Shiatsu kneading massage and Rolling massage for the back.
- **Spot Massage:** Allows you to focus the back massage on a specific targeted area (Full Back, Upper Back, Lower Back).
- **Vibration (Low/High):** Selects between 2 levels of vibration intensity for the seat.

5.2 Massage Modes and Usage

1. **Power On:** Press the Power button to start the massager.
2. **Neck Massage:**

- Use the Up/Down arrows to adjust the neck massage nodes to your desired height.
- Press the Neck Massage Intensity button to cycle through the available intensity levels.



Figure 5: Adjustable neck massage feature for various user heights.

3. **Back Massage (Shiatsu/Rolling):**
   - Select either "Shiatsu" or "Rolling" mode for your back massage preference.
   - Use the "Spot" buttons to target specific areas: Full Back, Upper Back, or Lower Back.
   - If the massage feels too intense, you can attach the detachable flap (located on the back of the massager) to soften the pressure.



Figure 6: Illustration of Shiatsu and Rolling massage options, and the detachable flap for intensity adjustment.

4. **Heat Function:** Press the Heat button to activate the soothing heat. The heat will apply to the back massage area.
5. **Seat Vibration:** Press the Vibration button to cycle through the two intensity levels for the seat vibration.
6. **Session Duration:** Select your desired massage duration (5, 10, or 15 minutes) using the Timer buttons. The massager will automatically shut off after the set time.
7. **Power Off:** Press the Power button again to turn off the massager when finished. Unplug the unit from the power outlet.



Figure 7: The massager provides targeted relief to neck, shoulders, back, waist, and includes seat vibration.

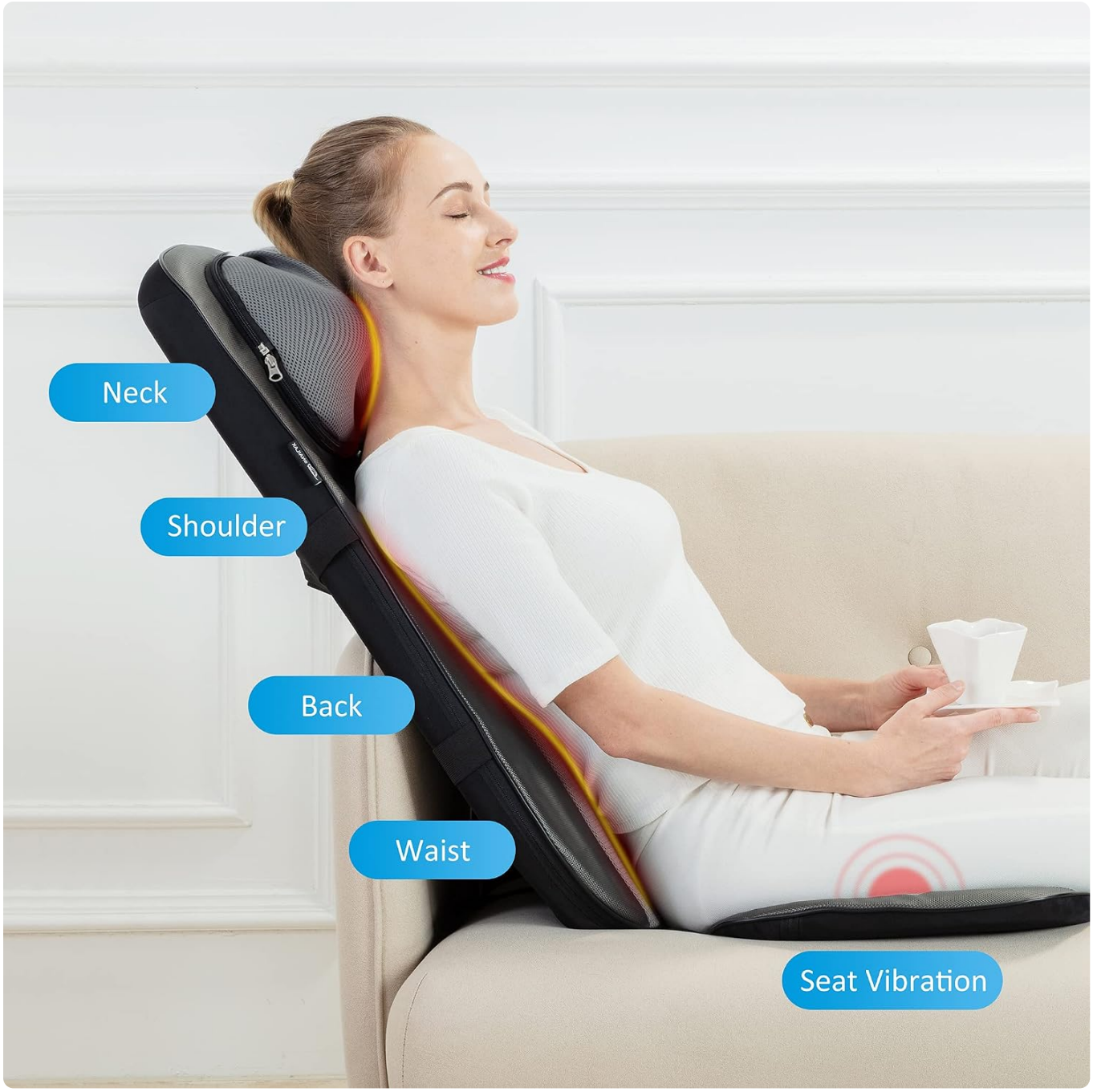


Figure 8: Enjoying a full back shiatsu or rolling massage with the Snailax massager.

6. Maintenance

Proper maintenance ensures the longevity and optimal performance of your massager.

- **Cleaning:** Always unplug the massager before cleaning. Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or solvents.
- **Storage:** Store the massager in a cool, dry place when not in use. Avoid direct sunlight and extreme temperatures. Do not store with the power cord wrapped tightly around the unit.
- **Avoid Damage:** Do not attempt to repair the massager yourself. Refer to the warranty section for service information. Keep away from sharp objects.
- **Detachable Flap:** The detachable flap is washable. Remove it from the massager and hand wash with mild soap and water. Air dry completely before reattaching.

7. Troubleshooting

If you experience issues with your Snailax massager, refer to the table below for common problems and solutions.

Problem	Possible Cause	Solution
Massager does not turn on.	Not plugged in; Power adapter issue; Unit malfunction.	Ensure power adapter is securely plugged into both the massager and a working electrical outlet. Check if the adapter is UL approved and functioning. If problem persists, contact customer support.
Massager stops during use.	Auto-shutoff timer activated (15 minutes); Over-heat protection activated.	This is normal operation. Allow the device to rest for 15-30 minutes before restarting, especially if it feels warm.
Massage feels too strong.	Direct contact with massage nodes; User sensitivity.	Attach the detachable flap to reduce intensity. Adjust your position or use a towel/blanket between you and the massager. Stop use if discomfort continues.
Neck massage nodes are too low/high.	Incorrect height adjustment.	Use the Up/Down arrows on the remote to adjust the neck massage nodes to your preferred height.



Figure 9: Common questions and troubleshooting steps.

8. Specifications

Feature	Detail
Model Number	SL-233
Brand	Snailax
Power Source	Corded Electric (UL approved desktop home adapter)
Input Voltage	100-240V
Material	Faux Leather
Product Dimensions	31.89 x 17.32 x 6.89 inches
Item Weight	15.87 ounces (450 Grams)

Feature	Detail
Recommended User Height	63 inches - 70.9 inches (1.6m-1.8m)
Auto-Off Timer	15 minutes



Figure 10: Product dimensions for the Snailax massager.

9. Warranty & Support

Snailax products come with a manufacturer's warranty. For specific warranty details, please refer to the documentation included with your product or contact Snailax customer support.

If you have any questions, concerns, or require technical assistance, please contact Snailax Customer Support through the Message feature on Amazon or visit the official Snailax Store for further assistance.

Online Support: Snailax Official Store on Amazon

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

Does the Snailax SL-233 Shiatsu Neck & Back Massager have an adjustable node width feature, and how is it controlled?

Yes, the Snailax SL-233 does feature adjustable node width, but it is specific to the Rolling Massage mode. According to the product's key features, it offers a "Customizable Rolling Massage" which allows for rolling...

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